

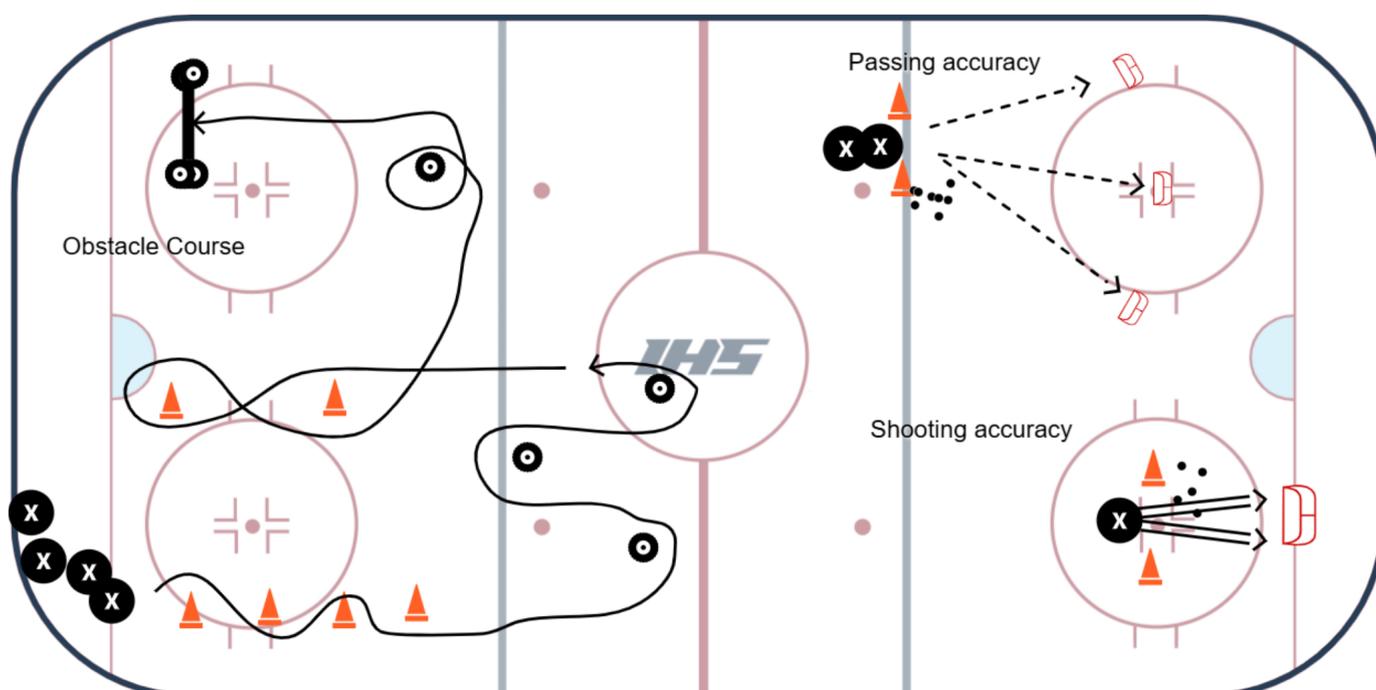
MITE 2 PRACTICE PLAN

Tuesday, March 11th, 2025

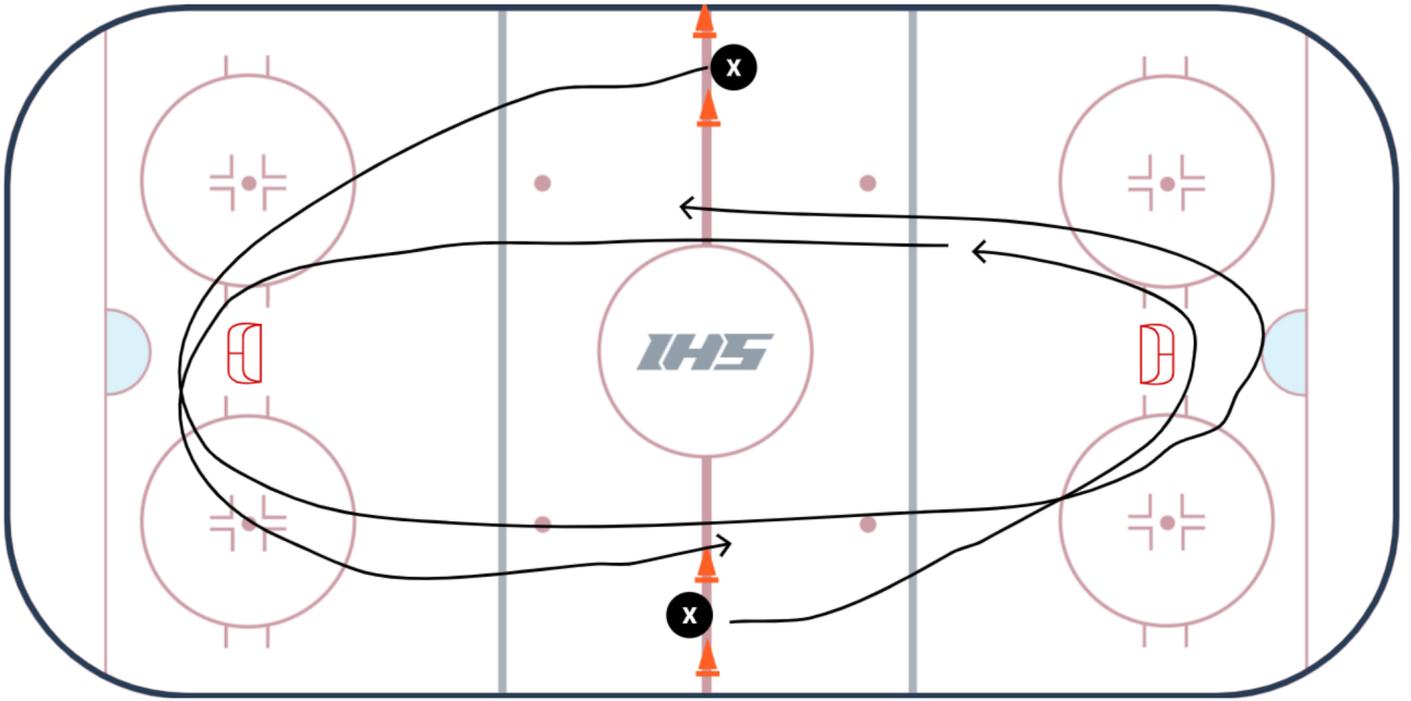
PRACTICE NOTES

1. Team Pad Race down and back.
2. Skating obstacle course. fastest time no pucks
3. Passing accuracy - fastest time to make it in all 3 nets
4. Shooting accuracy - Big net with board on - 5 pucks to make it in both bottom openings.
5. Fastest skater - 1 full lap. timed.

PRACTICE LAYOUT



Fastest skater



Pad Race

