



SOLID STATE PREP LEAGUE



Program Overview

The Solid State Prep League (SSPL) was founded in 2025 to address the lack of development-first summer hockey leagues for high school and prep school players in Central Massachusetts. Until then, players had only casual summer leagues or weekend tournaments available. The SSPL was created to fill that gap by providing a competitive environment focused on helping players advance their skills throughout the offseason. In 2026, an all-girls division was introduced, offering the same high-level development opportunities.

League Consists Of:

Fast-paced 4v4 game format with minimal whistles & jailbreak penalty shots

- Weekly team practices led by guest coaches
- Weekly skills skates with SSH staff
- Practice & game jerseys included
- Full stat tracking throughout the season
- Complete media coverage all summer long

This is not a casual summer league. Entry is INVITE ONLY*





Devin Mehta

"Playing in the Prep League was definitely one of my favorite experiences throughout my hockey career. One of the best parts was getting coached by junior and college level coaches because it gave me a better understanding of the pace and expectations at the next level. I also enjoyed meeting other players who share similar goals, which allowed me to build new connections. The Solid State Prep League was a major step in my development as a goalie because it put me in game situations I hadn't experienced before. Facing 25+ shots a game, with many of them being high danger scoring chances, helped build my confidence and made me feel well prepared for the upcoming season."

—Devin Mehta



Cody Penniman

"I'd say the amount of puck touches you get at practice was a good way to get ready for season as well as the ability to be creative in games with the extra space playing 4 on 4."

—Cody Penniman



Noah Sampson

"My favorite things of solid state hockey were definitely the atmosphere during the practices which lead to the intensity during the games. I also enjoyed getting to know all the guys from different areas. The practices definitely helped me become a better player with the competitive drills playing a factor. This league also gives you visibility throughout all of the options for your next step."

—Noah Sampson





INQUIRE TODAY

SOLID STATE PREP LEAGUE (SSPL)

LEAGUE ADVANCEMENTS



**THINK YOU HAVE WHAT IT TAKES?
INQUIRE TODAY AT SOLIDSTATEHOCKEY.COM**

THE SOLID STATE SUMMER PREP LEAGUE (SSPL) IS TO PROVIDE A PREMIER COMPETITIVE PLATFORM FOR U19 HOCKEY PLAYERS IN CENTRAL MASSACHUSETTS. OUR GOAL IS TO FOSTER THE GROWTH AND DEVELOPMENT OF ELITE PLAYERS WHILE EXPOSING THEM TO SOME OF THE REGION'S TOP COACHES AND SCOUTS. THROUGH THIS EXPERIENCE, PLAYERS WILL GAIN INVALUABLE INSIGHTS, HELPING THEM NAVIGATE THE NEXT STEPS IN THEIR HOCKEY JOURNEY.