

## Girls Stingers (Grades K – 2) Stick Information & Recommendations

Things to know about buying a girls lacrosse stick:

- Girls and boys lacrosse sticks are very different. Be sure that you are only purchasing a girls stick.
- We've offered a variety of sticks at various price points and through SportStop.com as they are where we get the sticks we provide as part of registration. You can also source a beginner stick through Dicks Sporting Goods, Lacrosse Monkey, Lacrosse Unlimited or through the brand sites themselves.
- If you prefer shopping small and with knowledgeable staff, we recommend Fortis Sports in Chagrin Falls. For Bees Youth, they are offering 10% off Youth Starter packs which includes a discount on sticks, bags and goggles for girls.
- For a beginner stick, you should not pay more than \$100 (unless it is with a set with goggles and a bag).
- Sticks that are \$50 or under will get you through K-2 years.
- Bees Youth Lacrosse offers Stingers goggles to borrow at practice.
- Fiddlesticks are very small sticks intended for the beach or backyard game with friends. They will not work to learn the sport of lacrosse.

### Stick Recommendations

#### **Under Armour Futures VX Complete Women's Lacrosse Stick (\$30 at SportStop)**

- This stick has a wider profile head with new stringing hole placement allowing for a more rounded pocket and better ball control. Shortened 30# shaft length and smaller-diameter shaft made for smaller players
- Not ideal if your player plans to play on the Bantam 3/4 team because they will grow out of the stick by 3<sup>rd</sup> grade

Best ages: K – 2

#### **STX CruX Jr Complete Youth Girl's Lacrosse Stick (\$45 on SportStop)**

- This stick is designed for players under seven with a 24" shaft and is the stick provided with Option 1 if your player is K - 1.
- Not ideal if your player plans to play on the Bantam 3/4 team because they will grow out of the stick by 3<sup>rd</sup> grade

Best ages: K – 1

**Brine Dynasty WARP Jr Complete Youth Girls Lacrosse Stick (\$45 on SportStop)**

- This stick is beginner stick with a wide face and 37" length from a trusted brand. It has a unique stringing design that is difficult to restring if needed (usually takes a few years or lots of use to need restring).

Best ages: K - 3

**Maverik Ascent ST Complete Youth Girl's Lacrosse Stick (\$50 on SportStop)**

- This stick meets the U10 Lacrosse rules and comes from a trusted brand of sticks. It will last your player from Stingers through Bantam 3/4.

Best ages: K – 3

**Maverik Era Mini/Ascent ST Girls's Lacrosse Starter Set Package – Stick, Goggles, and Backpack (\$130 on SportsStop)**

- This stick will last your player from Stingers through Bantam 3/4.
- With goggles packaged, your player will not have to borrow them from Bees Youth Lacrosse at practice.
- The backpack will be helpful to keep items together and should hold the helmet that all Bantam 3/4 players are required to wear.

Best ages: K – 3

*Bees Youth Lacrosse does not receive any profit from provided links or recommendations of shopping with Fortis Sports. These are purely recommendations made by coaches for those looking to purchase their first stick.*

*Sticks for Bantam, Youth and Middle School teams can be found on our Resources page under Girls Stick Recommendations*