

PHILOSOPHY

Het's High Tempo Hockey (HHTH) staff will focus on the development of each player starting with basic fundamentals and teaching proper technique through instructed repetition. We will challenge skaters to improve skills, build lasting friendships and increase self esteem, all while having FUN on and off the ice.



SKILLS

HHTH (Het's High Tempo Hockey) will provide players the opportunity to prepare for the upcoming season while participating in well-designed, high tempo practice sessions led by highly skilled and experienced hockey coaches.

LEVEL 1

Skating Fundamentals
Puck Handling
Passing/Receiving
Shooting
Small Area Games
Sportsmanship

LEVEL 2

Basic Skills Above Plus...
Power Skating/Speed
Agility
Puck Control/Protect
Read/React
Leadership



For More Information

Contact Director Brett Hetland

712-320-9194

grassman@brooksgolfclub.com



2026 PRE-SEASON
HOCKEY
CAMP

OCTOBER 5-8

WHEN OCTOBER 5-8

LEVEL 1

2nd year Minis & Mites
5:30pm – 6:30pm on ice

LEVEL 2

Squirt, PeeWee & Bantam
6:45pm – 8:30pm on ice

Beginning Skaters:

Check out the LAHA Learn to Skate program at www.lakesicearena.com

WHERE

LAKES ICE ARENA
3800 Sunner Avenue – Spirit Lake, IA

COST

Level 1 — \$45
Level 2 — \$75

DIRECTOR

Brett Hetland is a Level 5 USA Hockey certified coach with over 30 years coaching youth hockey at all levels. He is the founder of the Lakes Area Hockey Association and Het's High Tempo Hockey, and Head Coach of the Boji Mammoth High School Hockey Team

STAFF

HHTH staff demonstrate a proven ability to interact with and instruct players of all ages.

Dan Hoerichs returns for his 4th camp. A Mammoth alum and current Assistant Coach, Dan brings a positive attitude & love for the game making it easy to connect with players.

Pierce Hetland will be helping in his 7th camp. A Mammoth alum, Pierce shares his constant smile, silky mitts and can-do attitude with our campers.

Josh Struck will return for his 3rd camp. A Kentucky native and 3rd year Mammoth Assistant Coach, Josh is eager to share his knowledge and passion with our youth.

REGISTRATION

Camper's Name:

Male ☐

Female ☐

Level 1 ☐

Level 2 ☐

Date of Birth:

Parent's Name:

Campers Address:

Phone:

Email:

Emergency Contact/Phone:

Jersey Size: YS YM YL AS AM AL

CIRCLE ONE

Camp Director/Staff will not be held responsible for injuries or loss of property while the student is attending camp. The signature below absolves the camp of all such responsibility.

Parent Signature:

Mail completed registration and check payable to Brett Hetland

1322 Pine Circle Drive · Spirit Lake, IA 51360
By October 1st