



**AUSTIN METRO HOCKEY
ASSOCIATION**

Presents

**Austin Capitals Intercity
League Info 2026-27**



Details in this deck as up to date as possible, changes may happen based on registrations and Ice Availability.



MEET THE AMHA HOCKEY DIRECTORS



Angie Vaught
Intercity Hockey
Director



Jay Manojlovich
Tournament Team
Hockey Director



Adam Powell
Travel Hockey
Director



Jason Pierce
AMHA Skills Hockey
Director

WWW.AUSTINMETROHOCKEY.ORG



3 Distinct Seasons

Fall Season- September-March

AMHA Offerings: Travel, Intercity League, Tournament Team

Spring Season- March-May

AMHA Offerings: Upper Level Training Session (Build the Machine)
Spring Games and Skills Offerings, High School League

Summer Season- June-August

AMHA Offerings: Austin Capitals Travel Practices
Rink-Run programming for Rec, High School and Skills

Rinks: The Pond Hockey Club
Ice and Field at the Crossover
Chaparral Ice Northcross



Program Offerings

Austin Capitals Intercity League (6U-18U)

Austin Capitals Tournament Team – Kids play in the Upper Intercity League Division, TT is Add-on (8U-18U)

Austin Capitals Travel Hockey (10U-18U)



What's the Difference?

Capitals Program Comparison

An informational overview of commitment, time, competition, and cost



Lower commitment / time / cost








COMPETITIVENESS INCREASES



Higher commitment / time / cost



 INTER-CITY <i>Recreational</i>	 TOURNAMENT TEAM <i>More competitive</i>	 TRAVEL TEAM <i>Most competitive</i>
 Weekly Ice: 1 shared 60-minute practice	 Weekly Team Practice: 105 minutes average per week	 Weekly Team Practice: 120 minutes average per week
 Games: 1 game per week with your rec team	 Skill Work: Includes 30 minutes of skill-dedicated practice (embedded)	 Skill Work: Plus 60 minutes of skill-dedicated practice
 Events: No tournaments included	 Inter-City Included: Includes Inter-City practice and game	 Inter-City: No Inter-City practice or game
 Competition Level: Beginner to Advanced / Recreational	 Events: 4 tournaments	 Events / Games: 4 tournaments + 20 league games
 Coaches: Volunteer	 Competition Level: Moderate competitive commitment	 Competition Level: Highest competitive commitment
 Cost: \$999–\$1,299 <i>Cost varies by age</i>	 Coaches: Volunteer  Cost: \$3,599 <i>Includes Inter-City at no additional charge</i>	 Coaches: Paid Professional Coaches  Cost: \$5,499–\$5,999 <i>Cost varies by age</i>

 AT A GLANCE	INTER-CITY	TOURNAMENT TEAM	TRAVEL TEAM
 Competitiveness	Recreational	Competitive	Most competitive
 Weekly time	60 min practice + 1 game	105 min team practice average + Inter-City practice & game	120 min team practice + 60 min skills
 Events	Rec games + eligible for 2 a-la-carte tournament registrations in Austin and Dallas	4 tournaments + rec season	4 tournaments + 20 THL league games and possible playoffs
 Cost	\$999–\$1,299	\$3,599	\$5,499–\$5,999

Austin Capitals Intercity League



The Why Behind our Goals

The Austin Capitals Intercity League is committed to the development of a life-long love and passion for the game of hockey. We teach hockey skills and teamwork to players of all ages and skill levels while building self-confidence, character, sportsmanship and citizenship in young men and women. We foster parent involvement, a sense of community, teamwork and respect for players, coaches, officials, and spectators alike, both on and off the ice.

Austin Capitals Intercity League



How Do We Accomplish Our Goals?

- Education of parents and players through dialogue and training on and off the ice
- Education of coaches to deliver top level on-ice instruction, dryland and hockey IQ
- Commitment to the LTAD process of all of our players
- Commitment to properly identify player abilities through evaluations and camps to better place players in environments for success
- Mentoring relationships for players, coaches to advance youth hockey in a positive manner
- Resist activity that does not strengthen core youth hockey program

Austin Capitals Intercity League



Who is helping us reach these goals?

- Intercity Director
- Intercity Age Group Leads one for each level
- AMHA Skills Coaching Team
- Volunteer Coaches and team managers
- Community volunteers



Austin Capitals Intercity League

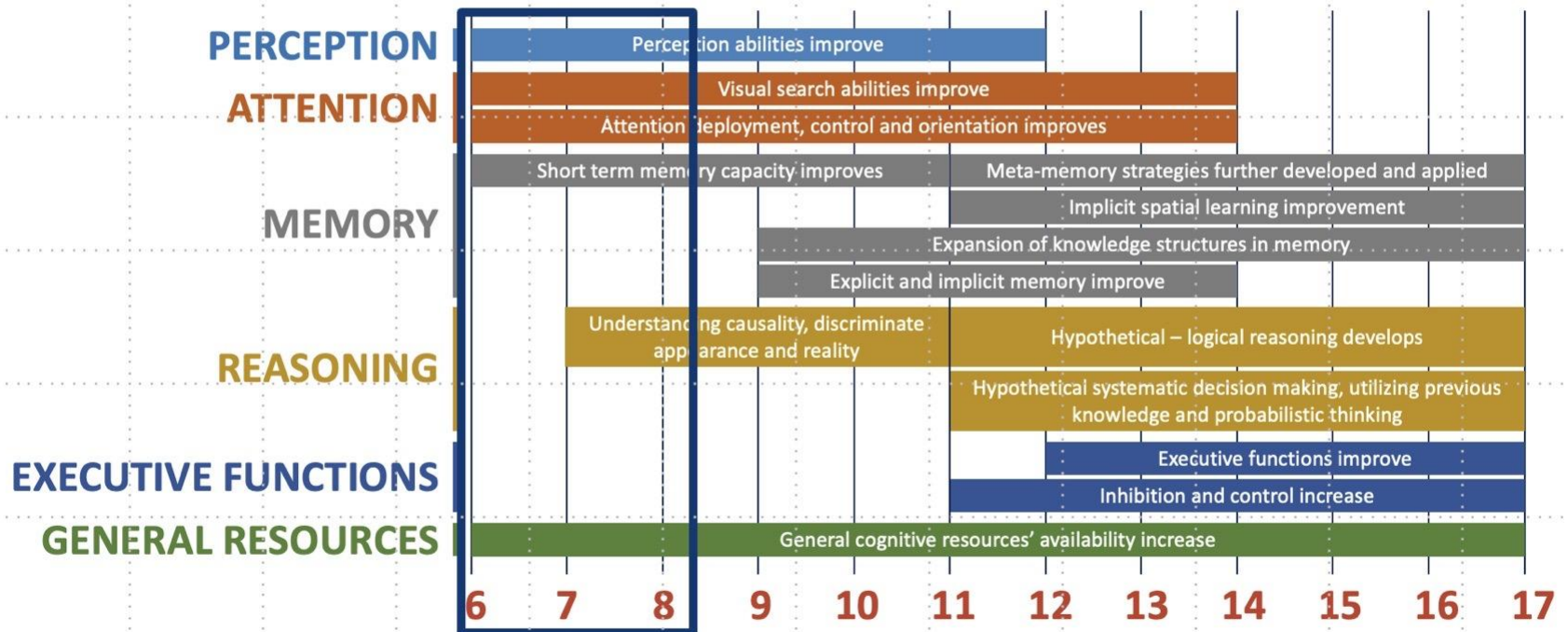


Cognitive Development for Age Groups



Player Development

COGNITIVE DEVELOPMENT:





Austin Capitals Intercity League

Program Details

- September 8th-March 12th (excludes holidays)
- 6U, 8U, 10U, 12U, 14U, High School
- 1 Practice, 1 Game, 1 Dryland Per Week
- Skills sessions monthly run by AMHA Skills Team
- North and South/Central Practice Options (where applicable) available at Sign up
- Game locations will vary on weekends
- Age groups divided into 2 levels of play, White / Blue (where applicable)
- Optional Tournament buy in for Austin Cup tournament and Dallas Pres Day Tournament
- Jerseys and socks included in pricing, \$25 customization names and numbers must be ordered by July 17th
- 6U \$599, 8U \$999, 10U-High School \$1299
- Weekly goalie only training included
- Registration Available May 18, 2026 6 pm



Austin Capitals Intercity League

Practice Days and Locations

- Practices offered at both North (Ice and Field), South (PHC and Chaparral Ice) locations. First come-first serve for registration for location.
- 6U Practices 6U Monday I&F, Tuesday PHC
- 8U Practices Tuesday PHC, Friday I&F
- 10U Practices Wednesday I&F, Wednesday PHC, Friday I&F
- 12U Practices Wednesday PHC, Friday I&F, Friday Chaparral Ice
- 14U Practices Wednesday PHC, Friday I&F, Friday Chaparral Ice
- High School- Practices Saturday PHC, Chaparral Ice
- Game locations will vary on weekends Times TBD
- Please Note- All listed days, times, subject to change



Austin Capitals Intercity League

Tentative Game Days and Locations

- 6U Saturday, Ice and Field Mid-morning
- 8U Saturday, Ice and Field Mid-morning, Advanced 8U Saturday morning PHC or Sunday afternoon PHC
- 10U Games rotate Saturday, PHC-Barn morning or Saturday Ice and Field afternoon
- 12U Games rotate Saturday afternoon Ice and Field, or Sunday morning PHC Barn
- 14U Games rotate Saturday Ice and Field morning, or PHC Barn morning, or Sunday Mid-day Ice and Field
- High School- Games Sunday evening Ice and Field or Sunday morning Chaparral Ice Center
- Please Note- All listed days, times, subject to change

Jerseys

Caps Jersey Package consists of Reversible Home/Away Game jerseys, socks. Included in registration fee. Personalization of name and # additional \$25. Must be done by July 17th.

AUSTIN CAPITALS INTERCITY UNIFORMS 2026 REVERSIBLES



AUSTIN METRO HOCKEY ASSOCIATION

Zoom Informational Meetings



www.austinmetrohockey.org Resources, Parent Portal

Detailed Zoom Meetings and Presentations for 6U-8U Intercity League, Tournament Team, Austin Capitals Travel Team are available on our website.

The screenshot shows the website header with navigation links: ACCOUNT, DASHBOARD, and FAMILY CALENDAR. The main navigation bar includes ABOUT, PROGRAMS, SCHEDULE, TEAMS, RESOURCES, and a REGISTRATION button. The RESOURCES section is expanded, showing two columns: 'FOR PLAYERS' and 'FOR PARENTS'. The 'FOR PARENTS' list includes USA Hockey, Hockey Talk, Parent Portal (highlighted with a red box and arrow), AMHA Cares, Program Financial Report, and TAHA Financial Disclosure.

ACCOUNT DASHBOARD FAMILY CALENDAR

AUSTIN METRO HOCKEY ASSOCIATION

Crossbar

AMHA

ABOUT PROGRAMS SCHEDULE TEAMS RESOURCES REGISTRATION

FOR PLAYERS

- 5000 Puck Challenge
- 8U 1000 Puck Challenge
- Glossary of Hockey Terms

FOR PARENTS

- USA Hockey
- Hockey Talk
- Parent Portal
- AMHA Cares
- Program Financial Report
- TAHA Financial Disclosure

Austin Capitals Tournament Team



Program Identity and Goals

Who is a good fit for the tournament team?

- Players seeking higher level competition, but moderate time commitment or cost
- Aspiring Travel players
- Players willing to work hard, and learn to play the team game
- Players who want to elevate their understanding and enjoyment of the game
- Players who love competing in tournaments
- Our core building blocks: Effort, Pace, Fun.

Season Details

- Tryouts mid-August, after school starts
- Kids compete in Intercity league 1 game, 1 practice per week
- Season spans September 8th-March 12th (excludes holidays)

- 8U, 10U, 12U, 14U, High School TT differs slightly- reach out to James Manojlovich for details
- 1 60 minute shared practice per week
- Alternating 30 minute full ice session or off-ice education/ dryland training every other week
- 1 60 minute shared practice alternating every third week
- 4 tournaments, within driving distance
- Jerseys, socks, shells, off-ice team apparel included
- Above features in addition to Inter-City team participation
- 10U-High School \$75 Tryout Fee at registration (non-refundable)
- \$3599 all ages

Austin Caps Travel Program 10U-18U Summary



Austin Capitals Travel Team

TAHA (Governing body USAH for TX) mandates no 8U travel teams/leagues.

Austin Capitals Travel Teams in Austin participate in the Texas Hockey League.

10U, 12U, 14U, 16U we field A and AA teams. 18U is AA only.

Pre-Tryout Skates and then 1 weekend Tryout

\$175 (\$100 late fee after 5/15 midnight)

June 13-14th Tryouts @ PHC & Crossover

Season runs August 1-March 1

3 ice touches per week, paid professional coaching, dryland and hockey IQ, 4 tournaments

Cost is \$5499-\$5999



Volunteer Coaches, Managers and Party Planners Needed!

Community and Culture

Are you friendly, can make jokes and have fun? We need you!!!

- We need volunteer coaches at all levels, help guide the next generation of players and community leaders (Can you skate, run a bench, open a door?)
- We need managers for teams, party planners for social events (Can you send a group chat in Crossbar? You're hired!)
- Do you have a skill (yoga, gymnastics, cross country runner) you want to share with our players? We'll take you up on it!
- We'll need scorekeepers, snack organizers and junior puck droppers (older siblings who can drop a puck during games so old coaches don't have to bend over), DJ's

Please apply online for all of these positions at:

austinmetrohockey.org/about/coaching/34494

AMHA Sgro Memorial Scholarship Program

August 1 Deadline!

AMHA SGRO MEMORIAL SCHOLARSHIP PROGRAM

Apply Today

Due date for Austin Capitals Travel 5/25

Due date for Intercity Capitals 8/1



@austinmetrohockey



History of Junella Sgro's impact to AMHA, details on the scholarship program, and how to apply:

<https://www.austinmetrohockey.org/about/scholarships/32933>

Important Dates



May 18	Registration opens for Intercity League
May 24-May 30	Double Good Individual Fundraiser
July 17	Last Day to Customize Jersey Name and Number
August 1	Scholarship Application Deadline Intercity
August TBD	Coach Skills and Classroom Training Gear Swap, Try Hockey For Free, Age Group Meetings
September 8	1 st week of Intercity Practices
November TBD	Caps Classic Tournament Austin (buy in)
December 24	Xmas Eve Smart Hockey Tournament
February TBD	President's Day Challenge Dallas (buy in)
March 7	Year End Banquet – Season ends





AMHA Fundraising 2026-2027



AMHA Partnering w/ Double Good Popcorn
(Individual
Fundraiser)





Double Good

AMHA is partnering with Double Good to allow families to raise money offset their hockey fees

How it works:

- Set up Store Front ASAP
- Fundraiser will run:
May 24 - May 30th
- Double Good will donate 50% of popcorn sales back to AMHA
- 100% of funds received from Double Good will go back to families

How funds used:

- **Coupon Code** during registration
- Any funds earned above a players AMHA fees will be donated to the AMHA to offset programming costs.
- Funds from players choosing not to participate in AMHA during the 2026-2027 season will be donated back to AMHA to offset programming fees.



Set up your store front now!

Joining Instructions

- 1 Download the Double Good App
- 2 Enter our Event code **MHH BWB**
- 3 Create your Pop-Up Store



Scholarship Raffle

- Purpose: Raise money to fund the Sgro Scholarship fund that helps offset the program fees for Austin Capitals families in need of assistance.
- This year we had over 30 Scholarship recipients
- Requirement: Each AMHA player will sell a minimum of **5 raffle tickets @ \$20/ticket**
- Prizes for tickets sales

<p>Austin Metro Hockey Association 2nd Annual SCHOLARSHIP RAFFLE</p> <p>DRAWING INFO:</p> <p>SUNDAY DECEMBER 12TH 5:00 PM</p> <p>Must be able to pick-up prizes. THANK YOU AND GOOD LUCK!</p> <p> \$20 PER TICKET</p> <p>1500</p> <p>Name: _____ Phone: _____ Email: _____ Player Name: _____ Player Age Group: _____</p> <p>\$20 1500</p>	<p>Mercedes-Benz of Austin</p> <p> OrderID</p>
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'26 Timeline of Raffle

- **Sep 1st:** Pass out assignments raffle basket themes
- **Oct 16th:** Baskets must be turned in
- **Oct 16th:** Distribute tickets for sale
- **Dec 4th:** Last day of ticket sales
- **Dec 8th:** Drawing

September

Sum	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October

Sum	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November

Sum	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December

Sum	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Scholarship Raffle Tickets

- **Tickets:** Team Managers will get envelopes with ticket to distribute (Oct 15-ish)

- **Ticket Stubs:**

- **prepaid tix:** first 5 tix are prepaid at registration
- **Any tickets sold above the prepaid 5:** players should return the completed ticket stub and money collected to their TM to return to AMHA

More Tickets: Players needing more tickets should contact their TM/Age Group Coordinator who can get more tickets, requests for tickets above the initial 5 do NOT need to be prepaid

Money:

All ticket stubs and/or money collected should be turned into the lock box outside the AMHA office in the warm room of TCO before 6pm on Dec 4th.

All money should be **in an envelope** with a designation as to which player it is from.

Raffle Basket Theme Assignments '26-'27

Each age group will be responsible to provide a raffle basket for the Scholarship Raffle according to theme assigned

Intercity:

6U: Family Game Night
8U: Legos Galore
10U: Movie Night In or Out
12U: Backyard BBQ
14U: Ultimate Hockey Basket
High School: Golfer's Dream

Travel:

10U: Gaming Basket
12U: Ultimate Spa Day
14U: Gift Cards Galore
16U: Golfer's Dream
18U: Lucky Lottery Basket

Incentive Prizes '26-'27

- **Highest Selling Player:** Hockey Stick
- **Highest Selling Team:** 1 hour of Team Ice
- **All Players who sell 5 tix:**
 - Caps trucker hat





Crossbar – Get App- Get Connected

www.austinmetrohockey.org

amhahockeydirector@austinmetrohockey.org

Angie Vaught





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 - This presentation, and the recorded meeting are available on our Education/Resources page. www.austinmetrohockey.org