

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 ETC 7 6R 8R	2	3 No Open Gym	4 CTS 6 8R CTS 7 6R	5	6
7	8	9 ETC 7 6R 8R	10 Boys' Open Gym 7-9 PM (must have a waiver filled out online)	11 CTS 6 8R CTS 7 6R	12	13
14	15	16 ETC 7 6R 8R	17 No Open Gym	18 CTS 6 8R CTS 7 6R	19	20
21	22	23 ETC 7 6R 8R	24 Boys' Open Gym 7-9 PM	25 CTS 6 8R CTS 7 6R	26	27
28	29	30 ETC 7 6R 8R	1 Boys' Open Gym 7-9 PM	2	3	4
5	6		Practice Location Key: ETC: Epic Training Center: 1516 N Main St, Crown Point, IN CTS: Courtside by Dlux: 1440 E Joliet St, Crown Point, IN RDS: Region District Sports: 1260 Arrowhead Ct, Crown Point, IN Please arrive 15 minutes early to all practices U11-U18 practices are 2 hours long. The number after the facility code indicates the start time. U10 Practices are 90 mins. Long		Notes: Practices will last 2hrs unless otherwise noted U10s will be 90 minutes long Please arrive 15 minutes before practice time Please check your e-mail before practice to check for updates	