

NYSAHA, Inc.
Game Times and Penalties

NYSAHA Tier I, II & III “Q” Games

12U, 13U, 14U

(3) Minute Warm Up

3 – 15 - minute stop time periods. **NO OVERTIME**

1.5 - minute minor penalty, 4 minutes Major and Match, 8 minutes misconducts.

15U, 16U & 18U

(5) Minute Warm Up

3 – 15 - minute stop time periods. **NO OVERTIME**

2 minutes minor penalty, 5 minutes Major and Match, 10 minutes misconducts.