



**IYHA BOD Meeting
Monday, November 11, 2024
7:00pm**

Attendees: Ukiah Kraus (online), Jen Christianson, Jeff Stulgis, Jen Kwiakowski, Elissa Cosgrove, Janessa Ciaschi, Skip Parr, Chris Hart, Monica Wellings, Sonja, Adam Lawton (online)

President Reports:

- TRY HOCKEY successful, multiple players signed up
- 8U Full Ice: NYSAHA notified IHYA would like to participate
 - Cannot have program interrupt regular mite schedule
 - Only 2016 mites can participate
 - Open to all 2016, no try outs
 - Starts January 13TH
- Concussion Protocol
 - Reminders for Coaches (Protocol listed below per USA Hockey Guidelines_
 - Reporting sheer required after child has been released medically, Google form online
 - Upload link on website for parents/ coaches
- Will put in next update funding link for Rink Zamboni

Treasurer Report:

- Report sent out to Board prior to meeting
- Tournament costs: Determine Crossbar installments of lump sum payments
- U14 Volunteer coach stipend completed
- Sales Tax exempt status needs to be updated.
- Radja paid
- Reminds LTP Coaches they can be reimbursed for CEP requirement
- Determine covering costs of FIRE ON ICE tournament for Mites
- Next year: Do association MYHOCKEY accounts

Secretary Report:

- Approved Jen C, Second Jen K

Director of Ice scheduling:

- Lynah ice time working well, waivers for opposing teams being held
- Extra ice time if needed at the Rink
- Possible free open skate for IYHA on open Friday night (no conflict with Big Red)
- Goalie coach for/ during speed skills
- Next year: 16U Merger to be determined
 - Will send out survey for possible improvements for next year

Director of ACE/Safesport/ Travel Teams:

- Background screening for anyone living outside the US for > 6 months is \$150, will pay for screening if family will likely continue coaching for 2+ years.
- Contact SafeSport re: Volunteer coaching without needed CEP requirement
- Skills Coach option

Register Report:

- 209 registered, 29 toothless bears
- Birth certificates 6 players still needed
- All 18 year old players must complete SafeSport
- Registration slightly high for prior years

Snowbelt Representative Report:

- Ok for every team to do Gamesheets if desired
- Codes required for our team to have access to Team Dashboard
- Managers given codes, Jen C will answer questions as needed
- 18U
 - Will determine teams after HS tryouts (ie Independent)
 - May be able to pull players from independent teams to snowbelt teams if needed
- All players dual rostered if needed approved
- All girl teams dual rostering allowed
- JAM- first week in March

Director of Marketing and Promotions:

- Continues to advertise to schools prior to Learn to Play/ Try Hockey: Increased numbers working well.
- Next year Try Hockey date 2-3 weeks prior to starting LTP, need 30 minutes set up time
- Online store open
 - Work with local businesses on gear, such as Chip Wood

Director of Fundraising:

- Guthrie
- Coffee Fundraiser again
- IYHA Skate Day: IYHA Merch Fundraiser?

Meeting Adjourned by Monica W, Seconded by Sonja

Concussion Information:

Concussion Signs and Symptoms

Signs Observed by Coaching Staff

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets sports plays

- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Symptoms Reported by Athlete

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

Action Plan

If you suspect that a player has a concussion, you should take the following steps:

1. Remove athlete from play
2. Ensure athlete is evaluated by an appropriate health care professional. Do not try to judge the seriousness of the injury yourself.
3. Inform athlete's parents or guardians about the known or possible concussion and give them the fact sheet on concussion.
4. Allow athlete to return to play **only** with permission from an appropriate health care professional.

More information and Return to Play/ Concussion Management Forms listed online at:

<https://www.usahockey.com/safety-concussions>