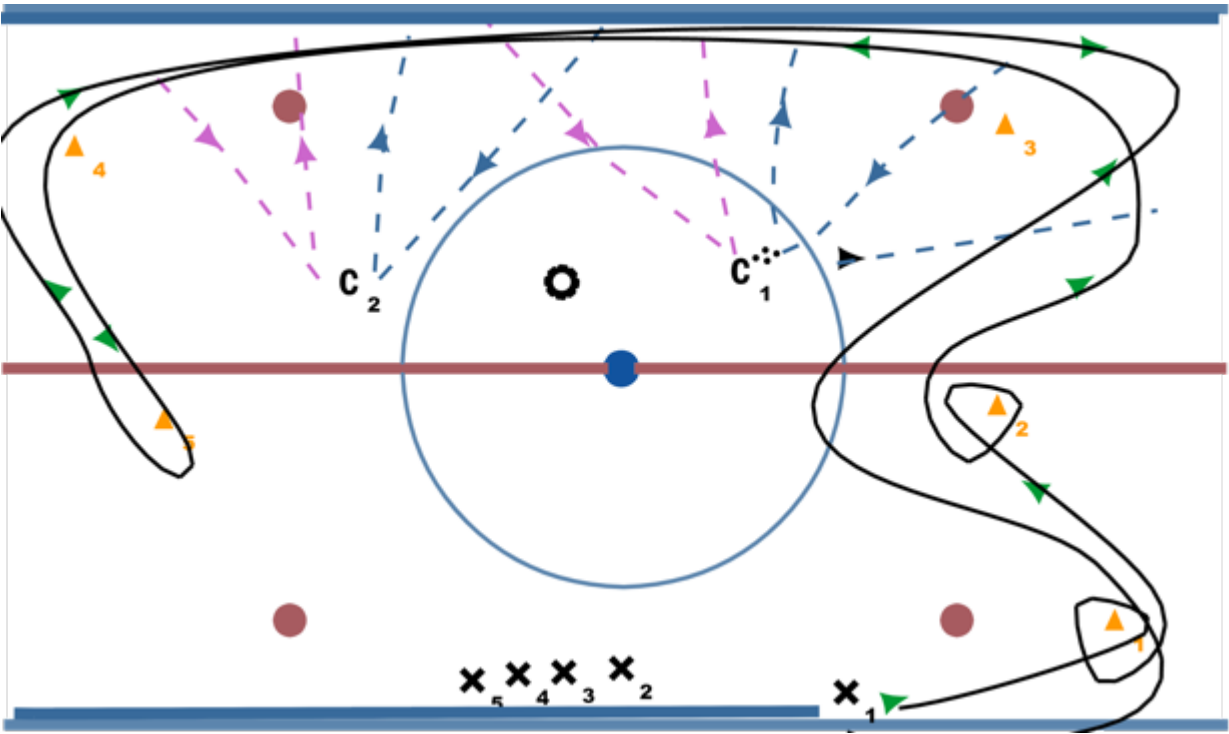


Squirt Skills Drill 2 Power Turns Passing



Description

Power Turns and Passing Drill
Start out with 2 Power Turns 1 Each way receive a pass from the coach after second power turn and skate around cone and make give and go pass to first coach receive pass back and give second coach pass and receive it back skate around next two cones and come back and provide pass to coaches on way back through.

Tags: Power Turns both directions / Passing both forehand and backhand