

**ASPEN JUNIOR HOCKEY
PLAYER/PARENT POLICY &
PROCEDURES**

Aspen Junior Hockey

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Dear Aspen Junior Hockey Players, Coaches, Managers, Parents, Volunteers, and Staff,

As we prepare for the 2026-2027 season, we want to extend our heartfelt thanks to all our volunteers, managers, and coaches for their unwavering support, which makes every season truly unforgettable.

Aspen Junior Hockey (AJH) has compiled the policies and procedures in this Handbook from our program and various associations across North America. While some content is derived directly from USA Hockey, we have created a living document that addresses the social issues and topics our players, parents, and families encounter daily.

In today's world of technology, social networking, and online opportunities, our youth athletes' personal lives can become an open book. Coaches, scouts, recruiters, college admissions offices, and future employers research how "potential prospects, recruits, and employees" use these tools. Furthermore, a single mistake can have serious legal implications for a young person and their family. Therefore, we aim to be proactive in addressing these challenges to protect Aspen Junior Hockey families and their members. Our goal is to educate and equip our players and families with the information they need to stay safe.

This season, families will be required to review this document. Players and parents must sign off to acknowledge their understanding of our policies and Aspen Junior Hockey's expectations. While some of these policies may not apply to every age group, this approach allows us to educate families as their athletes mature. We encourage you to discuss what you feel is appropriate with your athlete. We welcome any questions, comments, or suggestions, and we will continue to update these guidelines annually.

On behalf of AJH, we thank you for taking the time to carefully review, discuss, and support these policies with the athletes in your home.

Thank you for your dedication, time, and commitment to our program. Please refer to the information and table of contents below for further details.

Have a fantastic season!

Sincerely,

Aspen Junior Hockey

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ASPEN JUNIOR HOCKEY MISSION, VISION, & VALUES

- Through hockey, we develop strong character, perseverance, and passion for the game. Not only do we evolve as athletes, but we also work to build our youth to become contributing citizens in the community.
- To be a world-class hockey club serving to enhance our community and families with opportunities to play and grow from the game of hockey.
- RESPECT, DETERMINATION, COMMITMENT, PERSEVERANCE

ASPEN JUNIOR HOCKEY-PLAYING TIME EXPECTATIONS

PLAYING TIME: The coaches are committed to reasonable playing time for individuals based upon their age level, putting the safety of an athlete first, followed by their experience level, previous playing knowledge, practice attendance, and learning curve of a position/game throughout the season. It should not be given, and as we want all our players to succeed, we must continue to find opportunities to succeed with their abilities. The reality is that some athletes possess different skills, and we want to find ways for them to flourish in their own right. Each age group has modified expectations that change as our athletes develop and mature.

ASPEN JUNIOR HOCKEY DOUBLE ROSTER POLICY

Double roster players: Players are used to keeping teams at quality numbers, so we are not short on players on the bench. A double-rostered player is to play with his team, as agreed upon by the coach/director. When there is no conflict between the two groups, the player can play with another AJH team, pending the coach's discretion, allowing the double-roster player to get extra ice in their development.

In the meantime, if numbers allow, the coach/director will make decisions based on the team numbers and the development of all players. A double-roster player can get extra game time, so there will be times when coaches make decisions to allow our roster to be smaller, so the players who are not double-rostered can get their extra repetitions and game time.

AJH will work to make a clear decision on all players based on their specific overall hockey ability, allowing them to play for the team that fits that ability to maximize their development. It will give that player the best overall experience with Aspen Junior Hockey and create more clarity among athletes and parents. **Players will also be required to play their age unless the director/coaches deem otherwise. *A stronger rostered A player cannot play down to B; the coach/director will advise. *If your athlete makes Mountain Select, they must attend all AJH games and practices. *Players registered with Aspen Junior will not be eligible to participate in outside programs except for Mountain Select Tier II during the 26-27 season.*

Initial: _____

Date: _____

ASPEN JUNIOR HOCKEY GAME SUSPENSION POLICY

All game suspensions must be reported to the Aspen Junior Hockey Disciplinary Committee and the Executive Director. The Policy of AJH is that all game suspensions for a player and/or coaches must be served in the team's next scheduled game. Failure to serve a game suspension in the team's next scheduled game may be subject to review by the Disciplinary Committee. *Players who play Mountain Select will have suspensions carried across both programs.

ASPEN JUNIOR HOCKEY EQUIPMENT POLICY

The Policy of Aspen Junior Hockey is that all players comply with the USA Hockey Equipment Rules. It may include, but is not limited to, neck guards, mouthguards, helmets with cages, and earpieces. Players not correctly wearing USA Hockey-mandated equipment may be removed from the ice and only allowed back on the ice once properly wearing USA Hockey-mandated equipment. It may be subject to review by the Aspen Junior Hockey Disciplinary Committee.

- AJH Players must have a **Green or Black** Helmet
- AJH Players must have **Green or Black** Gloves
- AJH Players must have **Black pants or green AJH shells** for all games

ASPEN JUNIOR APPAREL EXPECTATIONS

- AJH Players are to wear Aspen Junior Hockey Apparel for all games (*Subject to change pending the coach's discretion). *Travel players are required to have an Aspen Junior Hockey tracksuit at a minimum.

ASPEN JUNIOR HOCKEY / USA HOCKEY SAFE SPORT POLICY

Aspen Junior Hockey and USA Hockey Policy is that every participant complies with the USA SafeSport Program. Violations of the AJH/ USA Hockey SafeSport Program may be subject to review by AJH's Disciplinary Committee, including but not limited to suspension, permanent suspension, and referral to law enforcement authorities.



About the Center

The Center's focus is to provide services in two areas – the administration of SafeSport Training and acting as an independent party to investigate and resolve allegations of sexual misconduct against any person within the jurisdiction of the national governing bodies, including USA Hockey.

As a member of the U.S. Olympic Committee, USA Hockey has agreed, effective with the beginning of the 2017-18 membership season on April 1, 2017, to adhere to the Center's policies and procedures, which includes the Center's SafeSport Code that identifies prohibited conduct and the guidelines for investigating and resolving allegations. The Center will have exclusive authority and jurisdiction to

investigate and resolve claims involving sexual misconduct against the following classes of persons ("Covered Individuals"):

1. Those persons registered with USA Hockey as Registered Participant Members (players and coaches), referees, and in the "Ice Manager/ Volunteer" category,
2. All persons serving as a member of USA Hockey's Board of Directors, on a national level council, committee, or section, or in any other similar positions appointed by USA Hockey,
3. All coaches, officials, or staff (e.g., trainers, physicians, equipment managers) for any USA Hockey team, camp, or national-level program,
4. All USA Hockey national staff, and
5. Any person elected or appointed by a USA Hockey Affiliate or Member Program to a position of authority over athletes or who has frequent contact with athletes.

USA Hockey will retain the authority to investigate and resolve allegations of SafeSport policies that are non-sexual in nature. In USA Hockey, all Covered Individuals over 18 must report suspected SafeSport violations related to or accompanying sexual misconduct to the Center for SafeSport. Information on writing to the Center can be found by clicking [here](#).

The Center will have the jurisdiction and authority to impose sanctions against Covered Individuals within USA Hockey (and other national governing bodies). USA Hockey will enforce any suspension, measures, or other sanctions throughout USA Hockey programs.

Members' coaches, Board Members, Directors, certain players, certain volunteers, and Officials shall complete SafeSport training annually and background screening every two seasons.

ASPEN JUNIOR HOCKEY ZERO-TOLERANCE POLICY

It is the Policy of Aspen Junior Hockey and USA Hockey for all players, coaches, team officials, team administrators, and parents/spectators to maintain a sportsmanlike atmosphere before, during, and after all USA Hockey-sanctioned games and practices. Inappropriate and disruptive behavior interferes with the game's play and with other spectators of the game. Inappropriate and disruptive behavior includes but is not limited to:

POLICIES

- Using any language that could be considered a racial slur.
- Taunting players, coaches, officials, or other spectators through baiting, ridiculing, and the threat of physical or physical violence.
- Throwing any object in the spectator's viewing area, player's bench, penalty box, or on the ice surface is directed in any manner to create a safety hazard.
- Disregarding or violating facility-imposed rules.

Violations of the Zero Tolerance Policy may be subject to review by the Aspen Junior Hockey Disciplinary Committee.

ASPEN JUNIOR HOCKEY POLICY ON BEHAVIOR DETRIMENTAL TO THE PROGRAM

All players, coaches, team officials, administrators, Board members, support staff, and parents/spectators associated with Aspen Junior Hockey should always assume that they represent the Aspen community and Aspen Junior Hockey. They must uphold and demonstrate discretion and respect in their actions and choices.

Additionally, the Policy of AJH refers to the Aspen Junior Hockey Disciplinary Committee any action of a player, coach, team official, administrator, parent, or support staff deemed detrimental to the AJH program. Examples include – but are not limited to – expulsion or suspension from school, criminal arrest, civil penalties, vandalism, theft, or fighting.

ASPEN JUNIOR HOCKEY PENALTIES, TERMS OF CONDITIONS FOR DISCIPLINARY ACTIONS:

The following penalties can be issued:

- A. **Level 1** written warning. Exemplary violations include, but are not limited to:
 - I. Using profane and/or vulgar language or behavior.
 - II. Verbal Warning

- B. **Level 2** includes a five-day suspension. Exemplary violations include, but are not limited to:
 - I. Inciting/encouraging others to engage in the above or below-listed, but not limited to, activities.
 - II. Pounding or climbing on the glass.
 - III. Throwing any objects onto the ice surface.

- C. **Level 3** up to 30 days of suspension. Additional infractions may lead to termination of membership. Exemplary violations include, but are not limited to:
 - I. Taunting any player, coach, official, corporation or league representative, arena personnel, spectator, or parent.
 - II. Defacing or damaging property belonging to any individual, team, Corporation, or arena.
 - III. Entering/Going on to the ice surface for any reason, unless directed by the coach or other official.
 - IV. Entering the bench area during a game without first being requested to do so by a coach of the team on the bench or for any unreasonable purpose as deemed by the Disciplinary Committee.
 - V. Throwing any object into the player's area, or at another individual.
 - VI. Any use of hate speech. Hate speech is defined as “Any form of expression

through which speakers intend to vilify, humiliate, or incite hatred against a group or a class of persons based on race, religion, skin color, sexual identity, gender identity, ethnicity, disability, or national origin.”

D. **Level 4** may result in termination of membership, indefinite suspension, or suspension up to 180 days. Exemplary violations include, but are not limited to:

- I. Threatening any player, coach, official, Association or league representative, arena personnel, spectator, or parent.
- II. Making physical contact with any player, coach, official, Association, or League representative, arena personnel, spectator, or parent with the intent to harass, annoy, alarm, or intimidate.
- III. Entering the locker room of any opposing team or obstructing their access or exit from said room or arena with the intent to harass, annoy, alarm, or intimidate.
- IV. Entering the locker room of any official or obstructing their access or exit from said room or arena with the intent to harass, annoy, alarm, or intimidate.
- V. Being involved with any activity that would warrant the summoning of the law enforcement officials.
- VI. Any finding of false accusations against a player, coach, or official.
- VII. Any other action reasonably determined to be serious.
- VIII. Any member receiving a Level 4 penalty must obtain approval from the Disciplinary Committee and Board of Directors before returning to involvement within the Association.

E. An action that does not rise to a documented time-related penalty requires no further action.

- I. Repeated verbal warnings can lead to an action.

F. A combination of multiple lower-level infractions may result in a higher-level disciplinary action. The Disciplinary Committee retains the right to make this determination.

G. The Disciplinary Committee may also issue a letter delineating the behavioral expectations of the involved Member. Failure to sign or abide by this agreement may result in the termination of membership.

***All major penalties and game suspensions are subject to review under the AJH Disciplinary Committee.**

ASPEN JUNIOR HOCKEY/USA HOCKEY PARTICIPANT CODE OF CONDUCT

Aspen Junior Hockey, along with USA Hockey Policies, requires that every participant comply with the USA Hockey Code of Conduct. The Participant Code of Conduct Violations may be subject to review by the Aspen Junior Hockey Disciplinary Committee.

AJH is fully committed to safeguarding the welfare of all players and members of the organization. It recognizes the responsibility it has to promote safe practices to protect players from abuse and misconduct. AJH has adopted clear guidelines and protocols to minimize the opportunity for child sexual abuse and to help staff, volunteers, and parents recognize inappropriate or undesirable behavior. These guidelines have been created in conjunction with the USA Hockey SafeSport program and are available to all members to review. AJH is committed to embracing differences and diversity and respecting the rights of all players and members, and will follow these guiding principles:

- The welfare of each player is the primary concern.
- The rights, dignity, and worth of all players should always be respected.
- All players, whatever their age, culture, disability, ability, gender, language, racial origin, socioeconomic status, religious belief, sexual identity, or skill level, have the right to protection from all forms of abuse or misconduct.
- AJH will work in partnership with parents, players, staff, and volunteers to promote the welfare, Health, and development of our players.

The AJH Player Code of Conduct is intended to serve the AJH mission, comply with the USA Hockey and CAHA SafeSport program, and outline the behavioral expectations for each participant. By signing this form, players agree to abide by the following policies and expectations:

- No swearing or abusive language at team functions, both at and away from the rink
- No drugs, alcohol, tobacco, vaping, or other illegal substances are allowed
- No bullying, hazing, harassment, fighting, locker boxing
- No video recording devices, including voice, still, video, or phone cameras, in locker rooms
- Cell phones must be off at all times in the locker room. Any calls or texts must be made outside of the locker room.
- No defacing/damaging/stealing property belonging to any individual or any No arguing or lashing out with official, regardless of the call. Coaches handle all officiating matters
- Any player who receives a penalty during play will skate directly to the penalty box
- Zero tolerance for fighting in the locker room, during practice, and games
- No posting pictures of other club members or players on social media sites without permission
- Participants will work hard to improve their skills and have fun
- Participants will learn the rules of the game and abide by these rules
- Participants understand that hockey is a team sport, and will respect and value all teammates
- Participants will treat coaches, parents, officials, opponents, and fans with dignity and respect

Infractions of the player code of conduct will result in disciplinary actions imposed by AJH, including but not limited to suspension and expulsion. Disciplinary measures may be imposed by the Hockey Director and Head Coach. Serious infractions will be referred to the AJH Disciplinary Committee, which provides due process for the accused, including the ability to request an appeal. I have read, understand, and will abide by the AJH player conduct agreement:

Player Name _____ Player Signature _____ Date _____
Parent(s) Signature _____ Date _____

Aspen Junior Hockey Parent Code of Conduct

Parents are the foundation of our Aspen Junior Hockey program. The AJH Parent Code of Conduct has been developed from the guidelines of USA Hockey and incorporates the mission and goals of Aspen Junior Hockey in order to enhance the sporting experience of our youth participants.

- AJH Mission: **Developing youth into young men and women with strong character through the sport of hockey**
- AJH Goals:
 1. **Players perform at their highest intellectual, physical and emotional capacity in the rink, and that performance positively impacts their character and life off the ice**
 2. **Coaches are widely reputed as being dedicated, aligned/consistent, skilled and effective in both technical hockey and youth character development**
 3. **AJH makes hockey in the valley welcoming, pervasive and accessible to all who have an interest in playing**

All parents of Aspen Junior Hockey are subject to and shall be guided by the following Parent Code of Conduct. Please read this carefully, as Aspen Junior Hockey expects the following from parents:

- Support your child's and other players' desire to participate in and play the sport of hockey. Promote good sportsmanship, and applaud all players' and coaches' efforts, both in winning and losing.
- Recognize, acknowledge and support the contribution and commitment of our volunteer coaches.
- Be a positive role model for players, coaches, officials, parents and spectators while attending practices and games.
- Never physically or verbally abuse or criticize any player, coach, official, arena personnel or spectator before, during, or after a game or practice.
- Help your child understand and abide by the AJH Player Code of Conduct.

The 24-Hour Parent/Coach Rule applies to all parents involved in Aspen Junior Hockey. **Parents may not approach coaches to voice complaints or displeasure with coaching actions or decisions either during or immediately following any game or practice.** Instead, parents must contact the Team Manager to arrange a meeting with the coach, which meeting shall take place at least 24 hours after the game or practice in question. At that meeting, all relevant questions and concerns will be addressed by the coach in an effort to resolve the issue. Unresolved matters may be brought to the attention of the Director of Hockey and/or the Governance Committee of Aspen Junior Hockey.

Parents in violation of this policy will be contacted by the AJH Disciplinary Committee, and may face sanctions including suspension of the right to attend practices, games, or any Aspen Junior Hockey event.

Finally, all parents are also subject to the USA Hockey Code of Conduct, including its Zero Tolerance Policy, and to all CAHA rules and regulations. Parents who fail to follow the Codes of Conduct described above will be subject to disciplinary consequences.

I have read and agree to all above policies and will abide by the parent code of conduct stated above for Aspen Junior Hockey.

Printed Name(s)

Signature(s)

Date

Parent(s) Signature _____ Date _____

ASPEN JUNIOR HOCKEY CONCUSSION POLICY

The Policy of AJH will comply with the USA Hockey Concussion Management Program and the CDC's Heads Up concussion awareness program. Please sign and date the Parent/Athlete form below.

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

1. If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
3. Remember: Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

STUDENT-ATHLETE NAME PRINTED

STUDENT-ATHLETE NAME SIGNED

DATE

PARENT OR GUARDIAN NAME PRINTED

PARENT OR GUARDIAN NAME SIGNED

DATE

ASPEN JUNIOR HOCKEY LOCKER ROOM CONDUCT POLICY

All players and others in the locker room must conduct themselves respectfully while participating in any AJH practice or game. Players must adhere to and follow this policy regarding conduct in and around the locker room.

1. Players may only be in a locker room if an adult they know is present, either in the locker room or close to the locker room, as a locker room monitor (SafeSport and background screened).
2. Players may only be in a locker room during assigned times.
3. Players and student-athletes must conduct themselves respectfully toward all other persons in the locker room. Players may NEVER be in a locker room alone with an adult.
4. Players may NEVER bring any electronic device into the locker room. Electronic devices include, but are not limited to, phones, tablets, laptops, cameras, video recorders, or any device capable of capturing images or sounds. If you have questions about whether a device is permitted in the locker room, ask your coach, team manager, or monitor in advance.
5. Players are forbidden from engaging in any activity, such as "locker boxing," which could result in emotional or physical harm to any person.
6. Players are strictly forbidden from engaging in any activity construed as physical abuse, sexual abuse, emotional abuse, bullying, threats, Harassment, or hazing in the locker room.
7. Players are not permitted to invite persons not part of the actual team or AJH program into the locker room. It would include, but is not limited to, family members and friends. The coach may grant exceptions for emergencies and other situations.
8. Conduct that violates any part of this policy must be reported confidently to the Head Coach, Assistant Coach, Team Manager, Locker Room Monitor, or any other adult associated with the program.

Failure of any Player to follow and adhere to this Locker Room policy will result in disciplinary action. This action could take many forms, including but not limited to a reprimand or warning, suspension from the team or program, or expulsion from the team or program. Any Player who misses time with a team or program due to being disciplined for failing to adhere to this policy will not be entitled to any refund of fees paid to participate in the program or on the team.

ASPEN JUNIOR HOCKEY LOCKER ROOM SUPERVISION POLICY

AJH and USA Hockey are concerned with locker room activities between minor players, adult players, adults being alone with individual minor players in locker rooms, and nonofficial or non-related adults having unsupervised access to minor participants at sanctioned team events. The AJH, USA Hockey Policy, is that at least one safe sport-certified and USA Hockey-registered responsible adult be present, directly monitoring the locker room. This person should be present during all team events to ensure that only participants (coaches and players), team personnel, and family members (pending circumstances) are approved. Any individual meeting with a minor participant and a coach in a locker room requires a responsible adult to be with the coach. Further, responsible adults must personally monitor the locker room environment. At the same time, participants are present and ensure the locker room is appropriately secured when minor participants are on the ice. All locker room monitors meet the AJH/USA Hockey background

screening requirements. Aspen Junior Hockey and USA Hockey are also concerned with the activity known as "Locker Boxing" (aka Helmet & Gloves), which produces head trauma in children and young adults. It is the Policy of AJH to prohibit "Locker Boxing." The Policy of AJH strongly encourages the non-possessing or use of cell phones, cameras, video cameras, or any recording device in the locker room.

ASPEN JUNIOR HOCKEY POLICY ON PERSONAL PROPERTY

When players or adults bring personal property to team activities or team functions, they do so at their own risk. They're responsible for safeguarding that property; personal property includes but is not limited to hockey equipment, cell phones, iPods, computers, tablets, or book bags.

It is the Policy of Aspen Junior Hockey for its members to respect the property of others. Defacing, destroying, or removing the property of others – including hockey equipment and sticks - violates this policy. Such incidents will be subject to the review of the Aspen Junior Hockey Disciplinary Committee.

ASPEN JUNIOR HOCKEY SEXUAL ABUSE POLICY

The Policy of Aspen Junior Hockey and USA Hockey is that there shall be no sexual abuse of any minor participant involved in any Aspen Junior Hockey program or event by an employee, volunteer, or independent contractor. Sexual abuse of a minor participant occurs when an Aspen Junior Hockey employee, volunteer, or independent contractor touches a minor participant to cause the sexual arousal or gratification of either the minor participant or the employee, volunteer, or independent contractor. Sexual abuse of a minor participant also occurs when a minor player touches an employee, volunteer, or independent contractor for the sexual arousal or sexual gratification of either the minor participant or the employee, volunteer, or independent contractor. Suppose the touching occurs at the request or with the employee's consent, volunteer, or independent contractor. Neither consent of the player to the sexual contact, mistake of the participant's age, nor the fact that the sexual contact did not occur at a hockey function is a defense to a complaint of sexual abuse. The violator will be permanently banned or suspended from Aspen Junior Hockey and USA Hockey programs and events upon proof of this policy's violation. Sexual contact between or among children can also be abusive if there is a significant disparity in age, development, or size, rendering the younger child incapable of giving informed consent if an aggressor or an imbalance of power and/or intellectual capabilities. The sexually abusive acts may include sexual penetration, sexual touching, or non-contact sexual acts such as exposure or voyeurism. Neither consent of the minor to the sexual contact, mistake of the participant's age, nor the fact that the sexual contact did not occur at a hockey function is a defense to a complaint of sexual abuse. Sexual abuse may also occur between adults and adults. Sexual abuse includes sexual interactions accomplished by non-consensual force or threat of force, coercion, or manipulation, regardless of the age of the participants. Sexual abuse may also include non-touching offenses, such as sexually harassing behaviors; an adult discussing their sex life with a minor; an adult asking a minor about their sex life; an adult requesting or sending nude or partial dress photos to a minor; exposing minors to pornographic material; sending juveniles sexually explicit electronic messages or

pictures (e.g., "sexting"; deliberately exposing a minor to sexual acts, or deliberately exposing a minor to inappropriate nudity.

Without limiting the above, any act or conduct described as sexual abuse, sexual misconduct, or child sexual abuse under applicable federal or state law constitutes sexual abuse under this policy.

Any Aspen Junior Hockey or USA Hockey member who engages in any act of sexual abuse and/or misconduct will automatically be reported to the U.S. Center for SafeSport and local law enforcement.

ASPEN JUNIOR HOCKEY POLICY ON SEXUALLY EXPLICIT MATERIALS

The Policy of Aspen Junior Hockey prohibits possessing, sharing, or distributing sexually explicit materials at any team activity or function. Violations will be subject to review by the Aspen Junior Hockey Disciplinary Committee and may be referred to the U.S. Center for SafeSport and local law enforcement.

ASPEN JUNIOR HOCKEY PHYSICAL ABUSE POLICY

Aspen Junior Hockey and USA Hockey policy that there shall be no physical abuse of any participant involved in any Aspen Junior Hockey program or event by any employee, volunteer, or independent contractor of Aspen Junior Hockey. Physical abuse means physical contact with a participant that intentionally causes the participant to sustain bodily harm or personal injury. Physical abuse also includes physical contact with a participant that purposefully creates a threat of immediate bodily harm or personal injury.

Physical abuse does not include physical contact reasonably designed to coach, teach, or demonstrate a hockey skill. Proper physical conduct may include, but is not necessarily limited to, shooting pucks at a goaltender, demonstrating checking and other hockey skills, and communicating with or directing participants during a game or practice by touching them in a non-threatening, non-sexual manner. Violations of this Policy will be subject to review by the Aspen Junior Hockey Disciplinary Committee and could result in referral to local law enforcement.

ASPEN JUNIOR HOCKEY SCREENING POLICY

The Policy of Aspen Junior Hockey and USA Hockey will not authorize or sanction in its programs any volunteer or employee who has direct routine access to children (anyone under the age of majority). They must complete a USA Hockey-authorized background check and SafeSport Certification.

A person may be disqualified and prohibited from serving as an employee or volunteer of Aspen Junior Hockey if the person has the following:

1. Been convicted (including crimes the record of which has been expunged and pleas of "no contest") of a crime of child abuse, sexual abuse of a minor, physical abuse, causing a child's death,

- neglect of a child, murder, manslaughter, felony assault, any assault against a minor, kidnapping, arson, criminal sexual conduct, prostitution-related crimes or controlled substance crimes.
2. Being adjudged liable for civil penalties or damages involving sexual or physical abuse of children.
 3. Being subject to any court order involving any sexual abuse or physical abuse, including but not limited to domestic violence or protection.
 4. Had their parental rights terminated.
 5. A history with another organization (volunteer, employment, etc.) of sexual or physical abuse complaints of minors.
 6. Resigned, terminated, or asked to resign from a position, whether paid or unpaid, due to complaint(s) of sexual or physical abuse of minors.
 7. Has a history of other behavior that indicates they may be dangerous to children in the Aspen Junior Hockey program.

ASPEN JUNIOR HOCKEY POLICY ON HAZING/BULLYING

For this policy, key definitions are as follows:

- *Hazing/Bullying: Conduct that is insulting, intimidating, threatening, humiliating, offensive, or physically harmful.*

Aspen Junior Hockey and USA Hockey Policy shall be no hazing or bullying of any participant involved in any AJH program by any employee, volunteer, participant, or independent contractor. Any player, team official, or volunteer of Aspen Junior Hockey who has been party to or known about any degrading hazing or initiation rite might be subject to immediate suspension pending review without reporting it or taking action against the Aspen Junior Hockey Disciplinary Committee. Persons directly involved in hazing or bullying will be referred to the Disciplinary Committee and may be referred to the U.S. Center for SafeSport and local law enforcement.

ASPEN JUNIOR HOCKEY POLICY ON HARASSMENT AND ABUSE

The Policy of Aspen Junior Hockey is that all players – both Aspen Junior Hockey players and their opponents - have the right to participate in a safe and healthy environment, promoting equal opportunities and prohibiting discriminatory practice. All forms of Harassment (physical, non-physical, and emotional) and abuse, including but not limited to taunts and slurs based on race, national or ethnic origin, color, religion, or sex, will not be tolerated and are entirely unacceptable under any circumstances. Such Harassment and abuse shall be subject to immediate suspension pending review by the Aspen Junior Hockey Disciplinary Committee.

ASPEN JUNIOR HOCKEY POLICY ON TOBACCO PRODUCTS

The Policy of Aspen Junior Hockey prohibits underage use of any tobacco product. Aspen Junior Hockey has also banned the use of all tobacco products, including chewing tobacco, at all Aspen Junior Hockey events in the presence of Aspen Junior Hockey players. Aspen Junior Hockey also prohibits the possession or use of electronic cigarettes (or any device used as a vaporizer) or e-liquid products (vapors) for use in what is known as vaping. It includes but is not limited to

practices, games, team events, and team travel to or from games. Violations may result in immediate suspension pending the review of the Aspen Junior Hockey Disciplinary Committee.

ASPEN JUNIOR HOCKEY POLICY ON DRUGS AND ALCOHOL

For this policy, key definitions are as follows:

- *Participants: Players, coaches, referees, and all persons involved in the conduct of a game or practice.*
- *Intoxicating beverages, including but not limited to alcohol.*
- *Non-prescription or non-prescribed controlled substances (whether controlled by Federal or state law).*
- *When used to excess in violation of doctors' orders or to produce a state of intoxication in the participant, prescriptions or controlled substances are used in excess of doctors' orders.*

The Policy of Aspen Junior Hockey prohibits the possession or use by any participant of mood-altering substances during active participation in Aspen Junior Hockey programs. Upon discovering any violation, it shall remove the participant from participation in its programs for a reasonable period. Aspen Junior Hockey is unequivocally opposed to student-athletes of banned and restricted substances and methods for performance enhancement. Violators shall be subject to immediate suspension pending review by the Disciplinary Committee.

ASPEN JUNIOR HOCKEY ONLINE SOCIAL NETWORKING POLICY

For this policy, key definitions are as follows:

- *Online social networking – an online service, platform, or site that allows users to share information, ideas, comments, events, or media (for example, photos, video, or music).*
- *Aspen Junior Hockey Membership - people directly involved in the organization's activities, including coaches, team managers, team support staff, office officials, billets, players, parents, volunteers, and administrative staff.*

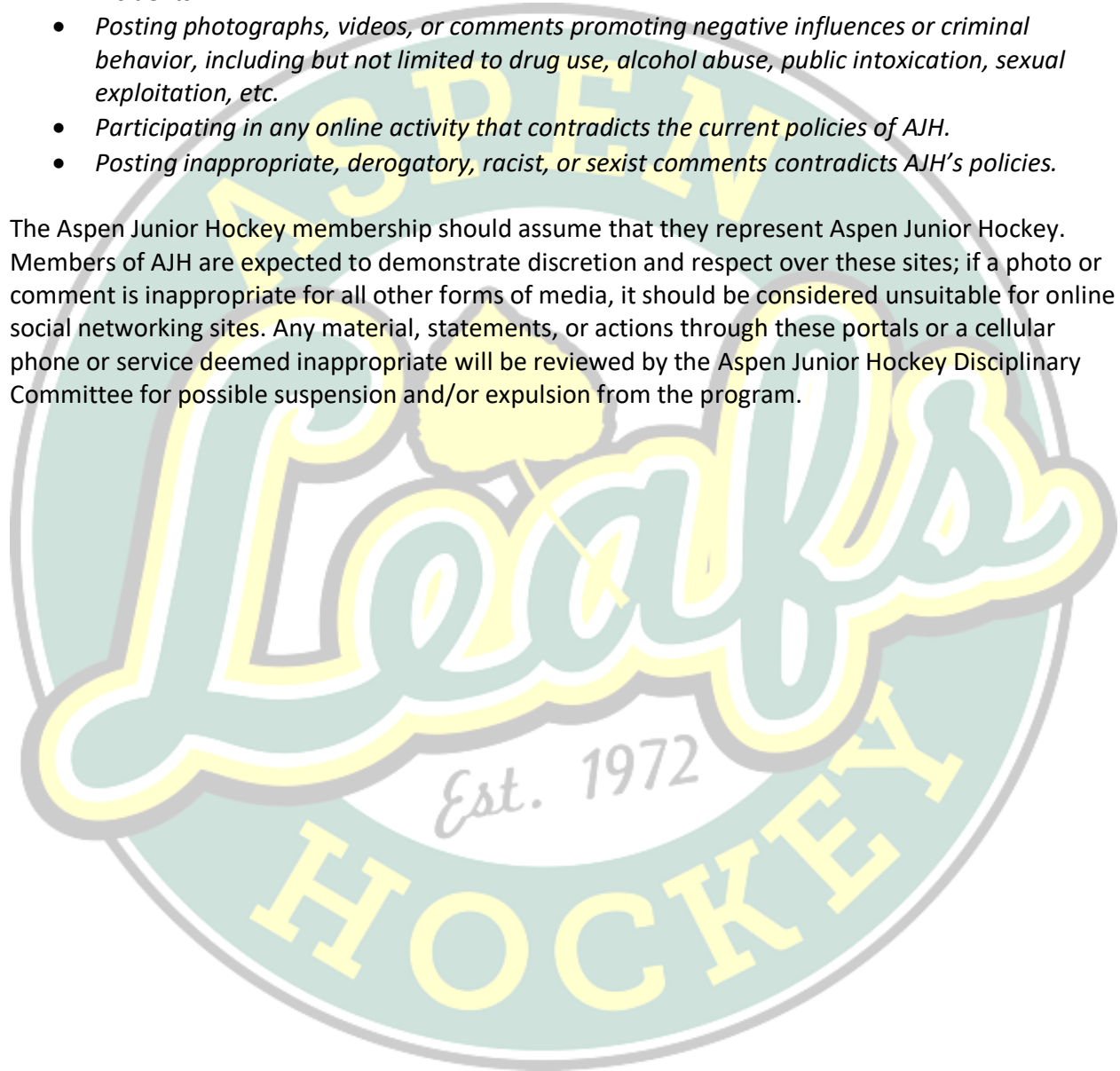
Aspen Junior Hockey understands and appreciates the importance of social networking related to its members' and stakeholders' personal and professional lives. This immediate and public forum provides unique opportunities for networking and promotion; however, it also provides an unsupervised medium for inappropriate conduct. This conduct may be deemed detrimental to the welfare of Aspen Junior Hockey and its membership. We want to hold its entire membership that participates in online social networking to the same standards as all forms of communication, including television, radio, and print.

These policies protect all parties from Harassment, stalking, inappropriate contact, or behavior. If an outside party requests to participate in an online network due to your affiliation or participation with Aspen Junior Hockey, Aspen Junior Hockey recommends that the request be declined.

The following are some examples of behavior in online social networking mediums that may result in disciplinary action by Aspen Junior Hockey at the discretion of the AJH Disciplinary Committee:

- *Posting or divulging confidential information includes but is not limited to members' personal information, contact information, medical conditions, injuries, and/or other sensitive matters pertinent to AJH and its membership.*
- *Posting negative or derogatory comments about Aspen Junior Hockey or competing programs' staff, programs, members, stakeholders, or program participants.*
- *Posting photographs, videos, or comments regarding fights, penalties, or other in-game incidents.*
- *Posting photographs, videos, or comments promoting negative influences or criminal behavior, including but not limited to drug use, alcohol abuse, public intoxication, sexual exploitation, etc.*
- *Participating in any online activity that contradicts the current policies of AJH.*
- *Posting inappropriate, derogatory, racist, or sexist comments contradicts AJH's policies.*

The Aspen Junior Hockey membership should assume that they represent Aspen Junior Hockey. Members of AJH are expected to demonstrate discretion and respect over these sites; if a photo or comment is inappropriate for all other forms of media, it should be considered unsuitable for online social networking sites. Any material, statements, or actions through these portals or a cellular phone or service deemed inappropriate will be reviewed by the Aspen Junior Hockey Disciplinary Committee for possible suspension and/or expulsion from the program.



AJH MEMBER VOLUNTEER HOURS REQUIREMENT & PROTOCOLS

All AJH travel teams

Three weekends of Fall Face-Off

All families are required to volunteer for **xxx** spots per assigned weekend.

This will be determined based on the number of teams participating.

Every travel team player/family must volunteer, even if they are not participating and/or are out of town during their team's weekend to play.

Required volunteer slots are per player.

Families with multiple children will be assigned shifts for each player.

Volunteers must be at least 16 years of age.

****Families will be charged a \$250 volunteer fee at the time of registration. When volunteer obligations have been met, families can have a refund, apply the amount to the next season, or donate to AJH.***

Volunteer slots/shifts:

Clock

GameSheet scoring

Information/hospitality

Each team playing covers the penalty box and is not considered part of this AJH member volunteer requirement for Fall Face-Off.

FFO example weekends:

Week 1 10A, 10B, 12A, 14A, and 14B

Week 2 16UA/AA, 14UAA, 12UAA, 12UB, 10UAA

Week 3 Girls 10U, 12U, 15U, 19U, and 18U/High School

**Each weekend is subject to change, age, and divisions, all TBD. All girls' TBD, pending interest.*

Families, your volunteer fees may be used if you do not fulfill the requirements for AJH to find a SUB. Anyone wanting to work as a SUB, please email admin@aspensjuniorhockey.com to be put on the SUB LIST.

We will email ALL THE DETAILS at the beginning of October.

All Travel team members are required to volunteer:

Girls 10U, 12U, 15U, 19U

Youth 10U, 12U, 14U

Please note that all travel team members will still need and are required to volunteer throughout the season for their team to cover shifts for league season and tournament play. Each team will collaboratively determine and fill those needs.

As we get closer to FFO event dates, we will promptly update families and provide you with sign-up information.

Thank you,

Aspen Junior Hockey



2026-27 SEASON AGE CLASSIFICATIONS

NEXT SEASON

USA Hockey Playing Season: September 1, 2026, through August 31, 2027

Co-ed YOUTH TEAMS

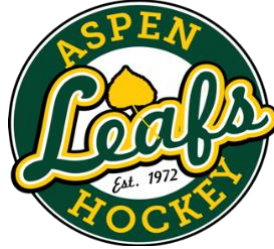
DATE OF BIRTH	AGE CATEGORY	AGE DIVISION
2008	18 YEARS	18 & Under (Midget)
2009	17 YEARS	18 & Under (Midget)
2010	16 YEARS	16 & Under (Midget)
2011	15 YEARS	16 & Under (Midget)
2012	14 YEARS	14 or Under (Bantam)
2013	13 YEARS	14 or Under (Bantam)
2014	12 YEARS	12 or Under (Pee Wee)
2015	11 YEARS	12 or Under (Pee Wee)
2016	10 YEARS	10 or Under (Squirt)
2017	9 YEARS	10 or Under (Squirt)
2018	8 YEARS	8 or Under (Mite)
2019	7 YEARS	7 or under (Mite)
2020	6 YEARS	6 or under (Mite)

No USAH registration fee for 2020 and younger (6 & under)

GIRLS & WOMEN'S TEAM

DATE OF BIRTH	AGE CATEGORY	AGE DIVISION
2007	19 YEARS	19 or under
2008	18 YEARS	19 or under
2009	17 YEARS	17 or under
2010	16 YEARS	16 or under
2011	15 YEARS	16 or under
2012	14 YEARS	14 or under
2013	13 YEARS	14 or under
2014	12 YEARS	12 or under
2015	11 YEARS	12 or under
2016	10 YEARS	10 or under
2017	9 YEARS	10 or under
2018	8 YEARS	8 or under
2019	7 YEARS	7 or under
2020	6 YEARS	6 or under

No USAH registration fee for 2020 and younger (6 & under)



Dear Teachers and School Administrators:

I write today on behalf of _____, to make you aware of his/her outstanding accomplishment. They were selected to participate in the Aspen Junior Hockey program this year. This is a special honor for this student-athlete and one I commend you for recognizing. The Aspen Junior Hockey, established in 1972, provides youth ice hockey to players in the Aspen community and beyond with our Tier II girls program.

Aspen Junior Hockey teams participate in leagues/tournaments throughout other states and our Mountain Region. We want you to know that we do everything to avoid scheduling conflicts that will require our players to miss school days. Player education is an essential priority for our program; therefore, our coaching and management staff will continually stress the importance of education to our teams and ensure they understand the demands of participating in our program and maintaining a high academic standard.

Unfortunately, because we live in the mountain region, there are unavoidable occasions when our teams need to travel to a distant city for a tournament. With this letter, we are requesting you excuse the abovementioned student from school on the following dates:

Tournament/City: _____ Date(s): _____

We strongly encourage player commitment to schoolwork, and our program has stringent academic guidelines. We commit to enforcing curfews during these long tournament weekends, support time for homework, and encourage reading and studying during idle time. The student will be fully responsible for completing all work missed in class, and we encourage our students to try and get ahead when appropriate. We don't seek any particular concession or lenience regarding school rules about absences. We hope you will appreciate the additional commitment of time and expense to the player. Their family is making to further develop them into happy, healthy, hard-working, balanced, disciplined, and exemplary young people.

We are proud that _____ is a member of our Aspen Junior hockey program and ask for your support regarding this level of extracurricular activity. Thank you for your time and commitment to academics for our young students/athletes.

Sincerely,

Harlan Pratt,
Executive Director, Aspen Junior Hockey
615-979-1581
director@aspenjuniorhockey.com

ASPEN JUNIOR HOCKEY USA T-1 TEAM ROSTERS

All Aspen Junior Hockey members are required to have a USA Hockey number to be eligible to participate in AJH events (practices, games, tournaments, etc.).

Player Registration

All CAHA members are required to abide by the following player policies/procedures. Additionally, members with 8U, 10U, and/or 12U players must abide by the ADM policies/procedures contained in Sections 7, 8, and/or 9.

1. All players must be properly registered with USA Hockey before participating in any established member's events, including tryouts, games, and camps held under the USA Hockey umbrella.
2. All players must be placed on a T-1 roster before the start of any game to include League, non-league, or tournament/jamboree games against an opponent from another association.
3. Players participating in internal play only must be claimed by the association, but do not need to be placed on a T-1 roster.
4. All players must have a permanent local residential address with their legal guardians

ASPEN JUNIOR HOCKEY WHISTLE BLOWER POLICY PER CAHA POLICIES

A. A whistleblower, as defined by this policy, is a CAHA member, volunteer, executive committee member, or board member of CAHA who reports an activity that he or she considers to be illegal or dishonest to one or more other parties specified in this policy. The whistleblower is not responsible for investigating the activity or for determining fault or corrective measures; appropriate management officials are charged with these responsibilities.

B. Examples of illegal or dishonest activities are violations of federal, state, or local laws; billing for services not performed or for goods not delivered; and other fraudulent financial reporting.

C. If a member or volunteer has knowledge of or a concern about illegal or dishonest, or fraudulent activity, the member or volunteer is to contact the CAHA Treasurer and President, who are responsible for investigation and coordinating corrective action. The member or volunteer must exercise sound judgment to avoid baseless allegations. A member or volunteer who intentionally files a false report of wrongdoing will be subject to discipline up to and including suspension.

D. Whistleblower protections are to cover two important areas: confidentiality and retaliation. Insofar as possible, the confidentiality of the whistleblower will be maintained. However, identity may have to be disclosed to conduct a thorough investigation, to comply with the law, and to provide accused individuals with their legal rights of defense. There shall be no retaliation against a whistleblower. This includes but is not limited to, protection from retaliation in the form of an adverse action such as suspension, fines, or threats of physical harm. Any whistleblower who believes he or she is being retaliated against must contact the CAHA Treasurer and President immediately. The right of the whistleblower for protection against retaliation does not include immunity for any personal wrongdoing that is alleged and investigated.

E. Members or volunteers with any questions regarding this policy should contact the CAHA President.

ASPEN JUNIOR HOCKEY DISPUTE RESOLUTION POLICY

In the event that any member of Aspen Junior Hockey has claims, demands, or disputes that impact ice hockey, members of AJH, or members of USA Hockey, the following procedures shall be set forth. For disciplinary procedures, on-ice penalties, suspensions, etc., shall follow CAHA bylaws (Section 10 – Disciplinary Actions, Hearings & Appeals).

1. Members who have disputes will refer to the 24-hour policy (non-SafeSport related) on page 15 of the AJH handbook, the code of conduct. If the dispute is outside of on-ice hockey, members shall refer to step 5.
2. Members will contact the team managers with their claims, demands, or disputes
3. Managers will notify the coaches
4. Coaches will begin the process of rectifying the dispute between said parties
5. If the claim or dispute is a direct interaction between AJH/USA Hockey members not on-ice, it will be brought directly to the Executive Director and the governing AJH disciplinary committee
6. The Executive Director, along with the disciplinary committee, will review the claims, demands, and disputes. If a resolution cannot be reached in a timely manner, the committee will notify the AJH Board President to set a meeting convenient for all parties
7. If a further process is needed, AJH will seek outside counsel to bring all claims, demands, and disputes to a conclusion

ASPEN JUNIOR HOCKEY (AJH) POLICY ON TERMINATION OF MEMBERSHIP:

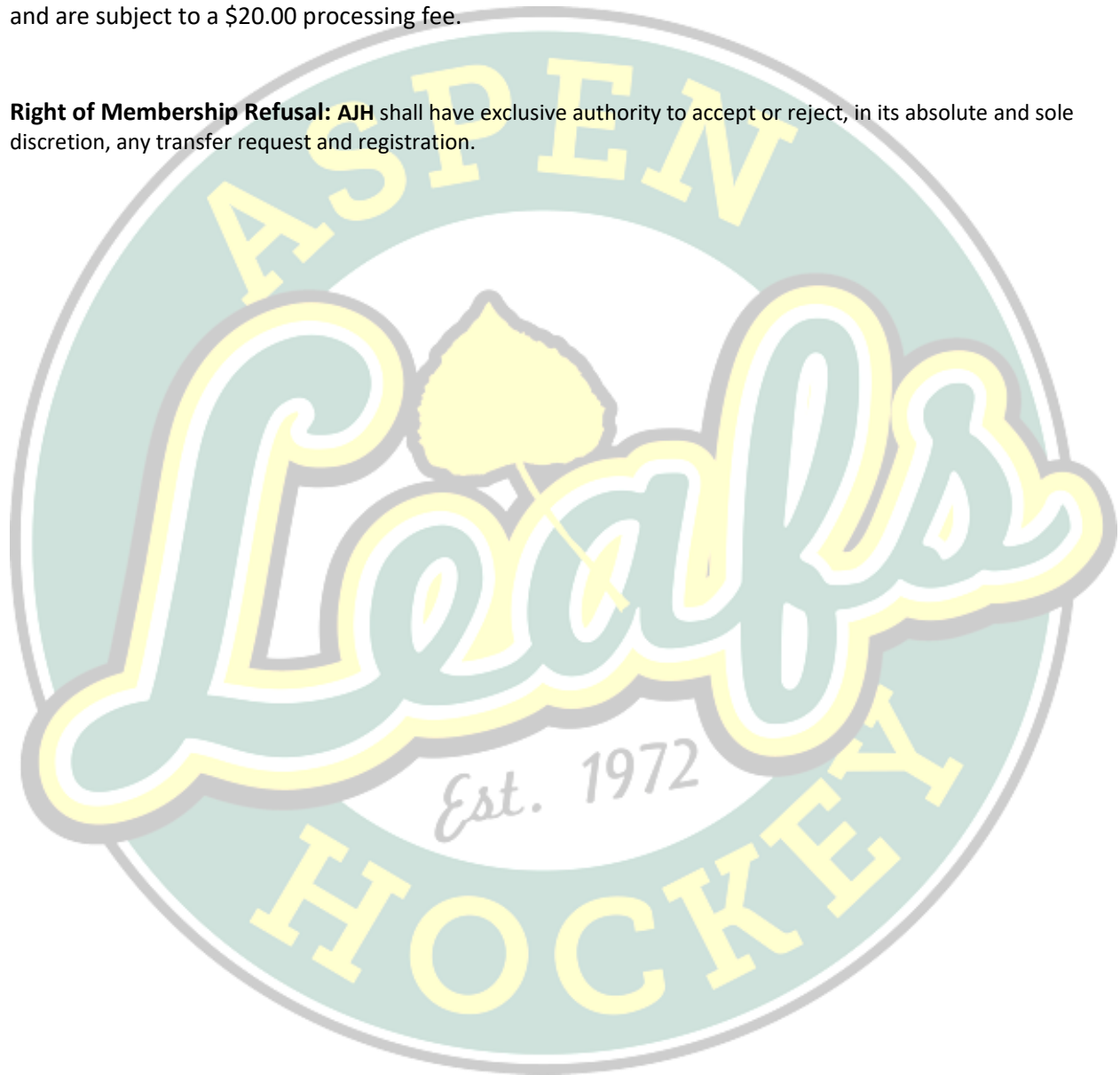
Any member whom the Board of Directors finds to be not in good standing shall have his or her membership terminated upon a quorum majority vote by the Board of Directors. The term “not in good standing” shall include, but is not limited to:

- a. One who fails to adhere to the bylaws and/or policies of Aspen Junior Hockey.
- b. One who fails to adhere to the Aspen Junior Hockey Code of Conduct.
- c. One who is determined to be a detriment to the objectives, purposes, goals, or philosophy of AJH Hockey.
- d. One whose conduct is unbecoming of a member of Aspen Junior Hockey or whose removal would be in the interest of the organization or the overall welfare of the player members of AJH.
- e. Any person convicted of any crime against a child; any person convicted of a sexual crime against any person; any person who has lost their coaching certification or has been banned from participation or presence at any youth sporting event by any governing body for youth sports in Colorado or any other state. Prior to any vote by the Board, the member in question must be given notice in writing of the intent to terminate membership. In addition, the member has the right to be heard at a regularly scheduled board meeting. Reinstatement of any members who have been previously terminated requires a quorum majority vote of the Board of Directors.

ASPEN JUNIOR HOCKEY REFUND & RIGHT OF MEMBERSHIP REFUSAL POLICY

Refund Policy: Refunds may be made to players leaving AJH before or during the season based on a weekly proration. The AJH board will only consider the following reasons: a severe medical condition, verified by a doctor, that precludes the player from continuing or returning to the season; a season-ending injury before January 1 of the current season; or a family moving out of the Aspen area. All requests must be submitted in writing to the AJH Board of Directors by February 1 of the current season and are subject to a \$20.00 processing fee.

Right of Membership Refusal: AJH shall have exclusive authority to accept or reject, in its absolute and sole discretion, any transfer request and registration.



ASPEN JUNIOR HOCKEY/WCHL/CAHA RELEASE & TRANSFER POLICY (Per WCHL & CAHA)

WCHL PLAYER TRANSFER FORM

Per Western Colorado Hockey League (WCHL) Policies and Procedures, any player transferring from one Association to another Association or Team is required to obtain a Financial Release letter signed by the Association or Director from which the player was a member the previous season or from which the player is currently a member. The Financial Release letter must be presented to the Association Registrar, where the player is requesting the transfer. The letter must reflect that the player is in good financial standing with the Association or Team from where the player is requesting the transfer. All player transfers from one Association or Team to another Association or Team must additionally comply with individual League rules. The request must also state why this player is seeking the transfer and be signed off by both (current and new) Association directors. All submissions are subject to approval. This form may be used instead of a letter to meet the Financial Release requirement before transferring a player from one Association or Independent Team to another.

Player Name: _____
Address: _____
Phone Number: (____) _____
Old Association/Team _____
Player/Parent Guardian Signature _____ Date: _____
Current Association Director Signature: _____ Date: _____
New Association Director Signature: _____ Date: _____

Please check one or the other: Does your current association have your player's specific age-appropriate team? Yes (____) or No (____) Reason for leaving the team?

New Association/Team _____

This Financial Release identifies the subject player as in good financial standing with the Old Association/Team and authorizes the subject player to transfer to the New Association/Team. This Financial release is issued under the Bylaws, Rules, Regulations, and Guidelines of the Western Colorado Hockey League (WCHL).

Authorized Representative: _____ (Printed Name) Authorized
Signature: _____

Title/Position: _____

CAHA PLAYER TRANSFER FORM

Per Colorado Amateur Hockey Association (CAHA) Policies and Procedures, any player transferring from one Association to another Association or Team is required to obtain a Financial Release letter signed by the Association or Team President from which the player was a member the previous season or from which the player is currently a member. The Financial Release letter must be presented to the Association Registrar where the player is requesting the transfer. The letter must reflect that the player is in good financial standing with the Association or Team from where the player is requesting the transfer. All player transfers from one Association or Team to another Association or Team must additionally be in compliance with individual League rules. This form may be used in place of a letter to meet the Financial Release requirement prior to transferring a player from one Association or Independent Team to another.

Players Name: _____ (Last, First, MI)

Address: _____

Phone number: _____ (Include Area Code)

Old Association/Team _____

New Association/Team _____

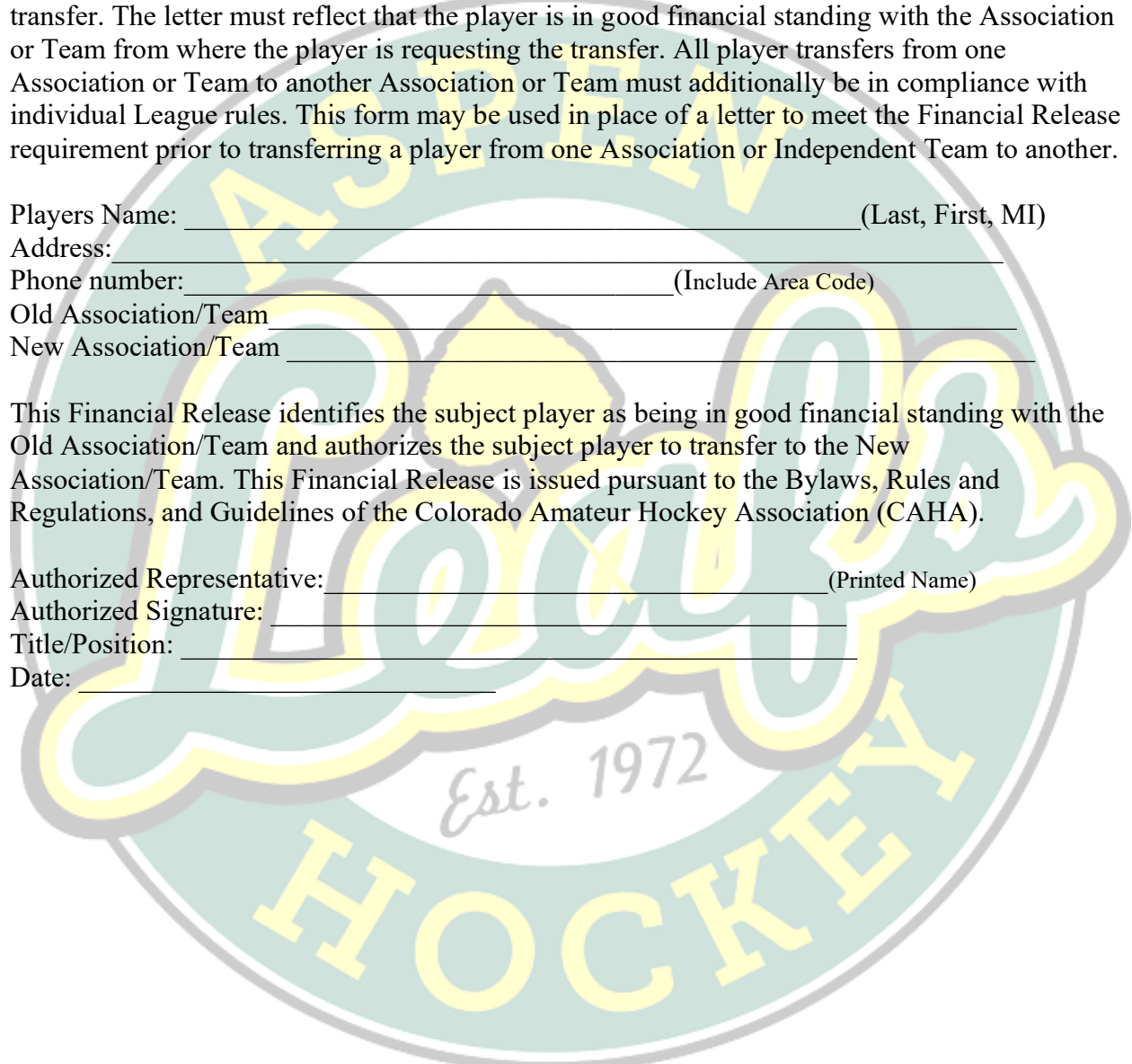
This Financial Release identifies the subject player as being in good financial standing with the Old Association/Team and authorizes the subject player to transfer to the New Association/Team. This Financial Release is issued pursuant to the Bylaws, Rules and Regulations, and Guidelines of the Colorado Amateur Hockey Association (CAHA).

Authorized Representative: _____ (Printed Name)

Authorized Signature: _____

Title/Position: _____

Date: _____





AJH STUDENT-ATHLETE & PARENT RECEIPT OF COMMITMENT

By signing and acknowledging the above AJH Policies and Procedures Handbook, you are committing to the Aspen Junior Hockey program and agreeing to abide by all the aforementioned procedures.

Please complete and return it to the Team Manager.

*I have received the 2026-2027 Aspen Junior Hockey Policy Handbook.
I have read and understood the information in this booklet.*

Parent/Guardian Signature _____

Date _____

Parent/Guardian Signature _____

Date _____

Student-Athlete Signature _____

Date _____