

Tahoma Lacrosse Club – Varsity Girls Lacrosse Head Coach

Position: Head Coach, Varsity Girls

Lacrosse Seasons: Fall 2026 and Spring 2027 (with potential to continue beyond)

Compensation: Competitive Pay

Founded in 1999, the Tahoma Lacrosse Club is a nonprofit organization dedicated to organizing, developing, and promoting the sport of lacrosse within the Maple Valley and surrounding community. We are committed to building strong athletes, strong leaders, and a strong lacrosse culture.

Tahoma Lacrosse Club is seeking an experienced, knowledgeable, and inspiring Varsity Girls Lacrosse Head Coach to lead our high school program. We are looking for a coach who can elevate player development, build a positive and competitive team culture, and provide the leadership expected at the varsity level.

About the Role

The Varsity Head Coach is responsible for the overall leadership, development, and competitive success of the Tahoma Girls Lacrosse program. This includes planning and running high-quality practices, teaching fundamentals and advanced skills, fostering a strong team culture, and ensuring a positive experience for all athletes. The Head Coach will supervise the coaching staff and collaborate closely with the Girls Director and Board of Directors.

Key Responsibilities

- Lead all aspects of the varsity girls lacrosse program with professionalism and integrity.
- Plan and execute structured, purposeful practices focused on skill development, game IQ, conditioning, and team systems.
- Provide clear instruction, constructive feedback, and position-specific coaching.
- Develop and implement game strategies, manage substitutions, and make in-game adjustments.
- Foster a positive, inclusive, accountable, and competitive team culture.
- Communicate consistently with players, families, coaching staff, and program leadership.
- Mentor and oversee assistant coaches to ensure alignment across the program.

- Collaborate with youth coaches to support long-term player development.
- Uphold all Tahoma Lacrosse Club, WSLA, WWLOA, and USA Lacrosse policies and procedures.
- Ensure athlete safety, including proper supervision during all practices, games, and team activities.
- Support the growth of the girls program at both the youth and high school levels.
- Be available for practices, games, and weekend tournaments as required.

Required Qualifications

- Demonstrated lacrosse knowledge and coaching experience (high school, club, or collegiate).
- Strong understanding of girls lacrosse rules, strategy, and player development.
- Ability to lead, motivate, and mentor high school athletes.
- Strong communication, organization, and leadership skills.
- Commitment to building a positive, competitive, and growth-oriented environment.
- USA Lacrosse Level 1 Coaching Certificate (minimum).
- Current USA Lacrosse Membership (prior to season start).
- Valid Washington State driver's license.
- Concussion and CPR training.

Preferred Qualifications

- Prior varsity or high-level club coaching experience.
- Experience developing practice plans and long-term player development pathways.
- Background as a former lacrosse player (high school, club, or collegiate).
- Ability to collaborate effectively with the board, coaching staff, and community partners.

All cover letters, resumes and questions should be sent to Michelle Sawyer, Tahoma Lacrosse Club President, president@tahomalax.org