

# WSLA Meeting Minutes

**Date/Time:** 9/28/2025, 10:00am – in person

## Attendance

Present: MK Benshoof, Holly Whitman (virtually), Christy Neff, Claire Monsaas, Jeanette Wake, Tony Duck, Ryan McCloskey, Curtis Estes, Grace Hamilton, Lyndsey Gillis

Absent: Tami Tommila, Steve Fricke, Jamie Asaka

## Approval of Minutes

A motion to approve the minutes from the January meeting (9/4/25) was made. Board approved (all in favor).

## Presidents Report

## Budget

MK/Tony reviewed the proposed budget for 2026.

- Increase revenue ideas: Sponsorships, increase cost to attend State games, WSLA store
- WWLOA increases re: referee rates
- Future “wishes”
  - Stipend for President, Treasurer, Secretary, and VPs
  - Run clinics in various areas, can be run by board members and those coaches get paid. Ideally, the coaches that run it are doing it so the various areas can have other coaches/program leaders shadow to then replicate
  - Scholarship toward fees – partial/full for struggling programs. Would have to involve an application. Potential use of sponsorship funds
  - Online coaches’ education opportunities (see example: [Coach Education | MyWIAA](#))

A motion was made to approve WWLOA’s (see attached rates) proposal for increased rates for referees for the 2026 season. Board approved.

Approved: Holly Whitman, Christy Neff, Claire Monsaas, Jeanette Wake, Tony Duck, Lyndsey Gillis, Curtis Estes, Steve Fricke, Jeanette Wake, Grace Hamilton, Bo Weingaertner, Ryan McCloskey (all in favor)

# Executive Director Report

Reminder for all board members to prepare information and specific action items relative to committee issues at the September 28<sup>th</sup> board retreat.

## New Business

Grant plans from USA Lacrosse. WSLA will receive \$5k for the 2025 -2026 season.

-\$2000 to WWLOA for Mentor Bench Program (25 games roughly) - \$1600 to cover the 25 games, with a buffer of \$400 for variance in

-Scholarship for Denver Regional Clinic: \$1500 total - \$300 to each person and 5 people

-\$1500 to offset October Training or any future coach training if October doesn't work out

## Board Member Updates

Board structure for the 2025-2026 was updated based on outgoing members: Jamie Asaka as president (remaining as an at large member); Sara Towner, Laura Hamilton, Suzanne Replinger.

A motion was made to make Tony Duck the President of WSLA. Board Approved.

Approved: Holly Whitman, Christy Neff, Claire Monsaas, Jeanette Wake, Tony Duck, Lyndsey Gillis, Curtis Estes, Steve Fricke, Jeanette Wake, Grace Hamilton, Bo Weingaertner, Ryan McCloskey (all in favor)

A motion was made to make Curtis Estes VP of Youth.

Approved: Holly Whitman, Christy Neff, Claire Monsaas, Jeanette Wake, Tony Duck, Lyndsey Gillis, Curtis Estes, Steve Fricke, Jeanette Wake, Grace Hamilton, Bo Weingaertner, Ryan McCloskey (all in favor)

New board member discussion occurred, and MK will update the website with updated board structure.

ACTION ITEM: New board member reach out will happen prior to Oct 15<sup>th</sup> meeting. Providing 1-pagers on potential new members is advised.

1	<b>WSLA Board Structure</b>	
2		
3	Executive Director	MK Benshoof
4	President	Tony Duck
5	HS VP	Grace Hamilton
6	Youth VP	Curtis Estes
7	Secretary	Lyndsey Gillis
8	Treasurer	Vacant
9	Metro	Christy Neff
10	Independent	Claire Monsaas
11	Snoqualmie	Lyndsey Gillis
12	Nisqually	Curtis Estes
13	Peninsula	Ryan McCoskley
14	North Sound	Grace Hamilton
15	Eastern	Holly Whitman
16	WWLOA Liason	Jeanette Wake
17	Past President	Jamie Asaka/Sara Towner
18	At Large	Bo Weingaertner
19	At Large	Steve Fricke
20	At Large	Tami Tommila
21	At Large	Jamie Asaka
22	USAL all American rep	MK Benshoof

Committees				
	Rules Committee	Operations Committee	Events Committee	Strategic Planning Committee
CHAIR	Holly Whitman	Bo Weingaertner	Claire Monsaas	Tony Duck
MEMBERS	Christy Neff	(schedule: Allison)	Curtis Estes	Christy Neff
	Jamie Asaka	Bo Weingaertner	Grace Hamilton	Curtis Estes
	Lyndsey Gillis	Grace Hamilton	Jamie Asaka	Lyndsey Gillis
	Steve Fricke	Jeanette Wake		Steve Fricke
	Tami Tommila	Ryan McCoskley		
	Tony Duck	Tami Tommila		
	Holly Whitman			
RESPONSIBILITY	Responsible for managing the waiver process. New language within the handbook	Change of playoff structure. Any changes to all state and all conference. Boundary items	Awards selection, on the ground for State/Rainier Cup	Planning for the future - splitting schools/programs, collecting data

## Season Topics

A motion was made to align with the WIAA re: the number of practices required for players to complete to be game eligible for the high school season. Board approved.

Approved: Holly Whitman, Christy Neff, Claire Monsaas, Jeanette Wake, Tony Duck, Lyndsey Gillis, Curtis Estes, Steve Fricke, Jeanette Wake, Grace Hamilton, Bo Weingaertner, Ryan McCloskey

### ***12U rule and game play adjustments based on 2025 season feedback:***

A motion was made to adjust to 12-minute quarters, running time, for the 2026 season. Board Approved.

Approved: Holly Whitman, Christy Neff, Claire Monsaas, Jeanette Wake, Tony Duck, Lyndsey Gillis, Curtis Estes, Steve Fricke, Jeanette Wake, Grace Hamilton, Bo Weingaertner, Ryan McCloskey

A motion was made to make a provisional change to hold a draw after every goal at 12U (instead of a goalie clear). Board approved.

Approved: Holly Whitman, Christy Neff, Claire Monsaas, Jeanette Wake, Tony Duck, Curtis Estes, Steve Fricke, Jeanette Wake, Bo Weingaertner, Ryan McCloskey

Opposed: Lyndsey, Grace Hamilton

## Committee Items

Bo Weigartner will take over as Operations Committee Chair.

Holly Whitman will take over as Rules Committee Chair.

## Next Meeting:

October 15, 2025

*Meeting adjourned 2:00pm*

*Future mtgs:*

- Thursday, November 13th
- Tuesday, December 9th
- Wednesday, January 14th
- Thursday, February 5th

2026 Proposed Rates					2026 APPROVED Rates				
Level	Number of Officials				Level	Number of Officials			
	1	2	3	4		1	2	3	4
10U	\$ 46.07	\$ 92.14			10U	\$ 43.46			
12U	\$ 93.47	\$ 134.20	\$ 201.63		12U	\$ 88.18	\$ 126.60	\$ 190.22	
14U	\$ 120.84	\$ 170.92	\$ 256.38		14U	\$ 114.00	\$ 161.24	\$ 241.86	
High School	\$ 176.26	\$ 249.70	\$ 373.88	\$ 513.15	High School	\$ 166.28	\$ 235.57	\$ 352.72	\$ 484.10
HS Rating Jamboree*		\$ 176.40			HS Rating Jamboree*		\$ 146.97		
Youth Rating Jamboree (25 min/game)*		\$ 94.50			Youth Rating Jamboree (25 min/game)*		\$ 58.32		

\* Rates are based on \$63/hr pay times multiplier: 1.4x for HS, 1.1x for Youth

CHANGE YOY from 2025 - 2026				
Level	Number of Officials			
	1	2	3	4
10U	\$ 2.61	n/a	ty	
12U	\$ 5.29	\$ 7.80	\$ 11.41	
14U	\$ 6.84	\$ 9.68	\$ 14.32	
High School	\$ 9.98	\$ 14.13	\$ 21.16	\$ 29.06
HS Rating Jamboree*		\$ 29.43		
Youth Rating Jamboree (25 min/game)*		\$ 36.18		

2025 WWLOA JAM COSTS								
2025	Per game	Per team	# teams	# games	Total cost ump	Field cost		Total Cost per team
Ump cost for rating Jam:								
HS	146.97	220.46	24	36	5,291	1,777	7,068	295
Youth	98.32	87.48	56	84	4,899	4,347	9,046	162
				120	10,190	5,924		
2025 Field cost:								
	5,924							
					Charge \$250 per HS team			

WWLOA PROPOSAL								
2026	Per game	Per team	# teams	# games	Total cost ump	Field cost		Total Cost per team
Ump cost for rating Jam:								
HS	176.40	264.60	24	36	6,350	1,653	8,004	333
Youth	94.50	141.75	55	93	7,796	4,271	12,067	219
				129	14,147	5,924		
2025 Field cost:								
	5,924							
					Charge \$300 per HS team			

We build it into youth 12U & 14U (LY 40 teams participated)