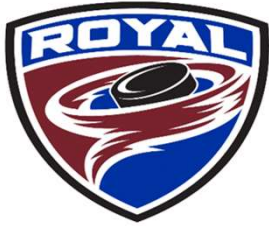
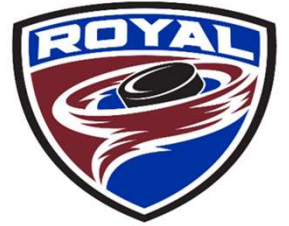




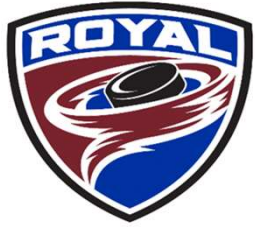
2024-2025
Anoka/Rogers Co-op
Parent Information
Meeting



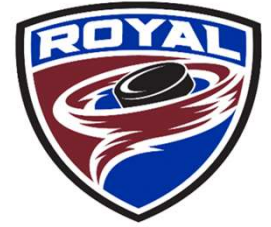
Tonight's Topics



- Introductions
- Team Apparel
- New Co-op Website–Crossbar app
- SafeSport
- Billing
- Ice Scheduling
- Development – Skaters & Goalies
- Team Projections and Tournaments
- Tryout Process
 - Injury/Sickness Policy
 - Team Selection
- Questions



Introductions



- **Background**

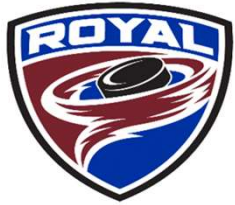
The co-op started in 2015 with the 12U level and was expanded to all levels seven years ago

- **Co-op committee**

A co-op committee has been meeting regularly to work on the details of merging the two associations. The committee consists of representatives from Anoka and Rogers board members, level coordinators and association members with a history of the co-op as well as girls hockey.

- **Board Members**

Thanks to all the support from the Board Members who have helped us grow our girls programs!



Apparel



Team sweatshirt, beanie hat, and joggers are included this season. They will be ready for pick up at tryouts!

Included:

Team Apparel by
10K Lettering



Optional Purchases

Hattrick Hockey - 763-427-4545

Richardson hats & Bauer Coats/Hoodies

<https://store.hthandlax.com/anoka/> password is AR24



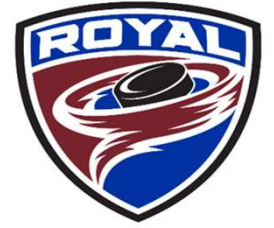
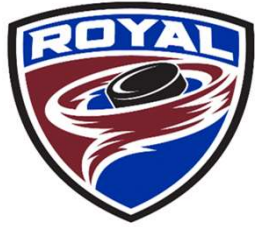
355 - WHITE/BLACK



Head
Press
Logo



TWILL
LOGO



Co-Op Website:
www.anokarogershockey.com

The Crossbar Mobile app will contain schedules and a team
communication feed.



Safesport



What is Safesport?

- USA Hockey's SafeSport program provides resources to ensure the safety of all involved in the game both on and off the ice.

Who is Required to Complete Safesport Training?

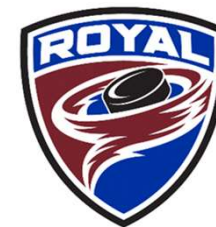
- ALL Coaches/Asst. Coaches
- ALL Team Managers
- **ALL Volunteers that will interact with the players (locker room attendants, dryland trainers, etc.)**
- ALL Board Members
- Must register with USA Hockey as a volunteer and complete safesport training and background check
- Must be done EVERY year.

Safesport Policies:

- NO CELL PHONES or Camera enabled devices are allowed in the locker rooms
- Locker Room Attendants required
- Travel Policies

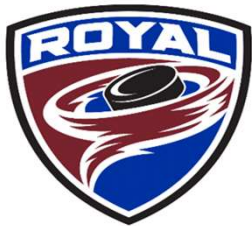


D10 Locker Room Phone/Camera Penalties

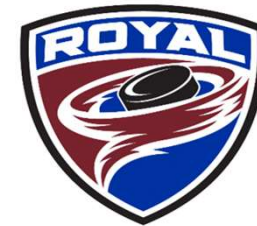


Any player or parent that is caught using a cell phone or camera in the locker room is subject to the following disciplinary action.

	Player	Coach/LRM/Adult
1 st offense	2 game or 2 week suspension (whichever is longer)	2 game or 2 week suspension (whichever is longer) \$500 fine to the individual
2 nd offense	4 game or 3 week suspension (whichever is longer)	4 game or 3 week suspension (whichever is longer) \$750 fine to the individual
3 rd offense	60 day suspension	60 day suspension \$1000 fine to the individual \$1000 fine to the home association



COACHES



- **WHAT DO YOU NEED TO DO TO BECOME A COACH?**

- In order to coach, you must complete all steps listed below. Deadlines are listed for each and are not negotiable. We are governed by District 10, MN Hockey and USA Hockey and they dictate when each of these needs to be completed. You MUST ensure that you have everything completed on time or you will not be allowed to coach.
- YOU WILL NOT BE REIMBURSED FOR ANY FEES IF YOU DO NOT DO ALL STEPS.

1. [USA Hockey Member Registration](https://membership.usahockey.com/) – <https://membership.usahockey.com/>

2. RYHA Registration & AAHA [Anoka]

3. Complete USA Hockey Required Training

1. SafeSport Training
2. Screening and Background Check (every 2 years) - Status available USA hockey
3. Age Specific Modules
4. Concussion form signed (every year) & concussion training (every 2 years)-UPLOAD
5. Current CEP Certification

4. Attend Mandatory D10 Coaches Meeting (Traveling Only)



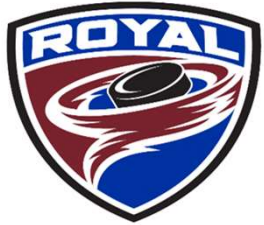
Billing Process

Billing process will be managed by your own association

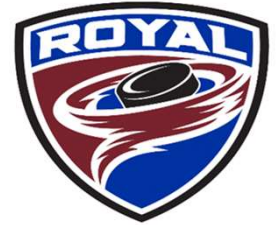
- Anoka and Rogers will divide bill proportionately between associations.
- Anoka Teams have moved to a flat rate bill at the time of registration.
- Rogers Teams will no longer receive a bill from Anoka. Everything will be billed through Rogers.
- Every Team will have a slush fund to pay for scrimmages, extra tournaments, team events, ect. (Amount & Process TBD)
- Please see your home association finance partner for details and monitor you email for slush fund needs post tryouts

Questions about billing AAHA: finance@anokaareahockey.com

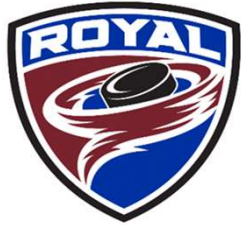
Questions about billing RYHA: RYHATreasurer@gmail.com



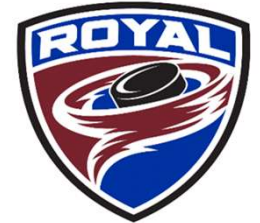
Ice Scheduling



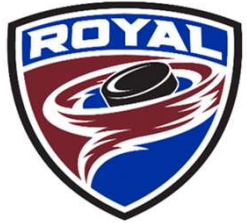
- All ice is scheduled through Anoka ice scheduler who will be given ice hours from the Rogers ice scheduler to incorporate into the total ice time bank
- Given there are 2 sheets of ice at Anoka and 1 sheet of ice at Rogers and 1 sheet at Super Rink the ice time is not split 50/50, but we are working to get as much ice at each location as possible. Rogers has purchased a significant amount of ice at the Super Rink and some events will be held there.



Player Development



- The BASE will be providing Skills nights this year on Monday nights. It will be station based as well as providing cross ice 3 v 3 and 4 v 4.
- ATTITUDE Goaltending will be our vendor for goalie training this year. More details to come.
- Girls will have individual dryland available through ETS (Rogers or Coon Rapids) this year instead of Acceleration.
 - Coaches are encouraged to use the Anoka dryland facility for team oriented off ice work and also to use the the upstairs at either Anoka or Rogers for film and whiteboard study



Team Projections – U10

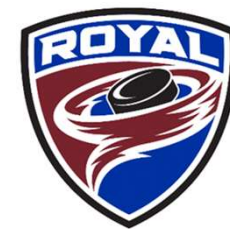


U10

- 4 teams
 - 45 skaters and 6 goalies
- A, 2 B1, and B2
- Mite move ups- all interested U8's will be invited to pre skates and tryouts. The final number of move-ups will be determined by the evaluators and D10 team rules. We must abide by the 2/3 rule.
- U10 has a 35 game day rule maximum



U10 Tournaments



10A

All American Girls--Blaine 11/7-11/10

BYHA Invite--Bemidji 12/6-12/8 (Country Inn and Suites)

Cabin Fever--Maple Grove 1/10-1/12

Skate for the Roses--Stillwater 1/16-1/19

10B1-Black

Anoka Classic--Anoka 12/5-12/8

YHH Danglefest--Blaine 12/28-12/31

St Luke's Invitational--Duluth 1/10-1/12 (Inn on Lake Superior)

10B1-White

Anoka Classic--Anoka 12/5-12/8

St Luke's Invitational--Duluth 1/10-1/12 (Inn on Lake Superior)

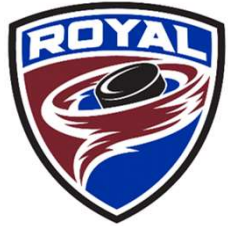
Skate for the Roses--Stillwater 1/16-1/19

10B2

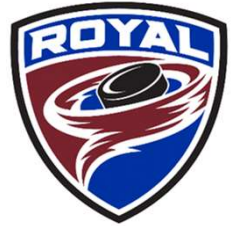
Anoka Classic--Anoka 12/5-12/8

AL Invitational--Albert Lea 1/3-1/5 (Comfort Inn)

Armstrong Knockdown--New Hope 1/10-1/12

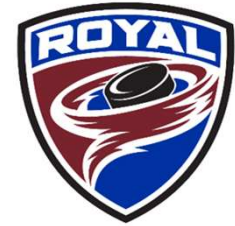
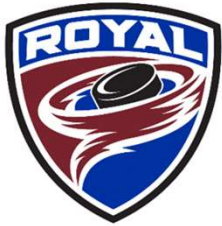


Team Projections – U12



U12

- 3 teams
 - 43 skaters and 5 goalies
- A, B1, B2
- U10 move ups- all interested U10's will be invited to pre skates and tryouts. The final number of move-ups will be determined by the evaluators and D10 team rules. We must abide by the 2/3 rule.
- Once a U10 player attends a U12 tryout they are ineligible to return to U10's.
- No limits on scrimmages or games



U12 Tournaments

12A

Oktoberfest Scrimmages--Proctor 10/25 -10/27 (Pier B)

All American Girls--Blaine 11/7-11/10

Cake Eater Classic--Edina 11/29-12/1

YHH Danglefest--Blaine 12/26-12/31

St Luke's Invitational--Duluth 1/10-1/12 (Holiday Inn Downtown)

12B1

All American Girls--Blaine 11/7-11/10

Anoka Classic--Anoka 12/5-12/8

YHH Danglefest--Blaine 12/28-12/31

Battle at the Baron--Marshall 1/24-1/26 (Evergreen Springs Inn and Suites)

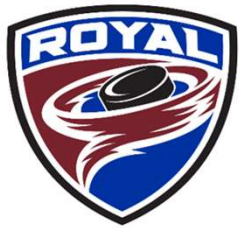
12B2

Anoka Classic--Anoka 12/5-12/8

Cabin Fever--Maple Grove 12/13-12/15

AL Invitational--Albert Lea 1/3-1/5 (Country Inn and Suites)

Winter Storm--Minneapolis 1/24-1/26



Team Projections – U15



- U15
- 1 Team
 - 16 skaters 1 goalie
- U12 move ups- all interested U12's will be invited to pre skates and tryouts. The final number of move-ups will be determined by the evaluators and D10 team rules. We must abide by the 2/3 rule.
- Once a U12 player attends a U15 tryout they are ineligible to return to U12's.



U15 Tournaments



15U

MYHA Invitational--Moorhead 12/13-12/15 (Home2Suites by Hilton)

Super Rink Spectacular--Blaine/MVI 1/2-1/5

St Lukes Invitational--Duluth 1/10-1/12 (Holiday Inn Downtown)

1 More Local Tournament pending



Tryout Process - Scrimmage



- Using a random schedule, skaters will be divided into groups for each scrimmage session.
- These groups will be posted online prior to tryouts.
- Skaters will participate in two sessions on Sunday then split into upper and lower groups going forward.
- Groups will be reshuffled in between the Sunday sessions, so pay attention to the website so your skater arrives for the proper session
- The lines and positions are to be changed by random on the bench so each skater is skating with and against new skaters as often as possible.
- Each player will be evaluated the duration of the scrimmage.
- Each judge will evaluate every player.
- New this year*** We will be posting numbers, not names, for the upper and and lower splits.



Injury/Sickness Policy



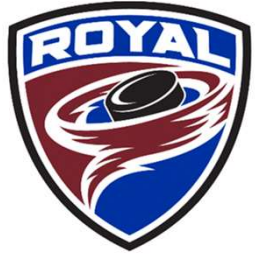
Injury Policy

INJURY RELATED TRYOUT POLICY

Policy Manual: Section V, Sub-section D

5. Any player unable to participate in tryouts due to injury, illness, or other Board approved absence will be evaluated on prior year performance, previous coaching recommendations, and current coach recommendation to determine the most likely team placement. If deemed necessary, the player will then be evaluated to ensure proper placement.

Please notify your Girls Director immediately if you will miss tryouts



Goalie Evaluations



- ATTITUDE Skills evaluations
- 1 Dedicated goalie evaluator for scrimmages
- Evaluated during scrimmages
 - Positioning in net
 - Game play awareness
 - Tracking the puck
 - Movement around crease
 - Stopping / controlling the puck



Team Selection

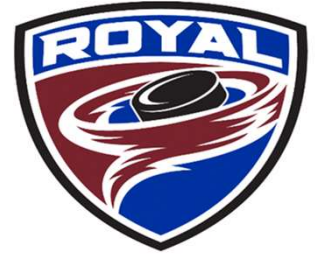


The order of events will be as follows:

- The A level coach may be provided access to the rank groupings, for each player at that level who has demonstrated the ability, based upon tryout score, to make that coach's team.
- Top 70% skaters for U10, top 60% skaters at U12 and top 50% skaters at U15 are locked in for the A team, remaining team is based on coach selection
- The A level coach can solicit feedback from those in attendance in order to complete and submit a proposed roster of the team under consideration.
- The proposed head coach will then be asked to list his roster for the group to review.
- Any changes from the final order derived by the tryout process offered by the evaluators will need to be discussed and defended by the coach to the group.
- The group will be responsible for thoroughly discussing those changes amongst themselves and to make sure the manual is being followed. Final decisions on rosters will be made by a group consisting of some or all of the following: President, Vice-President, Development Director, Tryout Director, Head Coach and Girls Directors. There will be equal representation from both associations.
- The B1 teams will be divided equally by RYHA and AAHA board members in attendance after the A team has been selected.



Misc Comments



- Final Rosters will be posted ASAP
- If you have issues with the results
 - Do NOT call or email the Coaches
 - Do NOT call or email Board Members
 - MUST email your Association Girls Director & request a meeting
- ZERO Tolerance for violations