



# Des Moines Youth Hockey Summer Hockey Skill Camps

Take your hockey game to the next level this summer. Des Moines Youth Hockey is proud to offer skill development and skating camps for all ages and levels. Each clinic is themed to develop specific hockey skills, with all clinics encompassing skating, edgework, shooting, passing and competitive play. **Camps are run by professional skating and skills coaches.**

Choose one clinic or multiple clinics. **Book your spot today as space is limited to provide the best opportunity for player development.**



- ✓ **Power Skating** – Generate power and speed using stride, edges, agility, balance, body control and transitions. Using skating in hockey specific skills and situations. 6 weeks, 2x per week (~12 hours of ice time).
- ✓ **Skills - Shooting, Passing & Handling** – This camp will focus on protecting, moving and shooting the puck while using these skills in hockey specific situations. 6 weeks, 2x per week (~12 hours of ice time). ***For 12u / 14u players, skills will include teaching age-appropriate body contact.***

**Camp Specifics on next page**

## \*\*\* Ages for 2026-2027 Season \*\*\*

Travel: Jr. Bucs Travel Program  
House: House & All-Star Players



Mon	Tue	Wed	Thu
6/1/2026	6/2/2026	6/3/2026	6/4/2026
6/8/2026	6/9/2026	6/10/2026	6/11/2026
6/15/2026	6/16/2026	6/17/2026	6/18/2026
6/22/2026	6/23/2026	6/24/2026	6/25/2026
7/6/2026	7/7/2026	7/8/2026	7/9/2026
7/13/2026	7/14/2026	7/15/2026	7/16/2026

<b>Skating</b> 8u/10u House 10:30-11:30am	<b>Skating</b> 8u/10u Travel 10:30-11:30am	<b>Skating</b> 8u/10u House 10:30-11:30am	<b>Skating</b> 8u/10u Travel 10:30-11:30am
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<b>Skills</b> 8u/10u House 11:45am-12:45pm	<b>Skills</b> 8u/10u Travel 11:45am-12:45pm	<b>Skills</b> 8u/10u House 11:45am-12:45pm	<b>Skills</b> 8u/10u Travel 11:45am-12:45pm
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<b>Skating</b> 12u/14u House 1:00 -2:00pm	<b>Skating</b> 12u/14u Travel 1:00 -2:00pm	<b>Skating</b> 12u/14u House 1:00 -2:00pm	<b>Skating</b> 12u/14u Travel 1:00 -2:00pm
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<b>Skills</b> 12u/14u House 2:15pm - 3:15pm	<b>Skills</b> 12u/14u Travel 2:15pm - 3:15pm	<b>Skills</b> 12u/14u House 2:15pm - 3:15pm	<b>Skills</b> 12u/14u Travel 2:15pm - 3:15pm
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### House Players


### Travel Players

#### Power Skating

- **Cost:** \$399
- **Days:** Mon & Wed
- **Times:** 8u/10u @ 10:30am  
12u/14u @ 1:00pm

#### Skills - Shooting, Passing & Handling

- **Cost:** \$399 **GOALIES FREE**
- **Days:** Mon & Wed
- **Times:** 8u/10u @ 11:45m  
12u/14u @ 2:15pm

#### Power Skating

- **Cost:** \$399
- **Days:** Tue & Thu
- **Times:** 8u/10u @ 10:30am  
12u/14u @ 1:00pm

#### Skills - Shooting, Passing & Handling

- **Cost:** \$399 **GOALIES FREE**
- **Days:** Tue & Thu
- **Times:** 8u/10u @ 11:45am  
12u/14u @ 2:15pm