

Dear Parents,

We are excited to welcome you to our **Spring Cheer Camp “Level Up” Skills and Training Program!** First day of Camp will take place on February 3rd. Below is an important overview of program expectations, schedules, and policies to help ensure a successful and positive season for all participants.

Program Focus

Our spring season is designed to teach, refine, and advance cheer skills with a strong emphasis on:

- Jumps
- Stunts.

Practice Schedule

Days: Tuesday & Wednesday

Time: 6:00–8:00 PM

Locations: Please refer to the attached calendar

Indoor Locations:

- Parker Junior High
2810 School Street, Flossmoor, IL 60422
- HF Sports Complex
18220 Morgan Ave., Homewood, IL 60430

Required Attire

All cheerleaders must wear:

- Athletic clothing (**NO jean material**)
- Cheer shoes or athletic shoes

Cheer shoes are highly recommended and can be found at affordable prices on Amazon.

Program Includes

- Practice shirt
- Cheer bow
- 4 months of cheer camp

Items will be distributed on February 10.

Tumbling Class

All athletes **must sign up for tumbling during the registration process.** Must have signed up by Jan 31st to attend February tumbling

Tumbling Details:

- Day: Every Thursday
- Duration: 1 hour per week
- Possible Times:
 - 6:30–7:30 PM
 - 7:30–8:30 PM

Placement:

Class times will be determined by skill level during the first week.

All registered athletes must report at **6:30 PM on February 5** at Meanstreets for assessment and placement.

Age Requirement:

Cheerleaders ages **4–5 must be able to perform a cartwheel** to participate in tumbling.

Location:

Meanstreets

2555 Veterans Dr., Posen, IL 60469

Payment Plan Policy

Families using a payment plan must remain current.

Failure to stay up to date will result in suspension from practices until the account is brought current.

Fundraising Opportunity (Spring Only)

Only athletes registered for the **Spring season** are eligible to participate.

Funds raised will be applied toward the **Fall Cheer Registration Fee.**

We anticipate two fundraisers, with a possible third:

- Double Goods Fundraisers (March)
 - Two separate 4-day campaigns

- 50% goes to Double Goods
- 50% is the amount raised
- Of the amount raised, **80% goes toward the family's fall registration fee** and **20% is retained by the organization**
- Skate Party Fundraiser (May)
Each cheerleader will be required to sell a set number of tickets.
Ticket requirements, costs, and family percentages will be announced by **April 1**, based on participation numbers.

Behavior Expectations (Waiver signed during registration)

All cheerleaders are expected to uphold the highest standards of conduct:

Respect & Sportsmanship

- Show respect to coaches, staff, and teammates
- Use appropriate language and positive attitudes
- Encourage teammates at all times

Coachability & Attitude

- Listen and follow instructions the first time given
- Accept corrections positively
- Give full effort during all activities

Safety & Responsibility

- Follow all safety rules for stunts, tumbling, and conditioning
- No horseplay or unsafe behavior
- Stay with assigned groups unless given permission
- Wear required attire and keep belongings organized

Focus & Participation

- Stay focused during instruction
- Limit talking and distractions

- **Electronic devices are NOT permitted**

Conduct & Consequences

- Verbal warning for first offense
- Parent/guardian notification for continued issues
- Repeated or severe behavior may result in **removal from the program without refund**

Thank you for your cooperation and support as we work together to provide a safe, positive, and successful cheer experience. We look forward to a great season of growth and achievement!