



**2025-2026 Texas Jr. Stars Tryout Process**

**All tryouts at The Crossover**

**Tryout and Training Camp dates: June 7-13 2025**

**Meet the Coaches Skates:**

10u: June 2nd 5:00pm-6:00pm. Gold

12u: June 2nd 6:15pm-7:15pm. Gold

14u: June 2nd 7:30pm-8:30pm. Gold

16u: June 2nd 7:45pm-8:45pm. Silver

18u: June 3rd 7:15pm-8:15pm. Gold

**Tryout Session Format:**

3-5 off-ice evaluators per session including the Head Coach for each age group.

2-3 on-ice coaches running predetermined drills.

20-minutes of skills/drills and 55-minutes of scrimmage per day.

1 off-ice training per day see below for requirements:

Day 1 - Players need running shoes, athletic clothing, water bottles.

Focus: Speed Agility Conditioning

Day 2- Players need running shoes, athletic clothing, water bottles, hockey gloves

Focus: Conditioning Test

**Training Camp June 9-13th:**

Players invited to training camp will attend the following sessions:

**Closed Tryouts:**

Only participants, coach/evaluators, AMHA board members, and any other approved volunteers are allowed beyond the rink lobby for all sessions. No parents or family members are allowed to watch any session of

tryouts. 10u parents will be allowed to help their players tie skates in the front lobby and then must immediately leave. We believe that players do better when they are in an environment without outside distractions.

10u/12u/14u/16u players may be broken into groups and assigned a specific time slot to attend if necessary. Players will be notified the week of tryouts which group they are in.

#### **Check-in Process:**

**Players should check-in one hour prior to their on-ice time.**

All players will be assigned a jersey when they check in at their first session. This is their jersey to keep during and after tryouts. They need to use the same jersey for each tryout session, so make sure you bring it with you to every tryout session.

#### **Selection and Registration Process for 10U, 12U, 14U, 16U, 18U:**

Upon conclusion of the Sunday June 8 sessions, evaluators will trim down the players at each age group into 1 final group that will be invited back for the Training Camp Skates June 9-13th. Results will be posted on the website and an email will be sent to all participants about their status. Alternate players may be asked to participate in the Training Camp.

Team rosters will be posted within 2 hours of the final ice time for their age group and players will be notified via email.

Following the final ice time, players invited to the training camp will be expected to register and pay the season dues **WITHIN 24 HOURS** using the link sent with the email. Otherwise, we will offer the spot to another player. Payment plans are available.

Training Camp will take place June 9<sup>th</sup>-13<sup>th</sup> in the evening. It will entail off-ice and on-ice sessions to further help the coaches place players on the appropriate roster for the 2025-26 season.

#### **For those 10u/12u/14u players who did not receive an invitation to training camp:**

If a player does not get invited to the training camp, they automatically get first choice on the Ice Bats tournament team for their specified age group.

#### **Tryout Session days/times:**

##### **10u:**

- Saturday, June 7:
  - Check-in: 7:15 am
  - TJS Director Meeting with Parents: 8:00 am
  - On-ice: 8:15 am-9:30 am
  - Dryland/Warm Up: 10:00 am-10:30 am (Players need running shoes, athletic clothing, water bottles)
  - On-ice: 2:15 pm-3:30 pm
- Sunday, June 8:
  - Check-in: 8:30 am
  - On-ice: 9:45 am-11:00 am
  - Dryland/Warm Up: 8:45-9:15 am (running shoes, athletic clothing, water bottles, hockey gloves)

##### **12u:**

- Saturday, June 7:

- Check-in: 8:30 am
- On-ice: 9:45 am-11:00 am
- Dryland: 8:45 am-9:15 am (Players need running shoes, athletic clothing, water bottles)
- Check-in: 2:45 pm
- On-ice: 3:45 pm-5:00 pm
- TJS Director Meeting with Parents: 3:45 pm
- Sunday, June 8:
  - Check-in: 10:00 am
  - On-ice: 11:15 am-12:30 pm
  - Dryland: 10:15 am-10:45 am (running shoes, athletic clothing, water bottles, hockey gloves)

#### **14u:**

- Saturday, June 7:
  - Check-in: 9:45 am
  - TJS Director Meeting with Parents: 10:00 am
  - On-ice: 11:15 am-12:30 pm
  - Dryland: 10:15 am-10:45 am (Players need running shoes, athletic clothing, water bottles)
  - Check-in: 4:15 pm
  - On-ice: 5:15 pm - 6:30 pm
- Sunday, June 8:
  - Check-in: 11:30 am
  - On-ice: 12:45 pm-2:00 pm
  - Dryland: 11:45 am-12:15 am (running shoes, athletic clothing, water bottles, hockey gloves)

#### **16u:**

- Saturday, June 7:
  - Check-in: 11:30 am
  - TJS Director Meeting with Parents: 11:45 am
  - On-ice: 12:45 pm-2:00 pm
  - Dryland: 11:45 am-12:15 pm (Players need running shoes, athletic clothing, water bottles)
  - Check-in: 5:45 pm
  - On-ice: 6:45 pm-8:00 pm
- Sunday, June 9:
  - Check-in: 7:30 am
  - On-ice: 8:30 am-9:45 am
  - Dryland: 10:15 am-10:45 am (running shoes, athletic clothing, water bottles, hockey gloves)

#### **18u:**

- Saturday, June 7:
  - Check-in: 5:15 pm
  - TJS Director Meeting with Parents: 5:30 pm
  - On-ice: 6:30 pm-7:45 pm
  - Dryland: 5:30 pm-6:00 pm (Players need running shoes, athletic clothing, water bottles)
- Sunday, June 8:
  - Check-in: 8:45 am
  - On-ice: 10:00 am-11:15 am
  - Dryland: 9:00 am-9:30 am (running shoes, athletic clothing, water bottles, hockey gloves)

## **Training Camp June 9-13th:**

### **10u:**

- Monday, June 9:
  - Check-in: 5:15 pm
  - On-ice: 5:45-6:45 pm
- Wednesday, June 11:
  - Check-in: 5:45 pm
  - On-ice: 6:15-7:15 pm

### **12u:**

- Monday, June 9:
  - Check-in: 6:30 pm
  - On-ice: 7:00 pm
- Wednesday, June 11:
  - Check-in: 6:45 pm
  - On-ice: 7:15-8:15 pm

### **14u:**

- Tuesday, June 10:
  - Check-in: 5:30 pm
  - On-ice: 6:00 pm
- Friday, June 13:
  - Check-in: 5:30 pm
  - On-ice: 6:00 pm

### **16u:**

- Tuesday, June 10:
  - Check-in: 6:45 pm
  - On-ice: 7:15 pm
- Friday, June 13:
  - Check-in: 6:45 pm
  - On-ice: 7:15 pm

### **18u:**

- Monday, June 9:
  - Check-in: 7:15 pm
  - On-ice: 7:45 pm
- Thursday, June 12:
  - Check-in: 6:45 pm
  - On-ice: 7:15 pm