

DEERFIELD HIGH SCHOOL HOCKEY

CODE OF CONDUCT

CHARACTER • COMMITMENT • ACCOUNTABILITY • TEAM

Being part of Deerfield Hockey is a privilege and a commitment. Every player is expected to represent the school, teammates, coaches, and community with discipline, effort, respect, and accountability — on and off the ice.

1. ATTENDANCE & PUNCTUALITY

- Be at every team event: practices, games, team meetings, travel, team functions, etc.
- Arrive on time. Be dressed, equipped, and ready to go before the scheduled start time.
- Arrive early enough to complete all pre-practice and pre-game responsibilities.
- Communicate unavoidable conflicts to a coach as early as possible — never assume an absence is understood.

2. DRESS CODE & APPEARANCE

- Wear clean, appropriate, team-approved attire for travel, school, game day, and team events.
- Follow all school, locker room, and team dress expectations.
- Be prepared with all required equipment and gear for every practice and game.
- Represent Deerfield Hockey professionally whenever you are wearing team gear.

3. PREPARATION & EFFORT

- Be mentally and physically prepared for every practice and game.
- Complete pre-game warmups and all assigned team responsibilities.
- Compete every shift and bring consistent effort every day.
- Support your teammates and contribute to a competitive practice environment.

4. COMMUNICATION

- Communicate openly and honestly with coaches and teammates.
- Report injuries, illness, personal issues, or other concerns as soon as possible.
- Check team communication platforms regularly and respond when required.
- Be coachable: listen, accept feedback, ask questions, and handle disagreements respectfully.

5. TEAM & COMMUNITY

- Represent Deerfield Hockey with pride on the ice, in school, and in the community.
- Treat teammates, coaches, opponents, officials, families, fans, and rink staff with respect.
- No bullying, hazing, harassment, or negative behavior toward teammates.
- Be a leader by example and support team events, community service, and fundraising.

6. ACADEMICS & LIFE BALANCE

- Maintain your academic responsibilities and communicate academic conflicts early.
- Balance hockey with school, family, and personal responsibilities.
- Make smart choices on and off the ice.
- Understand that your behavior outside hockey can affect your teammates and the program.

7. ACCOUNTABILITY & CONSEQUENCES

Failure to meet team expectations will result in consequences. Consequences may be adjusted by the coaching staff based on severity, frequency, and circumstances.

OFFENSE	MINIMUM CONSEQUENCE
1ST	Minimum 1-period sit-out, plus coach discussion and correction of the behavior.
2ND	Additional loss of playing time and/or a sit-out for the next game, as determined by the coaching staff.
3RD	Potential multi-game suspension and additional disciplinary action as determined by the coaching staff.

RESPONSIBILITY BUILDS CHAMPIONS

By signing below, I acknowledge that I have read and understand the expectations in this Code of Conduct. I agree to hold myself accountable and contribute positively to the Deerfield Hockey program.

PLAYER SIGNATURE

DATE

PRINT PLAYER NAME

ONE TEAM • ONE STANDARD • ONE GOAL