



ST. LOUIS ROCKETS

PLAYER CODE OF CONDUCT

Playing for the St. Louis Rockets is a privilege. When you play for the Rockets, you represent your teammates, coaches, family, and organization. These rules apply at **games, practices, tournaments, travel, hotels, restaurants, locker rooms, team events, social media, group chats, and other Rockets activities**. Every player is expected to know these rules, follow them, and take responsibility for their choices.

1. RESPECT PEOPLE & THE GAME

- **Respect** teammates, coaches, opponents, officials, rink staff, and others.
- **Listen** to coaches and follow team rules.
- **Play fairly and safely** and show good sportsmanship.
- **Be a good teammate** and treat people fairly, including people who are different from you.
- **Do not bully, threaten, harass, embarrass, humiliate, discriminate against, or retaliate** against another person.

2. RESPECT YOUR COACHES

- **Listen** when coaches are speaking and follow their directions.
- **Give your best effort** and accept coaching, even when you disagree.
- **Respect officials** and their decisions.
- Understand that coaches make decisions about **positions, lines, playing time, and team matters**.

3. RESPECT EVERY RINK

- **Follow** the rules of every rink and facility we visit.
- **Respect** employees and other guests.
- **Take care** of the building and equipment.
- **Clean up** your trash and belongings. Leave the locker room as clean as—or cleaner than—you found it.
- **Do not** damage property, throw equipment, shoot pucks where not allowed, or take/damage someone else's belongings.
- **Stay out** of areas that are off-limits.

4. BE RESPONSIBLE ONLINE

- The Rockets Code applies to **social media, texts, group chats, email, apps, gaming platforms, photos, videos, and other online communication**.
- **Do not** bully, threaten, harass, humiliate, spread rumors, share inappropriate content, target or exclude another player, or retaliate online.
- **Do not share** private information, pictures, or messages about someone without permission.
- **ZERO TOLERANCE:** Online behavior that harms or targets another player is not excused because it happened outside the rink or was called "just a joke."
- **Speak up** and tell a coach, manager, parent, or trusted adult when something is unsafe, wrong, or harmful.

5. TAKE RESPONSIBILITY

- **Take responsibility** for your words and actions.
- **Tell the truth** and make an effort to fix problems you have caused.
- **Ask for help** when you need it.
- Remember that **your choices affect your teammates and your team**.
- Represent the Rockets with pride **on and off the ice**.

6. ACTIONS HAVE CONSEQUENCES

- The Rockets want players to **learn from mistakes**, but breaking the Code can have consequences.
- Depending on the situation: **Coaching • Parent/Guardian Involvement • Warning • Corrective Action • Loss of Privileges • Suspension • Rockets Leadership • USA Hockey/Missouri Hockey/SafeSport referral**.
- **Serious or repeated violations** may result in removal from Rockets activities or the Rockets program.

ZERO TOLERANCE

Bullying, threats, harassment, humiliation, discrimination, retaliation, or targeted behavior are not acceptable — **whether they happen in person or online.**

MY ROCKETS PROMISE

I will work hard. I will play fair. I will respect others. I will be a good teammate. I will make good choices online and in person.
I will take responsibility for my actions. I will speak up when something isn't right. I will represent the Rockets with pride.