

PLAYERS BYLAWS & RULES

As a Send Me Volleyball Academy player, you represent Send Me Volleyball Academy. Send Me Volleyball Academy is committed to all its players exercising good sportsmanship at all times. Our program philosophy is that our athletes should represent themselves, their family, their team, and our organization positively and respectfully. We have developed the following Code of Conduct for our players to represent our athlete's commitment. **Every athlete is expected to adhere to the following standards of conduct, both on and off the court:**

- **exhibit good moral character**
- **display a strong work ethic**
- **possess a positive attitude**
- **be an outstanding role model**
- **show great sportsmanship**
- **show respect towards all team members, coaches, and parents**

(Initial By each one below)

1. _____ I will adhere to the rules and policies of Send Me Volleyball Academy outlined in this Bylaws & Rules.
2. _____ I will adhere to the rules and policies set forth by my team that may be in addition to the rules and policies of the program.
3. _____ I will focus on developing not only on the court but off the court as well. This includes building character, maintaining high academic standards, and developing leadership skills through the sport of volleyball.
4. _____ I will not transport, possess, or drink any alcohol nor take illegal drugs of any kind, including but not limited to tobacco/nicotine, marijuana, prescription medications not prescribed to me; use includes “vaping”, etc... (if I am found to be using illegal drugs and/or drinking alcohol, I will be terminated immediately from the Club).
5. _____ I will follow all rules and policies of the host facility when at tournaments, hotels, or other functions related to participating in Send Me Volleyball Academy-related events.

On The Court

1. _____ I will respect the game of volleyball and give it my all during practice and games.
2. _____ I will accept responsibility and be accountable for my effort, focus, and commitment to the game, my team, and myself.

3. ____ I will demonstrate sportsmanship and fair play at all times. I will set an example in the way in which I conduct myself on the court. I understand those actions, good or bad, have a long-lasting effect on everyone around me.
4. ____ I will treat the coaching staff respectfully at all times. This includes not only my own coach and lead trainer but any member of the coaching staff who takes the time to offer instruction throughout the season.
5. ____ I will value the instruction of my coaches. Whether I think my coach is the best, the worst, or somewhere in between, my job is to listen to my coaches, follow instructions, make changes, and trust that they are looking out for my best interests.
6. ____ I will be respectful, supportive, and courteous to my teammates.
7. ____ I will appreciate my teammates. Every player on my team has certain strengths and weaknesses. I will be patient with my teammates as they improve their games — just as they will be patient with me as I work on my game. Volleyball is a team sport. Success can only come when the entire team works and plays well together both on and off the court.
8. ____ If I have a problem with a teammate, I will accept the responsibility to work it out with them. If I am unable or uncomfortable, I will talk to the coaching staff to attempt to solve the problem.
9. ____ I will always put my teammates first. I understand that I am not bigger than the team, no matter what my role may be. I understand that if I do not, my playing time will be affected.
10. ____ I understand that poor conduct such as foul language, physical or verbal intimidation of any individual, fighting with other teams/players, and vocal outbursts are not permitted.
11. ____ I understand that a red card issued to me for poor sportsmanship will immediately cause my removal from the court for the remainder of the tournament. Poor sportsmanship will not be tolerated.
12. ____ I will never question an official or express my feelings on a call. Officials are part of the game. I will never talk back or show up as an official. This includes players who are performing officiating duties such as line judge or scorekeeping at an event.
13. ____ I will take time to learn the rules of the game. I understand that to master the sport, I must understand the rules that we play by.
14. ____ I will communicate. I will ask questions. I will express myself. I understand that in order to be successful I have to understand how to succeed. To do that I must communicate with my coaches and teammates.
15. ____ I will accept feedback. I understand that all feedback and/or criticism of my game is designed to help me grow as a player.

Off The Court

1. _____ I will not exhibit conduct which is inappropriate as determined by comparison to normally accepted behavior.
2. _____ I will be respectful in public and display good character as a representative of Send Me Volleyball Academy.
3. _____ I will be responsible when using the internet and will not submit any negative information regarding my teammates, team, or Send Me Volleyball Academy while using social networks or communicating via email. I will not post inappropriate comments, pictures, or other content that would otherwise break any of the rules or policies outlined in this Code of Conduct.
4. _____ I will accept the responsibility to manage my time to participate at Send Me Volleyball Academy while maintaining balance and high standards with academics and family.

48 Hour Rule

Parents and athletes should not contact a coach after a tournament for 48 hours regarding playing time (or lack thereof), rotations, line-ups, coaching critiques, frustrations regarding the club and or policies, tournament issues, or lack of contact under any circumstances. Send Me and its coaches reserve the right to not respond to any issues until the 48-hour period is over. The 48-hour period begins immediately following the conclusion of the entire tournament not the end of a tournament day. If a tournament is a one-day tournament the 48-hour period starts once the tournament is over. Two- and three-day tournaments the 48-hour period will start immediately after the completion of the last day of the tournament. Parents and players can and will receive a strike or disciplinary action for breaking the 48-hour rule.

WHY

Coaches and directors are in high-stress situations during tournaments, the same grace coaches and directors give to players and parents is expected from the coaches and directors. Situations often need time to digest, marinate collect thoughts, and self-reflect. The 48-hour rule allows time for all parties to occur nationally.

I have read the Player Bylaws & Rules and understand the expectations of myself as a player and member of Send Me Volleyball Academy.

Player Name: _____

Player Signature: _____ Date: _____

I have read the Player Code of Conduct and understand the expectations of my child as a member of Send Me Volleyball Academy.

Parent Signature: _____ Date: _____