

Colorado Girls Hockey Road Map

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Team Colorado Leadership

- Karen Rickard, Director and 19U Tier I Head Coach
 - Bowmanville, ON CANADA
 - University of Wisconsin, BS Agricultural Business Management
 - Ohio University, MBA & MSA (Master of Sports Administration)
 - USA Hockey Level 4 Coach
- Chris Lockrem, Program Skills Coach, 16U Tier I Head Coach
 - Cleveland, OH
 - 16U Tier II National Championship, 2021 with Lady Rough Riders
 - USA Hockey Level 5 Coach
- Ava Reynolds, Assistant Director and 14U Tier I Head Coach
 - Aurora, CO USA
 - Hyland Hills Jaguars, Colorado Select
 - Union College, BS Psychology
 - Professional hockey in Germany for the Eisbären Berlin
 - USA Hockey Level 4 Coach



Girls Hockey Pathway in Colorado

- New Users (Public Skate, Learn to Play, Mile High Mites, Rec Hockey)
- Recreational/In House Hockey
- Travel Hockey (WGHL, CGHL)
- High School Hockey (CPHL)
- Tier II National Tournament Bound Hockey
- Tier I National Tournament Bound Hockey
- TC Spring and Summer Opportunities



New Users – Welcome to Hockey!

- Public Skate with mom/dad/sibling/family member, birthday party, inline, etc.
- Learn to Skate Program w a rink or Association
- Learn to Play w a rink or association
- Mile High Mites
- Move in to 6U and 8U programming w an Association
 - Cross-ice jamborees, tons of skill development
 - Transition to full ice close to the end of 8U year



Travel Hockey, Recreational Hockey

- 10U, 12U
- AA, A, B (Coed vs. Girls Only)
- Travel Hockey vs. Rec Hockey
- RMHF - 10U Girls, 12U Girls
 - 10U - SOCO (2), Arvada, Arapahoe (2), Colorado 14ers, Hyland Hills, BHC
 - 12U - SOCO (2), Arvada, Arapahoe, Colorado 14ers, BHC (2), Hyland Hills, CSAHA



Girls Travel Hockey

- Some teams are Tier II National Tournament Bound and some are not
- Western Girls Hockey League (CO, AZ, CA, NM, ID, WY, WA, UT)
 - Colorado 14ers (12U, 14U, 15A, 16U, 19U)
 - Colorado Springs (14U, 16U)
 - Mountain Select (12U, 14U)
- National Girls Hockey League
 - Arapahoe Lady Warriors (14U)
 - Hyland Hills Lady Jaguars (14U)
 - Colorado 14ers (16U, 19U)
 - Lady Rough Riders (14U, 19U)
 - Mountain Select (19U)



Tier II National Tournament Bound Teams

- 14U Tier II NTB Teams
 - Colorado Springs Tigers, Arapahoe Lady Warriors, Highland Hills Jaguars, Mountain Select
 - Lady Rough Riders, Colorado 14ers
- 16U Tier II NTB Teams
 - Colorado 14ers, Hyland Hills, Mountain Select, Colorado Springs Tigers
- 19U Tier II NTB Teams
 - Colorado 14ers, Lady Rough Riders, Mountain Select



CPHL – Colorado Prep Hockey League

- High School based
- Currently runs season long as an alternative to Tier II Hockey
- Winner of the league competes for High School National Championship
- Goal is to eventually be CHSAA Sanctioned
- Programs
 - Cherry Creek Bruins
 - Castleview Sabercats
 - Monarch Coyotes
 - Chatfield Chargers
 - Cutthroats
 - Standley Lake Gators
 - Lady Tigers



Tier I National Tournament Bound Team

- Team Colorado (14U, 16U, 19U)



“The best part about Team Colorado is that it doesn’t belong to anyone. It is, it’s own thing, but at the same time, it’s everyone’s Tier I program”



Tier I National Tournament Bound Team

NAHA Labor Day Tournament 8/29 – 8/31, 2025 Boston, MA

Happy Gilmore Showcase 9/26 – 9/28, 2025 Cleveland, OH

Minnesota NIT Tournament 10/17 – 10/19, 2024 Minneapolis, MN

STL Gateway Showcase 11/7 – 11/9, 2025 St. Louis, MO

Dallas Weekend Series 11/22 – 11/23, 2025 Dallas, TX

Windy City Elite 12/5 – 12/7, 2025 Chicago, IL

ECW Holiday Invitational 12/27 – 12/30, 2024 Boston, MA

Arizona Home Series 1/10 - 1/11, 2026 Denver, CO

PIP Mountain Mayhem 1/16 – 1/18, 2025 Denver, CO

Motor City Girls Classic 2/6 – 2/8, 2026 Detroit, MI

JWHL Challenge Cup 2/13 – 2/16, 2026 Washington, DC

Rocky Mountain Districts 2/26 – 2/29, 2026 Denver, CO

USA Hockey Nationals 3/24 – 3/29, 2026 Amherst, NY



Tier I National Tournament Bound Team

- 4-5 on ice practices/week
- 2 off ice workouts/week
- 1-2 video sessions per week
- NCAA/ACHA Recruiting Support
- Mental Performance Support
- 50-55 games per season
- 72 NCAA or ACHA commitments
- 9 RMD Championships



The program's mission is "to provide opportunities for elite female hockey players to develop character, life and social skills through the vehicle of hockey to achieve success in college and build strong communities of their own in the future."



Tier I National Tournament Bound Team



Team Colorado Spring Program – 10s, 12s

- Spring Tryouts – TBD @ Family Sports Center/South Suburban Complex
 - \$100/Player
 - Full Schedule is on our website www.teamcohockey.com (under Programs)
 - 10AAA (2015s, 2016s), 12AAA (2013s, 2014s)
- Full Program Details
 - Two on ice practices/week (MONs or TUEs, and SAT/SUN)
 - Two off ice workouts/week (before practices)
 - Reversible jerseys and socks
 - “Finnesota Cup” – April 24th – 26th, 2026 in Minneapolis, MN
 - Professional Coaching and 19U Mentor Coaches (usually the favs!)
 - Price is TBD, but last years program fee was \$589 + travel fees



Team Colorado Main ID Camp

- No Tryouts, but will be capped at 40 players and 4–6 goaltenders
 - \$595/Player
 - 2012s - 2007s
 - Complete Program Details are listed on our website (<https://www.teamcohockey.com/>) under Programs
- Full Program Details
 - Two on ice practices/week (TUEs, and SAT/SUN)
 - Two off ice workouts/week (before practices)
 - Reversible jerseys and socks
 - No Tournament - just training!
 - Professional Coaching from our Tier I Staff



Team West College Prospects

- Competitive summer team program for top players in the west
- Run by leadership from TC, Dallas, and Anaheim
- Players from CO, NM, AZ, CA, MT, TX, etc.
- 2-3 events depending on birth year
 - Orion Cup May 14th - 17th, 2026 Calgary, AB CANADA (2014s, 2013s, 2012s)
 - ECW Summer Showcase June 25th - 28th Boston, MA (2010/2011s & 2008s/2009s)
 - Beantown Weekend One July 17th - 19th Boston, MA (2014s, 2013s, 2012s, 2011s)
 - Beantown Weekend Two July 24th - 26th Boston, MA (2009/2008, 2010s)



State and Rocky Mountain District Opportunities

- 2026 State Affiliate Camp March 13th - 15th @ Blue Sports Stable
 - 2013s - 2012s - 2011s - 2010s - 2009s
- 2026 RMD Player Evaluation Camp in Dallas, TX May 8 - 10
 - 2009 - 2011s (17s-16s-15s)
 - Children's Health Starcenter @ Farmers Branch
- 2026 Western Regional High Performance Girls Camp in SLC, UT
 - June 19th - 21st (2013s, 13Us)
- 2026 RMD High Performance Girls Camp in Henderson, NV
 - June 25th -28th (2012s, 14Us)



Team Colorado 2026 Main Tryouts

- May 1st – 3rd @ Family Sports Center
- 2013s – 2007s
 - 14U Tier I, 16U Tier I, 19U Tier I
- Registration and 2026 – 2027 Program Information Coming Soon!



Questions?

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