



Central Indiana Knights

Hockey Club

2025-2026 Family and Player Policy

The Central Indiana Knights Hockey Club (“CIK”) and its coaches have adopted these Policies and Team Rules to help create an enjoyable and successful hockey season for all those involved with our team. Participation in the program is a privilege and not a right. All players will follow these rules, and the coaching staff and board will enforce them.

Attendance

Attendance at all team-sponsored functions is mandatory. Players know the practice (both on-ice and off-ice) and game schedule well in advance. Each player is responsible to organize their individual schedule to ensure attendance at practices, off-ice training and games. The coaching staff must be notified of any absence prior to any team-sponsored function. The notification must come from the player or parents at least four (4) hours before the event.

Practices

Players are expected to arrive at the rink at an appropriate time prior to the start of each practice. This time should allow ample time for each player to get dressed and be ready to step on the ice as the Zamboni drives off the ice. If you need to get your skates sharpened or need to make a purchase from the pro shop, give yourself enough time to take care of those needs. Every player is expected to be on the ice on time for the beginning of practice. *Repeated absences or tardiness may result in reduced ice time during games as determined by the coaching staff.*

Dress Code

Players and coaching staff are required to wear approved attire. A team that dresses well portrays a positive image of their program. Following the dress code helps players get mentally prepared for the upcoming game. CIK requires that all players wear the collared shirt, tie, dress pants, and dress shoes to all local games and end of season tournament. Team sportswear is acceptable at away games out of the local area. Local area includes Carmel, Westfield, Fishers, and Perry. Exceptions/Changes to the Dress Code for specific game(s) may be made by coaches and/or Team Captain.

Games

Players and coaches are expected to arrive at the rink a minimum of 60 minutes prior to the start of each game. The extra time allows players to concentrate on the game they are about to play. Players must be fully dressed in game attire in the locker room 15 minutes prior to game time. Players must understand the importance of being mentally and physically prepared for each game. Things to consider include making sure you are well rested for the game, being properly hydrated, the timing of your last meal, and what you eat before a game.

CIK maintains compliance with SafeSport Policies. **This means that cell phones, cameras, etc. will not be allowed in the locker room.** Players should leave their phones in their cars or turn them into the coaching staff in accord with the logistics arranged by the coaching staff before each practice and game. Only players and team representatives who have certified by SafeSport are allowed in the locker room. **Unless their player has been injured, parents will not be permitted in the locker room.** The coaching staff has the ultimate and exclusive discretion as to who is permitted in the locker room and when they will be permitted. CIK does not tolerate verbal or physical abuse of any kind.

The coaching staff will determine which players play in games and how much ice time each player receives. Players should be aware that based upon talent, effort, attitude and game situations, they will receive varying amounts of ice time.

Travel

CIK may coordinate hotel bookings. Each family have the responsibility to book and pay for their hotel rooms along with arranging for travel to and from all games, including those weekends when we will travel outside the metropolitan Indianapolis area unless the team is participating in a 'Stay to Play Tournament'. Players will not be permitted to travel without a parent or designated guardian to games outside the Indianapolis area. Coaches will not meet with players in hotel rooms. Coaches may conduct meetings in common areas of hotels as appropriate. The coaching staff may establish a curfew on all trips requiring overnight hotel stays.

Uniform Requirements

All players must keep their uniforms in clean, presentable condition. This means regular laundering and repair of any holes, tears, etc. Players must wear the following:

- Pants – Black
- Helmet – Black
- Gloves – Black, Black with white

Game jersey and game socks are **NOT** to be worn to practice. **BOTH** sets of game jerseys and socks are required to be brought to every game. Players forgetting any uniform or equipment items for games are subject to sit the first period of a game at the discretion of the coaching staff. Jerseys are to be kept on hangers, not in hockey bags. Garment bags are highly recommended and encouraged.

Players are also required to wear appropriate team wear during warmups which is issued to them at the beginning of the season.

General Team Rules

- Mouthpieces and Neck guards are mandatory for both practices and games and are to be supplied by the player. **Neck guards are effective for all USA Hockey activities as of 8/1/2024.**
- Players are to keep their helmet straps fastened whenever on the bench, ice, or penalty box.
- Locker room must be maintained, cleaned, and treated with respect.
- Locker rooms will be supervised according to USA Hockey Policies.
- Cell phones are not to be used in a locker room per USA Hockey. Players will know that there is a zero-tolerance rule on cell phones in the locker room and it will be strictly enforced. Any player who is seen using a cell phone in the locker room will be subject to discretionary discipline.
- No jewelry of any type is to be worn during games or practice.
- The 15-minute rule of being ready/dressed before a game will be strictly enforced.
- Hazing or initiations of any player will not be tolerated.
- Players suspended from a game are expected to attend that game while adhering to all rules within this document. Coaches will assign duties if necessary.
- Vandalism will not be tolerated and will be dealt with appropriately by the coach and board.
- Any destructive vandalism within or outside of the locker room may also result in full financial responsibility of the player(s) responsible.

Academic requirements

Players need to understand that they are students first and grades are important. If a player is having difficulty in school, priorities need to be adjusted towards improving academic results. CIK complies with all state (HHSHA), Hoosier league, and School academic requirements. Players who have not qualified academically will not be permitted to participate in on-ice team activities. In addition, CIK stresses academic success. In so doing, the board has established academic criteria that are more stringent than that of the league. The team manager will review each player's report card at the end of each grading

period. Due to varying grading period end dates of different schools, it is up to the player/parent to submit grades on time. All grades for the first quarter or prior academic period must be submitted by October 31, 2025. All grades for the first semester must be submitted by January 17, 2026. Players will be placed on academic probation if they fall below a 2.0 GPA. The coach will meet with the player to outline the terms of the probation. Additionally, grades must be submitted to ISHSHA by CIK to further ensure players are meeting ISHSHA eligibility requirements.

Player Code of Conduct

Players are expected to act in a manner that brings respect to themselves, their coaches, their parents, the team, and their school. Players are also expected to treat everyone involved in the game of hockey with utmost respect (this includes teammates, coaches, opposing teams, referees, parents, and arena staff). The following behaviors are expected from players:

- Listening to instructions during practice and games. Listen first, ask questions second, and keep comments to yourself.
- Always encourage teammates, no matter what the circumstance. Keep your temper under control both on and off the ice during games or practice.
- Take care of the rink and clean up after yourself.
- Be courteous and always display good manners.
- Playing good, clean physical hockey.
- Execute all practice drills at game speed unless instructed to do otherwise.
- Provide maximum effort on and off the ice.
- Attend all team functions.
- Be on time for all team-sponsored functions.
- Respectful behavior toward all adults at all times

The following behaviors will not be tolerated and may result in disciplinary action:

- Disrespectful treatment of facilities and/or dressing rooms
- Repeated use of foul language.
- Disruptive or dangerous horseplay on or off the ice.
- Criticizing other teammates, coaches, referees, and parents.
- Taunting opponents

Spectator Code of Conduct

Coaching on and off the ice is to be left to the coaching staff. All parents and guardians will act in a manner that is always mature and respectful. The coaching staff reserves the right to ask any parent or spectator whose behavior they feel is unacceptable to remove themselves from the premises. Coaches may also request on ice officials to remove spectators or parents whose behavior they feel is

unacceptable. Players of parents who refuse to remove themselves may be removed from the bench or practice ice. The following will not be tolerated:

- Verbal abuse of officials, players, coaches, or parents (ours or theirs)
- Inappropriate language while in arenas, team functions, etc.
- Parents in the locker room before or after the game (exceptions include screened adults for supervision, injury treatment)
- Throwing of objects

Issue Resolution/Parent Complaints

Players will address all issues regarding playing time, game management, and other team issues with the coaching staff. A player may request a meeting with the coaches no earlier than 24 hours after a game.

Parents with issues regarding playing time, game management, or team management are to submit their issues in writing to the board and NOT partake in direct communications (emails and texts) or discussions with the coaching staff. The document/email may be sent to the Board President via email. This is put into place in order that the coaches may concentrate on game management and player development. Coaches have been instructed to not respond to emails or texts from parents and notify the Board immediately. Players of the parents who violate this policy will be subject to a game suspension. Parents are to understand and support the “Player’s Code of Conduct & General Rules.” Please ensure that you and your player have read and understand this document.

Team Fees and Payment

Team and Player Assessments are due no later than the 15th of each month. A payment schedule will be handed out before the season begins. If your account becomes 15 days delinquent, your player may not be allowed to participate in any of the activities (practices, Styner and games) until your balance due is paid. Central Indiana Knights Hockey Club is a not-for-profit organization. Player assessments are needed to pay for ice time, referees, coaching staff, and the general operation of the organization. CIK relies on assessments to meet its budget.

By signing this agreement your player agrees to play for CIK and to pay 100% of Team and Player Assessments for the entire season. Your obligation to timely pay each assessment in full does not depend on playing time, injury, grades, or any other factor that may impact your player’s ability or willingness to participate.

If the Central Indiana Knights Hockey Club is required to bring any legal action or other proceedings against the undersigned parties for the enforcement of any provision of this agreement, the Central Indiana Knights Hockey Club will be entitled to recover all reasonable attorney fees and other legal expenses incurred should the Central Indiana Knights Hockey Club prevail in the legal action or other proceeding.

2025-2026 CIK PLAYER & FAMILY AGREEMENT



Congratulations on your player becoming a member of the Central Indiana Knights Hockey Club for the 2025-26 season. CIK exists to promote the sport of hockey and to provide an opportunity for high school age players to continue playing hockey while attending high school.

To be eligible to play for CIK, this Agreement must be signed by the player and player's parents. By signing this agreement, each family agrees that you have fully read and agree to abide by the 2025-26 Policies and Team Rules. Players will not be allowed to participate in team functions, including practice and games, without this signed agreement (may be electronically signed during registration)

Player Name Printed: _____

Player Signature: _____

Date: _____

Parent (1) Name Printed: _____

Parent (1) Signature: _____

Date: _____

Parent (2) Name Printed: _____

Parent (2) Signature: _____

Date: _____