

Summer Skating Skills Clinics

Where: Edge on Jefferson Street, 735 East Jefferson Street, Bensenville, IL 60106

Contact: (331) 271 - 4172 or truenorthhky@gmail.com

Instructor: Todd Finner

Cost: \$240.00 for the entire session or a \$35.00 per class drop in charge. You can pay by cash, check or Zelle to 331-271-4172. All participants must check-in at the table provide a waiver of liability.

Content

Summer hockey provides us with a great opportunity to step back refocus on individual skills development for solid fundamentals. During the hockey season, coaches rarely take the time to focus on the most important aspect of individual skills development, skating. One thing every elite level player must possess is strong skating. Without strong skating, players will not have an opportunity to progress to higher levels of play or reach their full potential. This summer we will break down stride, posture, footwork foot speed with and without the puck. These clinics are open to peewee bantam players only.

Schedule

<u>Day</u>	<u>Date</u>	<u>Start</u>	<u>End</u>	<u>Rink</u>	<u>Event</u>
Friday	6/5	10:30 AM	11:30 AM	Edge on Jefferson East	Stride Technique Posture
Friday	6/12	10:30 AM	11:30 AM	Edge on Jefferson West	Footwork Agility
Friday	6/19	12:40 PM	01:40 PM	Edge on Jefferson East	Forward Backward Transitions
Friday	7/10	10:30 AM	11:30 AM	Edge on Jefferson West	Hand Foot Agility
Friday	7/17	10:30 AM	11:30 AM	Edge on Jefferson West	Escape Moves Deception
Friday	7/24	10:30 AM	11:30 AM	Edge on Jefferson West	Accelerating thru Turns & Fake Turns
Friday	7/31	10:30 AM	11:30 AM	Edge on Jefferson West	Passing Agility
Friday	8/7	10:30 AM	11:30 AM	Edge on Jefferson West	Touch Passing Puck Protection

Philosophy

Coaches, parents players need to make sure that their involvement in youth sports is a very positive experience. We all need to be able to recognize that individual skills physical development occur at different rates for everyone. Skills fun need to be the top priority everything else is of little consequence. If players can develop a high level of skills have fun in doing so then each participant family will have a very rewarding experience. Winning is only a byproduct of the skills passion that each player possesses at that particular point in time. A youth player should never be judged as a player until he has reached physical maturity. Until that time, we can only speculate as to what type of player one may become do our best to help each individual realize their full potential. You will not be disappointed in this approach to athletic development.

Specialty Clinics Summer Program

Please pay via Zelle at 331-271-4172, check to True North Development or cash.

Player Name _____ DOB _____

Address _____

City _____ Zip _____

Parents Names _____

Dad Cell _____ Mom Cell _____

Email _____

Please list any medical conditions or allergies that we should be aware of: _____

Waiver of Liability, Release Assumption of Risk & Indemnity Agreement

Please read this form carefully be aware in registering yourself or your minor child/ward for participation in this said programs, you will be waiving releasing all claims for injuries you or your minor child might sustain arising from participation in the said programs.

I recognize acknowledge that there are certain risks of physical injury to participants in the said programs I agree to assume the full entire risk of any injuries, damages or loss, regardless of severity, which I or my minor child/ward may sustain as a result of participating in any all activities connected or associated with such programs.

I agree to waive relinquish all claims I or my minor child/ward may have as a result of participating in the programs against TrueNorth Development, LLC, Todd Finner, True North Hockey, the Edge Ice Arenas, the Village of Bensenville, any of the officers, agents, members, servants,/or employees of the mentioned entities.

I do hereby fully release discharge TrueNorth Development, LLC, Todd Finner, True North Hockey, the Edge Ice Arenas, the Village of Bensenville, any of the officers, agents, members, servants,/or employees of the mentioned entities from any all claims from injuries, damage or claims resulting from loss which I or my child/ward may have or which may accrue to me or my child/ward arising out of, connected with, or in any way associated with the activities of the program/programs.

I further agree to indemnify hold harmless defend TrueNorth Development, LLC, Todd Finner, True North Hockey, the Edge Ice Arenas, the Village of Bensenville, any of the officers, agents, members, servants,/or employees of the mentioned entities from any all civil injuries, damage or losses sustained by me or my minor child/ward arising out of, connected with, or in any way associated with the activities, of the program/programs.

In the event of an emergency, I authorize True North officials to secure from any licensed hospital, physician,/or medical personnel any treatment deemed necessary for me or my minor child/ward's immediate care agree that I will be responsible for payment of any all medical services rendered.

I have read fully understand the above Program Details, Waiver Release of All Claims Permission to Secure Treatment.

Participant Name _____ Date _____

Signature of Parent/Legal Guardian _____