

MADISON CAPITOLS AAA WINTER SEASON, 2026-2027 TIER 1, AAA 10U (2016 BIRTH YEARS)

**START DATE, FIRST PRACTICE:
MONDAY, AUGUST 31ST, 2026.**

**END DATE, LAST PRACTICE:
WEDNESDAY, FEBRUARY 24TH, 2027.**

DETAILS OF 2026-2027 AAA WINTER SEASON –

- TEAM WILL HAVE 22 OFF-ICE TRAINING SESSIONS WITH OUR CLUB'S STRENGTH COACH, IN THE GYM LOCATED AT BOB SUTER'S LEGACY20 ARENA ON THE SECOND FLOOR. WORKOUTS WILL START THE WEEK OF MONDAY, SEPTEMBER 14TH, 2026.
- ACCESS TO A VIDEO (HUDL OR SIMILAR) BREAKDOWN SYSTEM.
- TEAM WILL PLAY 40-45 GAMES, COMPETE IN FOUR EVENTS (TOURNAMENTS AND/OR SHOWCASES).
- TEAM WILL HAVE 73 HOURS OF ON-ICE PRACTICE TIME (TOTAL INCLUDES POWER SKATING SESSIONS & SKILLS SESSIONS).
- TEAM WILL HAVE AT LEAST FOUR POWER SKATING FOCUSED ON-ICE SESSIONS WITH OUR CLUB POWER SKATING INSTRUCTOR, AMY CLAGGETT.
- TEAM WILL HAVE AT LEAST FOUR ON-ICE SKILL SESSIONS WITH OUR CLUB SKILLS COACH &/OR OTHER COACHES ON OUR USHL STAFF.
- GOALIES WILL HAVE TEN, GOALIE SPECIFIC TRAINING SESSIONS THROUGHOUT THE COURSE OF THE SEASON, TWO EACH MONTH, IN ADDITION TO THEIR NORMAL PRACTICES.

IMPORTANT NOTE: This price **DOES NOT** include a mandatory team slush fund payment that **ALL FAMILIES WILL BE REQUIRED TO PAY**. Payments go towards your team's: head coach's travel (flights, gas, hotels, etc.), team activities, additional ice, or additional events (tournaments / showcases). This amount is based mostly on each teams schedule and amount of travel. Those payments are made directly your team's manager or coach; the club will not collect any payments for team slush funds, and any leftover money will be refunded to parents.

HEAD COACH:
ADAM KOSTICHKA
AKOSTICHKA@GMAIL.COM

PLAYER FEE COST:
\$6,895.00

PAYMENT SCHEDULE:
Required Deposit - \$1,895.00.

- July 1st - \$1,250.00
- August 1st - \$1,250.00
- September 1st - \$1,250.00
- October 1st - \$1,250.00

APPAREL INCLUDED:

- MCAA, SHORTS.
- MCAA, T-SHIRT.
- MCAA, JOGGERS.
- MCAA, SWEATSHIRT.
- MCAA, PULLOVER.
- MCAA WINTER HAT.
- MCAA, BASEBALL CAP.
- MCAA, HEAVY WINTER JACKET.
- MCAA, TRACK SUIT.

EQUIPMENT INCLUDED:

- (1) HOME GAME JERSEY.
- (1) PAIR OF HOME GAME SOCKS.
- (1) PAIR OF AWAY GAME SOCKS.
- (1) PRACTICE JERSEY.
- (1) PAIR OF CUSTOM HOCKEY GLOVES.