

# MADISON CAPITOLS AAA

## WINTER SEASON, 2026-2027

### TIER 1, AAA GIRL'S 19U

(2007, 2008 & 2009 BIRTH YEARS)

**START DATE, FIRST PRACTICE:**  
**MONDAY, AUGUST 24<sup>TH</sup>, 2026.**

**END DATE, LAST PRACTICE:**  
**FOLLOWING THE CONCLUSION OF 2026-2027 WAHA TIER 1 STATE PLAYOFFS, USAH CENTRAL DISTRICT REGIONAL CHAMPIONSHIPS OR USAH NATIONAL CHAMPIONSHIPS.**

#### DETAILS OF 2026-2027 AAA WINTER SEASON –

- TEAM WILL HAVE 48 OFF-ICE TRAINING SESSIONS WITH OUR CLUB'S STRENGTH COACH, AT LEGACY20 ARENA @ DEFOREST YARDS. WORKOUTS WILL START THE WEEK OF MONDAY, SEPTEMBER 7<sup>TH</sup>, 2026.
- ACCESS TO A VIDEO (HUDL OR SIMILAR) BREAKDOWN SYSTEM.
- TEAM WILL PLAY 55-60 GAMES, COMPETE IN EIGHT EVENTS (TOURNAMENTS AND/OR SHOWCASES, THIS NUMBER INCLUDES WAHA TIER 1 STATE PLAYOFFS).
- TEAM WILL HAVE 75 HOURS OF ON-ICE PRACTICE TIME (TOTAL INCLUDES POWER SKATING SESSIONS & SKILLS SESSIONS).
- TEAM WILL HAVE AT LEAST SIX POWER SKATING FOCUSED ON-ICE SESSIONS WITH OUR CLUB POWER SKATING INSTRUCTOR, AMY CLAGGETT.
- TEAM WILL HAVE AT LEAST SIX ON-ICE SKILL SESSIONS WITH OUR CLUB SKILLS COACH &/OR OTHER COACHES ON OUR USHL STAFF.
- GOALIES WILL HAVE TEN, GOALIE SPECIFIC TRAINING SESSIONS THROUGHOUT THE COURSE OF THE SEASON, TWO EACH MONTH, IN ADDITION TO THEIR NORMAL PRACTICES.

IMPORTANT NOTE: This price **DOES NOT** include a mandatory team slush fund payment that **ALL FAMILIES WILL BE REQUIRED TO PAY**. Payments go towards your team's: head coach's travel (flights, gas, hotels, etc.), team activities, additional ice, or additional events (tournaments / showcases). This amount is based mostly on each team's schedule and amount of travel. Those payments are made directly your team's manager or coach; the club will not collect any payments for team slush funds, and any leftover money will be refunded to parents.

**HEAD COACH:**  
**DAN RUOHO**  
[CAPITOLSGIRLS@GMAIL.COM](mailto:CAPITOLSGIRLS@GMAIL.COM)

**PLAYER FEE COST:**  
**\$7,995.00**

**PAYMENT SCHEDULE:**  
**Required Deposit - \$1,795.00.**

- July 1<sup>st</sup> - \$1,240.00
- August 1<sup>st</sup> - \$1,240.00
- September 1<sup>st</sup> - \$1,240.00
- October 1<sup>st</sup> - \$1,240.00
- November 1<sup>st</sup> - \$1,240.00

#### APPAREL INCLUDED:

- MCAAA, SHORTS.
- MCAAA, T-SHIRT.
- MCAAA, JOGGERS.
- MCAAA, SWEATSHIRT.
- MCAAA, PULLOVER.
- MCAAA WINTER HAT.
- MCAAA, BASEBALL CAP.
- MCAAA, HEAVY WINTER JACKET.

#### EQUIPMENT INCLUDED:

- (1) HOME GAME JERSEY.
- (1) PAIR OF HOME GAME SOCKS.
- (1) PAIR OF AWAY GAME SOCKS.
- (1) PRACTICE JERSEY.
- (1) PAIR OF CUSTOM HOCKEY GLOVES.



# 2026-27 SEASON TIER I PLAYER AGREEMENT



Programs are permitted to sign returning players starting immediately after the completion of their 2025-26 playing season, the signing of any out of program player may not be completed until 48 hours after the completion of all Tier 1 Nationals **March 29<sup>th</sup>, 2026**.

## Player Information (Print or Type)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ USA Hockey Age Classification: \_\_\_\_\_

Last Season's Team and Organization: \_\_\_\_\_

Birth Date: (MM/DD/YYYY) \_\_\_\_/\_\_\_\_/\_\_\_\_ USAH #: \_\_\_\_\_

## IMPORTANT NOTE TO PLAYERS

You and your parents/guardians should be aware that the signing of this form **immediately** and **permanently** binds you to **this** Team for the **entire upcoming season** and you **may not play or practice with any other team. Doing so will result in an automatic 5 game suspension** except for:

High School, Junior, Junior College, College, or University teams

If you are relying on any representations not included on this form, those representations should be placed in writing and added to the reverse side or attached to this form.

Player's Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/2026

I have read **and understand** this Tier I Player Card, the WAHA Rules regarding Tier I Hockey and the WAHA By-Laws. **In addition, I have received and agree to the financial obligations of this Team for the upcoming season as identified in the Organization Fact Sheet.**

Signature of Parent (Guardian): \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/2026

## CERTIFICATE OF TEAM REPRESENTATIVE

I hereby certify that as the authorized Team Representative I accept this player for the season and have explained to the player and his/her parents (guardian) all their financial obligations and the fact that this form **immediately** and **permanently** binds him/her to this Team for the **entire 2026-27 season**.

Team Representative (printed): \_\_\_\_\_

Team Representative Position: \_\_\_\_\_ Team Name: \_\_\_\_\_

Team Representative Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/2026