

	Blocker	Blocker	Glove	Glove	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

	Blocker Low	Blocker High	Glove High	Glove Low	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

	Blocker	Blocker	Glove	Glove	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

	Blocker	Blocker	Glove	Glove	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

	Blocker Low	Blocker High	Glove High	Glove Low	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

	Blocker Low	Blocker High	Glove High	Glove Low	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

	Blocker Low	Blocker High	Glove High	Glove Low	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

	Blocker	Blocker	Glove	Glove	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

	Blocker Low	Blocker High	Glove High	Glove Low	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

	Blocker Low	Blocker High	Glove High	Glove Low	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25



	Blocker Low	Blocker High	Glove High	Glove Low	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

	Blocker Low	Blocker High	Glove High	Glove Low	5Hole
Forehand	25	25	25	25	25
Backhand	25	25	25	25	25

Players Name : _____

Players Level: Mite 1&2 / Mite 3&4 / Squirt / PeeWee & Bantam

Parents Name : _____

Parents Signature : _____

Picture of Player's

Shooting Set up emailed

To EMAIL Address



Initial and date each cell after completing the shots taken.
If all cells are initial and dated you will have completed 3,000 total shots.
Fill in the number of shots taken in the box to the right

Total Shots	Forehand	
	Backhand	