

2026-2027



For Players and Parents

The Mission of the Jamestown Youth Hockey program is to provide a well-balanced competitive hockey program for boys and girls; aiding in the enrichment of the lives of the players and the realization of individual and team achievements of worth, accomplished through one's own efforts and attained with the guidance of our youth hockey coaches.

This handbook was written by the Jamestown Hockey Board of Directors in an attempt to provide players, and parents with general information, rules and regulations of our Program.

Contents

Welcome	4
JHB Board of Directors	4
Registration Fees.....	4
Refund Policy.....	5
Communication	7
Weather Cancellation Policy	7
Locker Rooms	7
Co-ed Team Locker Room Policy	8
Locker Room Assignment Policy	9
Ice Time Policy.....	9
Fundraising.....	10
Volunteer Work	10
Hockey Happenings.....	10
Divisions	11
Player Movement Policy	11
Player Petition Process.....	11
Evaluation Team	12
Team Selections.....	12
8u (L2S, L2P, Play).....	12
Squirts	12
PeeWee, 12U Girls and Bantams	12
Prowl Team Colors.....	12
Equipment.....	12
Game Jerseys.....	13
Parent Manager/Co-Parent Manager	14
Disciplinary Guidelines.....	14
Zero Tolerance Policy	14
Players' Policies	16
Parents' Policies	16
Players' Code of Conduct	16

NDAHA Parents' Code of Conduct	17
Discipline Policy.....	17

Welcome

The Jamestown Hockey Boosters (JHB) welcome you to a new season of hockey! The Board of Directors meets the second Monday of each month in the Anton Klaus room at the Gladstone Inn & Suites at 7pm. If the meeting date and times change, notice will be posted on the website under the News and Announcements section. These meetings are open to any members wishing to attend. Members are encouraged to attend if they wish to voice any concerns, so that issues can be handled in a timely and constructive manner. Parents/Guardians must contact their Board Representative five days prior to a meeting to be placed on the agenda.

JHB Board of Directors

The following people serve on the Board as either officers or directors. The years displayed are when their terms expire at the annual meeting held in April.

Whitney Trautman, President*	whitney.trautman@prowl-hockey.com	President Term -2027 (Board Term – 2027)
Jeremy Vigil, Vice President	jeremy.vigil@prowl-hockey.com	Vice President Term – 2027 (Board Term – 2028)
Jeremy Forester, Treasurer	Jeremy.Forester@prowl-hockey.com	Treasurer Term - 2027 (Board Term – 2028)
Alicia Gussiaas, Secretary	Alicia.Gussiaas@prowl-hockey.com	Secretary Term – 2027 (Board Term – 2029)
Mitch Wanzek, Director	Mitch.Wanzek@prowl-hockey.com	2028
John Steckler, Director	John.Steckler@prowl-hockey.com	2029
Cody Champagne, Past President	cchampagne024@gmail.com	2027

* The president of the current Board will continue on the board as a Past President for three consecutive years after their term as president. If the need should arise to fill their director position for the remaining years of their original term, the position will be appointed by the Board of Directors.

Registration Fees

JHB fees for the 2026-2027 Season are as follows:

Early Bird Discount Rates

L2S \$200.00
L2P \$200.00
Play \$250.00
Squirts \$450.00*
Pee Wees \$650.00**

Regular Rates after Sept 15th

L2S \$200.00
L2P \$200.00
Play \$300.00
Squirts \$500.00*
Pee Wees \$700.00**

Girls12U \$650.00
Bantams \$675.00**

Girls 12U \$700.00**
Bantams \$725.00**

**Squirt, Pee Wee, 12U Girls and Bantam goalies will not be required to pay registration fees.
NOTE: Any player who registers as a goalie must play the goalie position, fulltime, for the entire season. If the player elects to switch to a skater position, the player will be required to pay the entire registration fee for the players age level.

August 15th is the deadline for the early bird registration discount.

If payments are delinquent, the player will not be able to participate in any hockey activities until full payment is made. The JHB Board of Directors reserves the right to request payment in full based on past payment history.

In addition to our registration fees, all players are required to be registered with USA Hockey. The registration fees for USA Hockey are established by USA Hockey and are subject to change at any time. There is also a fee established by NDAHA which is paid at time of registration through USA Hockey. Players will not be able to participate in any hockey activities until verification of USA Hockey registration is presented. Players can register online at www.usahockey.com.

Refund Policy

The following refund policy is applicable to all members and participants in the Jamestown Hockey program:

- 1) All requests for refunds shall be submitted via email to the JHB Board of Directors.
- 2) The JHB Board of Directors reserves the right to review all requests for refund or credit based on special exceptions to consider, among other things, compliance with this policy and extraordinary circumstances, at its sole discretion. The Board is under **no obligation** to approve a requested refund.
- 3) All refunds, either in full or pro-rated, will be assessed a service charge based on the fees JHB is charged.
- 4) No USA Hockey fees will be refunded by JHB.
- 5) Refunds may only be granted if the player is in good standing with the club and paid in full. If the player's registration has been paid using the payment plan method, only payments made up to the date of notification will be considered for the refund and any future payments via the payment plan may be cancelled in accordance with the refund policy and any refund owed to the individual.
- 6) Regular season refunds:
 - a. L2S, L2P, Play
 - i. If a player chooses not to play prior to the season, the entire registration cost minus the service charges may be refunded.

- ii. If a player chooses not to play after the first practice but before December 15th, 50% of the registration costs minus the service charges may be refunded.
 - b. Squirrels/10U, Peewee/12U or Bantam
 - i. Refunds at these levels may be refunded per the “Special Exceptions” section of this policy. All requests not meeting the conditions in the “Special Exceptions” section of this policy shall require full JHB Board approval.
- 7) Special Exceptions
 - a. Injuries/Medical Conditions
 - i. In the event a player incurs an injury or develops a medical condition that renders him/her unable to play for the remainder of their team’s season (a “season ending hockey injury”), the player may be eligible for a refund of registration fees minus the service charges. A prorated refund may be issued if the request is made because of an injury or medical condition developed to that player, if the written opinion of a medical doctor, prohibits the player from participating in hockey for a period of at least eight (8) weeks. The amount of the refund for which the player may be eligible will be based on the date he/she notifies JHB that they do not intend to return to play and provides the required physicians documentation that the player has incurred a season ending hockey injury:
 - 1. Prior to the start of the season - 100%
 - 2. Prior to December 15th- 50%
 - 3. On or after December 15th- 0%
 - ii. To be eligible for a refund, the player must provide documentation from a physician stating the player has suffered a “season ending injury/medical condition” And cannot return to play. This should be provided to the JHB Board of Directors.
 - b. Relocation
 - i. in the event a player's family moves outside the Jamestown area (50 miles or greater) during the hockey season, the player may be eligible for a refund of registration fees minus the service charges. The refund amount will be prorated based on the same dates listed for injuries/ medical conditions above.
 - c. Other Circumstances
 - i. if a player chooses not to play for any reason other than those listed above in this section (e.g. playing High School hockey, dissatisfaction with team placement or academic reasons) a refund may be granted.
 - ii. Any refund amount granted will be based on the following criteria:
 - 1. if a player did not participate in preseason hockey or tryouts:
 - a. 100% refund of all registration payments made up to the date of the refund minus the service charges.

2. Player participated in either preseason or hockey tryouts:
 - a. up to a 50% refund of players registration fee minus the service fees may be granted.
 - b. If the member requesting the refund utilized the JHB payment plan the following will apply:
 - i. Any registration fee payments made exceeding 50% of the total registration fee due minus the service charges may be granted.
 - ii. If necessary, any future payment plans will be cancelled.
3. If a player participates in at least one team practice after team placement, 0% refund will be granted

Communication

Practice and game schedules will be posted on our website, <http://www.jamestown-hockey.com>.

Team and parent meetings will be held at the beginning of the season and periodically throughout the year. These meetings will be announced via email by the Board Representative and/or Parent Managers and should also be posted at the arena.

Complaints should be brought to the attention of the Board Representative of the group on the following form attached to the end of this handbook.

Weather Cancellation Policy

The scheduler and/or scheduling committee will make the decision to cancel games based on weather. Cancellations will be communicated via text message, email, social media and/or website.

Locker Rooms

JHB is not responsible for stolen and/or lost equipment. Players will be responsible to treat other players and the locker rooms with respect, or they will lose the privilege of using the rooms.

Parents of Squirts and older players are asked to remain out of the locker rooms.

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras, are not permitted to be used in the locker rooms. If phones and other mobile devices must be used, they should be taken outside of the locker room.

Locker Rooms will be opened 20 minutes prior to the beginning of practice.

We will also follow the USA Hockey Safe Sport Program Handbook, Section 1 – Locker Room Policy on locker room supervision that states:

USA Hockey is concerned with locker room activities between Minor Athletes; Minor Athletes and Adult Participants; adults being alone with individual Minor Athletes in locker rooms; and with non-official or nonrelated adults having unsupervised access to Minor Athletes at team events.

It is the policy of USA Hockey that all USA Hockey Member Programs must have at least one responsible screened and trained adult (which may include coaches, managers or other volunteers) present at all times and monitoring the locker room during all team events to assure that only Participants (coaches and players), approved team personnel and family members are permitted in the locker room and to supervise the conduct in the locker room. While it is not always possible, two locker room monitors are preferable.

Preferred locker room monitoring includes having locker room monitors inside the locker room while Participants are in the locker room; at a minimum, locker room monitors must be in the immediate vicinity outside the locker room (near the door within arm's length and so that the monitor can sufficiently hear inside the locker room) who also regularly and frequently enters the locker room to monitor activity inside. The responsible adult(s) who monitors and supervises the locker room shall have completed SafeSport Training in compliance with Section II and completed a background check in compliance with Section III of this Handbook. If the monitor(s) are inside, then it is strongly recommended that there be two monitors, as having a second monitor may help prevent allegations of impropriety by a monitor alone in the locker room. A Member Program or team may impose or follow stricter monitoring requirements. All Member Programs are responsible to work with their teams and coaches to adequately ensure that locker room monitors are in place at all appropriate times.

Further, Adult Participants must also secure the locker room appropriately during times when Minor Athletes are on the ice. If a Minor Athlete goes to a locker room during practice or a game, and does not return in a timely fashion, then an Adult Participant (or if possible two) should check on the Minor Athlete's whereabouts. It shall be permissible for a Member Program or team to prohibit parents from a locker room. However, in doing so the team shall be required to have properly screened adults monitoring and supervising the locker room as required above. With younger players, it is generally appropriate to allow parents to assist the player with getting equipment on and off before and after games or practices and they should be allowed in the locker room to do so. For the purposes of the JHB, approved team personnel will be defined as a Board member, Coach or Parent Manager.

USA Hockey policy of locker room monitoring will be followed. For the purposes of this association, the term "certified supervisor" consists of coaches, coordinators, hockey directors, and board members. In almost all situations, the association will utilize coaches to supervise locker rooms for all teams.

Co-ed Team Locker Room Policy

In accordance with the guidance provided by USA Hockey, JHB implements a Co-ed locker room policy that attempts to balance the social integration and camaraderie of a team while providing a safe and respectful environment for all of our participants.

Due to space constraints at our home facilities and the inability to control locker room assignments at away facilities, JHB shall utilize a minimum attire policy. The minimum attire policy requires that all players of a co-ed team arrive at the rink wearing their base layer of clothing. The base layer of clothing may be worn under the players street clothes at the players discretion. All members of the team must have their base layer on and intact prior to entering the assigned locker room so that no player of one gender has the opportunity to see a player or players of the opposite gender in a state of dress/undress. If for some reason the player is not able to arrive at the rink with the base layer in place, then that player must find and utilize a restroom facility applicable to the players gender to change into their base layer before entering the assigned locker room.

For the purpose of this policy, the base layer of clothing is defined to be a layer of clothing between the players skin and the required protective gear. Examples of the base layer include but are not limited to, a short sleeve T-Shirt, compression shirt, compression shorts and/or pants. Any article of clothing worn to satisfy the base layer requirement of this policy **cannot** be removed from the players body at any time the player is within the assigned locker room.

Locker Room Assignment Policy

Locker rooms for practices and games will be assigned by the host facility. Players are expected to occupy the locker assigned to their team. If a player or team occupies a locker room that is not currently assigned to them and a member of the appropriately assigned team requests to enter, the player or team will be expected to vacate the locker room immediately. If a player or team arrives to their assigned locker room and discovers the locker room is currently occupied, the player or team shall seek assistance from the rink staff, coaching staff and/or JHB Board Member to resolve the conflict. Players and/or team members are not authorized to make locker room assignment changes without assistance from rink staff, coaching staff and/or a JHB Board Member.

Ice Time Policy

It is the goal of prowl hockey to offer high quality competitive play at all levels with a commitment towards player development of every skater. Prowl coaches will focus on high quality player development with an overall intention, at practices and games, towards equitable play time specifically in the lower age divisions. For peewee, 12U and Bantam ages, at the coaches' discretion, special power play and penalty kill units are allowed during the game. For development purposes, it is strongly encouraged that coaches utilize all players when there is a three-goal lead. Player behavior, attendance, and attitude throughout the season are factored into a coach's decision on game time play. Coaches may limit a player's ice time as a motivational/disciplinary tool, either for violations of team rules, repeated failures to follow directions or for lack of effort during practice or a game.

Fundraising

Fundraising is a necessary component to our program in order to keep our registration fees as low as possible. Fundraising is strongly encouraged for the L2S through Bantam divisions including Girls 14U, 12U, 10U, and 8U.

Each player is encouraged to sell Gun Raffle Tickets to support the annual Gun Raffle fundraising event.

The number of tickets suggested to be sold is based on the age of the player.

- 1) Players in L2S and L2P are encouraged to sell AT LEAST 15 tickets.
- 2) Players in Play and above are encouraged to sell AT LEAST 30 tickets.

The maximum number of tickets encouraged to be sold per family is 45 tickets.

All raffle tickets need to be sold and the money and ticket stubs turned into the Board by January 15, 2027. Any unsold tickets must be returned to the JHB Board of Directors on or before January 15, 2027.

Once raffle tickets have been issued to a member, that member is responsible for the full value of the tickets in the event the tickets are lost, stolen, washed or otherwise rendered unable to be returned. All tickets sold or unsold are required to be returned to the JHB Board of Directors.

Volunteer Work

Parents of players are required to fulfill their time working in a volunteer capacity. Each team within the organization is assigned shifts to work in the concession stands for games throughout the season. These shifts are assigned at the beginning of the season once all schedules are known. Parents are responsible for filling their shifts. Parents will be responsible for 3 shifts per player, regardless of age level, up to a maximum of 9 shifts per family. Parents/families who do not complete their required concession shifts, will be charged a \$500 fee at the end of the season. This fee must be paid in full to be eligible to register for the following season. A \$20 per shift incentive (up to a maximum of 5 shifts) is offered to anyone who completes additional concession shifts above and beyond their minimum requirement. This incentive pay will be applied towards the following season registration.

Parents are expected to work the clock or score sheet during home games and tournaments.

Hockey Happenings

Hockey Happenings is a Parent ran event.

Hockey Happenings is tentatively scheduled for the fourth Saturday in October every year. The JHB board reserves the right to amend this date.

Divisions

The divisions for the 2026-2027 Season are as follows:

Division	Birth Date/ Year
L2S	06/01/2021 and younger
L2P	06/01/2019- 05/31/2021
Play	06/01/2017- 05/31/2019
Squirts	06/01/2015 – 05/31/2017
PeeWees	06/01/2013 – 05/31/2015
Girls 12U	06/01/2013 – 05/31/2016
Bantams	06/01/2011 – 05/31/2013

A Copy of the player's birth certificate must be on file with the Registrar as proof of age prior to a player playing any games.

Player Movement Policy

Player Petition Process

No player shall move up a level except from L2S to Play unless the provisions below are met.

1. All players must try out for the group (youth or girls) that they intend to play with during the season.
2. No change requests will be granted during or after evaluations.
3. USA Hockey and NDAHA age limits for playing levels change on June 1st of each year. ND school age limits for grade change on August 1st of each year. If a player's birth date falls after June 1st and the player is enrolled in the grade corresponding to the player's school age, then the player's parents may elect to permit the player to play at the higher playing level with players in his/her class.
4. A player must first register in the age group they belong.
5. A written request, for player advancement based on size, skill, and maturity must be received by September 1st.
6. The board will consider the request, and a decision will be made regarding allowing the player to participate in tryouts.
7. If approved by the board, the player will try out at the higher level. Criteria for allowing a player to play-up will be based on the evaluation of the player's skill and ability to contribute to the older team, the participant's maturity level compared to the older team's participants, physical size, and number of players at each level. Allowing participants to move from a non-checking division to a checking division represents the greatest risk and will receive the greatest scrutiny.
8. Following tryouts, the evaluators/coaches will make a recommendation to the board whether to accept or decline the request.

Evaluation Team

The Evaluation Team consists of no less than 3 of the following individuals a Hockey director, goalie coach, independent evaluators, and coaches. Evaluations will be made up of skills and drills, in house scrimmages, and outside scrimmages if available. Players may be moved to different groups during the evaluation process by the evaluation team. Any legal guardian coaches will be removed from the selection process for their child. The number of players at each level will be determined by the respective hockey boards (Jamestown Prowl and JVC Co-op).

Team Selections

8u (L2S, L2P, Play)

All players registered as 8u and below will be evaluated as either L2S, L2P, or Play. This means that regardless of age, the registered member will be placed with the skill level they belong in (L2S, L2P, or Play). These evaluations will be completed no later than the end of October and all players can move from one level to the next at any time if the JHB Development Director and Coaches determine movement is necessary. At the 8u level, there will be no full time goalies allowed.

Squirts

The number of Squirt teams will be based off the total number of players registered at the 10u level (boys and girls). All Squirt players will participate in pre-season practice and tryouts. All skaters and goalies will be evaluated and split base on coach and evaluator discretion to best balance team numbers as well as individual skater development.

PeeWee, 12U Girls and Bantams

Tryouts will be made up of skills, drills, and scrimmages. Players may be moved to different groups during the tryout process by the coaches. The number of goalies will be capped at 2per/team. Before joining the girls team, players must have a minimum of 1 year squirt experience.

Coaches/Designated Personnel at each level will select the teams.

Prowl Team Colors

The primary colors for all Prowl teams are Forest Green, White and Black.

- Socks: Black with Green and White Stripes or White with Black and Green stripes
- Breezers: Black
- Helmets: Black

Equipment

The following equipment is available for rent:

- Breezers – Squirts & under
- Helmets – Squirts & under
- One Goal Equipment (L2S, L2P, Play)
 - Includes helmet, shoulder pads, elbow and shin/knee pads
- Additional equipment may be made available if needed. Please contact a Board Representative with any inquiries.

****Goalie Equipment will be provided as available by JHB to squirt level players and below. Following squirt years, the JHB will loan out whatever gear is available in our lending closet. JHB does not purchase player specific goalie gear.**

All equipment must be returned at the last practice of the season. Board members will be on hand at all final practices to collect equipment.

Members are responsible for providing the following required equipment in addition to USA Hockey Requirements:

- Mouth guard
- Skates
- Stick
- Socks – Travel and away (white and black) socks for Squirts and above. Socks are required to be purchased from JHB
- Elbow pads*
- Shin pads*
- Gloves*
- Shoulder pads*
- USA Hockey approved cut resistant neck protection (beginning August 1, 2024)

* Included with One Goal equipment rental.

Game Jerseys

Game jerseys will be handed out after coaches have determined teams.

Players are to respect the following:

- Keep Jerseys clean and tear free.
- Jerseys for L2S through Squirts will be provided by JHB. Jerseys are to be handed in at the end of the year clean and neatly folded.
- Jerseys for PeeWees, 12U Girls and Bantams are required to be purchased from JHB. Jerseys are to be worn for games only or at a coach's request.

Parent Manager/Co-Parent Manager

Two parents of separate players from each team will be the liaisons between the parents and coaches. The duties are as follows:

- Organize clock and score keeper for home games.
- Organize blocks of rooms for out-of-town tournaments and games.
- Hold team meetings as needed.
- Report game results to the local papers.

Disciplinary Guidelines

JHB is governed by the rules and regulations of the North Dakota Amateur Hockey Association. When you register to be a participant in programs with the JHB, please remember the following:

1. We expect a positive attitude at all times, on and off the ice.
2. We not only represent the program, but also the community of Jamestown. Therefore, our conduct at games is important, especially when playing in another city, this extends to restaurants, hotels and arenas.
3. Playing for the JHB is a privilege, not a right. Unacceptable behavior, on or off the ice, can lead to expulsion from the program. (See Code of Conduct).

USA Hockey allows for a Zero Tolerance policy for discipline at the discretion of the Board of Directors. JHB will follow the rules and guidelines of Safe Sport and Rule 10. Safe Sport has been developed to ensure the safety of its participants.

- Alleged violations of Safe Sport or Rule 10 will be investigated by independent investigators who will submit a report to the Grievance/Discipline Committee to act as deemed appropriate.
- Any conduct not aligned with the following guidelines is subject to review by the Grievance and Discipline Committee.
- Discipline Issues related to Co-op players will be addressed by the Prowl Co-op Board
- If needed an Appeal Board will be arranged with representatives from both Jamestown and Valley City Boards that are not a part of the Prowl Co-op Board.

Zero Tolerance Policy

Jamestown Prowl members (parents, players, coaches, board members) must agree to the following to complete registration. Breaking any of the rules on the zero-tolerance list will put you and/or a player in the Association's disciplinary process. Violations outside of this list will be dealt with on a case-by-case basis. The minimum punishment for a zero-tolerance violation will be a two-week suspension from all Prowl sanctioned activities. Prowl reserves the right to issue

a summary suspension to keep the accused away prior to the conclusion of the investigation and this may or may not be added to length of punishment post investigation. Separate discipline may be levied by USA Hockey/North Dakota Amateur Hockey Association concerning other USA Hockey/North Dakota Amateur Hockey Association sanctioned activities. In the event an incident goes to the SafeSport level, and they assume jurisdiction on the case, Prowl may or may not impose separate discipline.

Zero Tolerance Rules:

1. Reported and confirmed obscene profanity and objectionable cheers or offensive gestures towards spectators, officials, or participants at an event.
2. Reported and confirmed throwing of any items on the playing surface or into the stands at an event.
3. Reported and confirmed hostile, inappropriate, or bullying contact (face to face, phone, texting, emailing, social media, chat rooms) of any Prowl member, administrator, team coaches, board members, or officiant.
4. Reported and confirmed evidence of members threatening officials, coaches, members, or nonmembers. This includes any physical contact with this group.
5. Reported and confirmed evidence of abusive behavior between players. Prowl honors the SafeSport definition of bullying.
6. Reported and confirmed inappropriate addressing of an issue in front of players, coaches, or at the rink.
7. Reported and confirmed use of an illegal substance, possession of an illegal substance or use of paraphernalia by players, coaches, or members during a Prowl event or at any facility used by Prowl.
8. Reported and confirmed theft of property, or intentional and noteworthy property destruction.
9. Reported and confirmed false allegations.

All submitted incident report forms will be sent to a compliance committee made up of 3 members. Committee will be comprised of 2 board members found to not have conflicts of interest with the accused and 1 impartial 3rd party member assigned to investigate. The vote of this committee, after thorough investigation and analysis of a filed report, will be the final say in the matter, unless involvement from the North Dakota Amateur Hockey Association, law enforcement, USA Hockey, or SafeSport is necessary.

Any misuse of the Grievance Policy or the making of false allegations will be considered a violation of the Code of Conduct and subject to disciplinary action to be taken by the Disciplinary Committee.

Players' Policies

- Play is governed by the playing rules of the North Dakota Amateur Hockey Association.
- Academic standards for a hockey player are the parent's/guardian's responsibility. JHB will respect a parent's decision. Being held out for academic reasons will not be held against the player.
- Coaches do the coaching. Players discuss with the coach but never argue with the coach. If a player feels he is being mistreated by a coach a Complaint Form should be filled out and given to the Board Representative immediately.
- When the whistle is blown during practice, play stops immediately and attention is directed toward the coach. Players do not take "one more shot" this wastes time for the entire team.
- Players are to leave the ice immediately after practice. Change quickly and remove all equipment from the locker room.
- Absolutely no floor hockey around the arena or in the locker rooms.
- Coaches have the right to bench players for unexcused practice/game tardiness or absences and/or for disciplinary reasons. Benching will be for a shift, period or game depending on the infraction and/or occurrence of offense.
- Coaches should be notified by the parent or guardian of the player, of practice/game absences prior to scheduled ice time.

Parents' Policies

- I promise to help my child enjoy the hockey experience within my personal constraints by being a respectful fan, providing transportation or whatever I am capable of doing.
- I will ask my child to treat other players, coaches, fans and officials with respect, regardless of race, sex or creed, or ability.
- I will provide support for coaches and officials working with my child to provide a positive and enjoyable experience for all.
- All team concerns that a parent has should be directed to the assigned Board Representative.
- Retaliation, reprisal, or any harassing behaviors directed at coaches or referees and/or any of their family members is prohibited.
- Get to know your team's Parent Manager. The Parent Manager will do his/her best to keep everyone informed.
- No parents are allowed in the locker room 20 minutes before the game and 10 minutes after the game unless directed by the Coach or Parent Manager.

Players' Code of Conduct

- I will follow all Jamestown Hockey, North Dakota Amateur Hockey Association and USA Hockey rules and regulations.
- I will be a team player and respect all others, especially other players, coaches and parents.

- I will be on time for all practices and games.
- I will not use tobacco, alcohol or drugs.
- I will not haze or mistreat any of my fellow teammates.
- I will not swear or use foul language of any kind.

NDAHA Parents' Code of Conduct

As you watch the game, please understand inappropriate/disruptive behavior is not allowed. This includes:

- The use of obscene or vulgar language towards players, coaches, and/or other fans
- Taunting of any players, coaches, officials or spectators
- Throwing of objects into the spectating areas, the players bench, score keeping and/or penalty box

If these rules are not followed, a mandatory 3 game suspension from team games will be enforced.

Additional punishment may be enforced by local governing body

Enjoy the game and remember:

- These are kids having fun.
- This is a game.
- Coaches are volunteers.
- Officials are human.

Discipline Policy

Statement of Policy and Intent

It is the policy of the Jamestown Hockey Booster Association that any individual participating in the activities of the Association, including, but not limited to, players, coaches and parents exhibit the qualities of good sportsmanship and civil behavior and abide by the Code of Conduct of the Association. It is the intent of the Association to provide a fair and impartial review procedure to determine whether members have been involved in misconduct while participating in activities USA Hockey or any other participating event. It is not the intent of this policy to constitute a complete and final list of infractions that may be deemed inappropriate by the JHB. This policy will merely be used as a guideline. All infractions, regardless of severity, will be reviewed by the disciplinary committee on a case by case basis. An individual is participating in sponsored activity if he or she is a spectator, a parent, a volunteer minor game official (time-keeper, scorekeeper, penalty box supervisor or other off-ice official), a player or coach on an Association team or in attendance at any event sponsored by the Association.

When it is found that a member has violated the Code of Conduct, the Association will discipline the individual in accordance with the procedures and penalties set forth in this policy and guideline.

JHB Association Discipline Committee

The Committee shall consist of any (2) members appointed by the JHB Board of Directors. These two committee members shall include member(s) of the JHB Board of Directors, member(s) of the JHB association or a combination of both.

In the event of an impasse in making a ruling and/or decision or in the case where one of the committee members has a child involved in a disciplinary proceeding, the President or their appointed delegate shall act as the mediator or second member of the discipline committee as appropriate. A member of the committee may request to abstain from any committee activity at any time by requesting the President to appoint an alternate. This request may be temporary or permanent. Members of the Committee serve at the discretion of the Executive Board and any member may be suspended or removed by the Executive Board for violations of the Code of Conduct or breach of responsibility associated with the duties of the committee.

Committee Duties

1. Review allegations of misconduct.
2. Determine if an individual has violated the Code of Conduct.
3. Issue penalties commensurate with the severity of the offense when determined that a violation has occurred.
4. Report to the Board regarding its activities.

*The Committee will meet as necessary during the scheduled season to carry out its duties.

*Both members of the Committee are required for quorum and are to be in attendance in order for a meeting to occur.

*The Committee reserves the right to review all misconducts and game suspension penalties to determine if additional disciplinary action is warranted and to assure games suspensions are appropriately served and documented.

*It is the goal of this committee to issue a ruling within (48) hours following a disciplinary hearing

Reporting Infractions

All members of the Jamestown Hockey Booster association are encouraged to report any behavior issues promptly before they are allowed to escalate further. The following guidelines have been established for reporting incidents of misconduct:

1. Parents should report issues to Head Coaches
2. Assistant Coaches should report issues to Head Coaches

3. Head Coaches should report issues to Parents, Coaching Director, and Association Board Representative.

(Note) If circumstances deem that a parent/guardian has opposition to reporting infractions to a Head Coach, then that parent/guardian should then bring their concern directly to the Association Board Representative.

Notice of Meeting

1. All persons requested to attend a discipline hearing will be given forty-eight (48) hours advance notice of a scheduled hearing
2. Notice of request to attend a discipline hearing will be arranged by the Jamestown Hockey Booster Board and may be communicated by telephone, letter, electronic or other suitable means. Confirmation of contact by recipient will be requested.
3. Should a participant be unable to attend a scheduled hearing, a written statement of fact may be submitted by the participant to the Discipline Committee prior to the hearing being held.
4. Minutes will be taken during a discipline hearing, and retained for the remainder of the player's time with the Jamestown Hockey Booster Board.
5. Results of the Executive Committee decision will be forwarded in writing to all parties within forty-eight (48) hours of the review.

24 Hour Rule

Coaches should not discuss a game, a game incident or a situation that occurred during the game that has provoked an adverse emotional response or created a hostile situation until at least 24 hours after the fact. A Member is not to approach a coach to discuss a game, a game incident or a situation that occurred during the game that has provoked an adverse emotional response or a hostile situation until at least 24 hours after the fact. Note to 24 Hour Rule Hockey is an emotional sport. The physical battles that players fight for control of the puck can spill on to the bench and stands and create strong reactions from coaches. This intense emotional aspect of hockey is one of the reasons it makes exciting entertainment. For parents, it is important to separate game emotions from the best interests of their child's sports development. For this reason, the Jamestown Hockey Booster Board has adopted the "24 Hour Rule". The intent of the rule is to move an emotional and confrontational discussion away from the presence of the players, and to allow the parties to "cool off", compose themselves and put the provoking incident or situation that occurred in the game in perspective before meeting to discuss it.

Penalties, Terms and Conditions

Verbal Warning - May result in Removal from the ice Parents will be made aware (verbal and email) when the verbal warning is issued Offenses include but are not limited to the following:

- Repetitive tardiness to practice due to horseplay in the locker room

- Horseplay or disruption on or off the ice
- Failure to follow instruction during practice

Written Warnings

After (3) verbal warnings have been issued, a written warning will be issued. A written warning is punishable by suspension for 1 game/practice up to but not exceeding 2 games/practices. Offenses include but are not limited to the following:

- Multiple “verbal warning” offenses
- Bullying/hazing directed at teammates on or off the ice
- Blatant disrespect for the coaching staff

Board Hearing

After (3) written warnings have been issued, disciplinary action may include suspension for at least 2 games/practices up to and including termination from JHB for the remainder of the current season.

Offenses include but are not limited to the following:

- Purposely attempting to injure a player on or off the ice
- Physical altercations with teammates or coaching staff on or off the ice
- Sexual contact toward any player, coach or parent

Any player receiving a Board Hearing may be issued a lifetime ban at the discretion of the Jamestown Hockey Booster Board.

Please complete the form below to file a written complaint. Return the completed form to Board Level Representative. Within ten business days of the receipt of the form, a meeting will be set-up with you, and members of the Discipline/Grievance Committee to address all concerns listed below.

Name of the person(s) about complaint: _____

- Date incident happened
- Where incident happened
- Who was involved?
- What happened?
- How were you treated differently from others (if at all)?
- What remedy/resolutions are you seeking?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Date: _____