



Dear Players & Parents,

Below you will find a brief outline of the tryout and selection process for the Des Moines teams who are members of the Midwest High school hockey league.

Capitals and Oak Leafs High school hockey try-outs will be conducted and reviewed by the Des Moines Youth Hockey Association:

- To be eligible to participate, a player must be enrolled, 9<sup>th</sup> to 12<sup>th</sup> grade, in an area high school for the 2025-2026 school year. The MSHSL policy does not allow billeted players to participate in the League.
- Every participant must complete each required registration form and submit their try-out fee before 11:59 pm on April 30, 2025.
- Siblings of a current Capital or Oak Leaf will be identified during the registration process.
- Coaches for the Capitals and Oak Leafs will submit a list of veteran players who are "protected" by their current team. A player protected by a team is not eligible to be drafted by the other team following the try-out.
- Try-outs will be held May 27 and May 29 at MidAmerican Recplex
- Team members from the Capitals and Oak Leafs who will be Sophomores and Juniors will participate in one tryout session with their respective teams. Existing Caps/Leafs who will be Seniors need to register (no tryout fee) but will not participate in the tryout sessions unless needed.
- Incoming players will participate in two try-out sessions, one with each high school teams players.
- Following the try-out process, the teams will conduct a draft until their desired rosters are filled.
- The Capitals have the first draft choice during even numbered calendar years, while the Oak Leafs have the first draft choice during odd numbered calendar years.

**Important:** Registration for the 2025-2026 high school hockey tryouts must be done on-line at [www.dmyha.com](http://www.dmyha.com). Cost for incoming players is \$50, returning players are \$25. **PLEASE NOTE: Both returning players and incoming prospects MUST register on-line.** Registration deadline is April 30, 2025 at 11:59 pm. You will not be allowed to participate after that time.

**Only players who have completed the on-line registration and submitted their try-out fee will be allowed to tryout.**

After 7:00 PM on May 21, 2025 the try-out schedule and rosters will be emailed to registrants.

All tryouts will be held at the *MidAmerican RecPlex 6500 Grand Ave, WDM, IA 50266*

If you have any Questions about tryouts or the each of programs, contact Russ Legler 515-202-5027 (Capitals) or Shawn Brauer 515-988-4154 (Oakleaves).