



2026 Women's Rec. League Rules

- **Umpires:** \$22 per game paid at the plate. If only (1) umpire the fee is \$16 per game
- **Softballs:** .44-.400 NSA or WSL ladies 11" softball
- **Bats:** Must have the NSA 2012 Stamp. (240 or 220 are all legal in NSA)
- **Rosters:** Must be Signed & turned in on first night of play.
- **Time limit:** 45 minutes, then play (1) final inning if time expires before the 7th inning.
- **Grace Period:** Applies to only the 6:30 game, Due to construction on 145th st teams will have a 15 minute grace period. Plan ahead for Construction delays.
- **Batters:** start with 1 & 1 Count, No courtesy fouls. Strike Mats will be used with a 6 to 10 ft pitching arc.
- **Homerun Rules:** 2 HR's then an out.
- **Run Rule:** there is no Mercy rule except for the FLIP FLOP Rule. If the Home Team is losing by (10) or more runs when starting the Open Inning then the teams will Flip Flop.
- **SCORING:** Maximum run rule of (5) runs scored per inning until the last inning is reached or declared by the umpire or in the tie breaker. The final inning (The Open Inning) will allow unlimited runs until there are 3 outs.
- **Base Running:** Runners will use the scoring line and the 25ft commitment line. If the runner touches home plate or runs thru the batter's box, the runner is out and no run shall be scored.
- **Pitching Rule:** Pitcher must toe the Rubber, No Fake Pitches, Must wear a Mask or use the Roll out screen. If the screen is to be used it will be placed either left or right and even with the Pitching rubber and no further than (5) feet in front of Rubber. A Batted ball that hits the screen is a Foul. Pitcher MUST be fully behind the screen at point of contact. If using the screen the pitcher can NOT be the first player to touch a batted ball. Exception: Pitcher can catch a bloop fly ball anywhere in the infield from behind the screen.
- **Tie Breaker Rule:** Teams will only play (1) extra inning. International Tie Breaker rule- Start with (1) out, last batted out starts on 2nd base, and batter starts with 1 & 1 Count.
- **Park Rules:** NO SUNFLOWER SEEDS OR SHELLS, NO DOGS, NO OUTSIDE FOOD OR DRINKS, OR ALCOHOL INSIDE THE GATES. Beer purchased from the Concessions (Challenger Sports Complex only) is allowed in the dugouts, But not on the Dugout front porch or on the field. Beer is not allowed inside the gates at ISSC. **If your team is caught with outside alcohol in your dugout the game shall be forfeited.**
- No Profanity in the Dugouts or on the fields. **Dugout Music must be very low and Non Distractive.** If Umpire or Directors hear vulgar music it will be turned off.
- **Only the Team coach/manager may approach an Umpire to question a call.**
- **There will be NO arguing called balls & Strikes.**
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