



Oak Lawn Outlaws Football 2026

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Our Program

At the Oak Lawn Outlaws, our mission is to provide a safe, supportive environment where young athletes can learn, grow, and develop a true love for the game of football. We focus on preparing our players not just for success on the field today, but for their football futures in high school and for some, even beyond into college.

Throughout their time with us, players often form lasting friendships, and so do their families. This strong sense of community is something we're incredibly proud of.



Each year at our banquet, we recognize our “Program Players” those who started at our earliest levels and completed their journey with us at the varsity level. These athletes embody what it means to be a true Oak Lawn Outlaw. Their dedication and growth reflect the values our organization stands for: respect, effort, and family.

We are proud to be part of the Southwest Midget League. Teams will be created based on the following division of play used by every team in the league.

DIVISION OF PLAY

AGE IS DETERMINED BY CURRENT YEAR ON AUGUST 31ST

- NO PLAYER CAN TURN FIFTEEN (15) YEARS OLD BEFORE DECEMBER 1ST
- SLIDE DOWN ON LIGHTWEIGHT IS SUBJECT TO ORGANIZATION AND LEAGUE APPROVAL

Mighty Mites	Weight Maximums
Cannot turn 8 yrs old Before Sept 1st	
Age 5	90 lbs
Age 6	85 lbs
Age 7	80 lbs
Striper	92 lbs Max for All Ages

Widgets	Weight Maximums
Cannot turn 10 yrs old Before Sept 1st	
Age 7	105
Age 8	100 lbs
Age 9	95 lbs
Striper	107 lbs Max for All Ages

PeeWee	Weight Maximums
Cannot turn 12 yrs old Before Sept 1st	
NO Stripers at this Level	
Age 8	130 lbs
Age 9	125 lbs
Age 10	120 lbs
Age 11	95 lbs

Lightweight	Weight Maximums
Cannot turn 13 yrs old Before Sept 1st unless certified as a Slide Down	
Age 9	140 lbs, Striper to 170 lbs
Age 10	140 lbs, Striper to 165 lbs
Age 11	140 lbs
Age 12	130 lbs
Age 13	100 lbs

Varsity	Weight Maximums
Cannot turn 15 yrs old Before Dec 1st	
Age 11	190 lbs
Age 12	185 lbs
Ages 13 & 14	175 lbs
Striper	225lbs Max for All Ages



Safety

At the Oak Lawn Outlaws, we pride ourselves on being one of the safest youth tackle football organizations in the area. We are committed to providing a secure environment where our athletes can grow, compete, and have fun.

Here's how we prioritize player safety:

- Guardian Caps are provided for all players, from Widget through Varsity, to help reduce head impact during practices.
- All coaches are USA Football Certified through the Southwest Midget League.
- All Head Coaches are certified in CPR and AED (Automated External Defibrillator) use.
- An AED device is present at all practices and games.
- A licensed Athletic Trainer is on site for all home games to provide immediate medical support if needed.
- We also have numerous Nurses and Paramedics on our board and coaching staff.

Coaches

All our coaches are carefully selected and have completed the USA Football Certification Course to ensure they provide the highest level of safety, instruction, and care for your child on and off the field.

Please remember that every coach in our organization is a volunteer—dedicating their time and energy because they love the game and believe in helping young athletes grow.

We ask that all families show our coaches the respect and support they deserve as they work to create a positive and safe football experience for every player.

If a situation arises where a parent needs to address the Head Coach, we ask that they follow the 24-hour rule to allow emotions to settle before initiating the conversation.



Equipment

When picking up Equipment You must provide us with a postdated check (December 1st, 2026) for \$350.00. This check is not cashed unless your equipment is not returned prior to December 1st, 2026.

Equipment Provided by the Outlaws:

- Outlaws Helmet
- Shoulder Pads
- Game Day Jersey
- Practice Jersey
- Game Day Pants
- Practice Pants
- Game Socks
- Pink Socks (October – Breast Cancer Awareness Month)
- Pink T-Shirt (October – Breast Cancer Awareness Month)

Equipment You Must Provide:

- Mouthguard: Must be attachable to the facemask
- Chinstrap for the helmet
- Football cleats
- Large water bottle

Optional Equipment (Recommended for Added Protection):

- **Youth Integrated Padded Shirt** (worn under shoulder pads)
 - Available at Dick's Sporting Goods
 - Brands include Schutt, Adidas, and Under Armor

If you have questions about sizing or recommendations, your Head Coach will be happy to help!



Attendance

Please notify your Head Coach as soon as possible if your player will miss a practice or game—whether due to illness, injury, or another reason.

Consistent attendance is vital to the success of the team. Every player has a role and missing even one can impact on how certain plays are practiced and executed.

Weekly game plans are built based on who is available, and missing practices may leave a player unprepared for game day.

Let's work together to make sure every athlete and the team has the best chance to succeed!

Practices

Practices will be held at OLCHS. Please ensure your child arrives on time so coaches can set up and begin practice promptly.

Preseason Schedule: Monday through Friday

Regular Season Schedule: Tuesday through Thursday

Mighty Mites **6:00 PM – 7:30 PM**

Widgets, PeeWee, Lightweight and Varsity **6:00 PM - 8:00 PM**

- Coaches may add a film day at their discretion

⚠ Occasionally, there may be scheduling conflicts with the high school. If this occurs, your Head Coach will communicate any changes as soon as they are confirmed.

Player Reminders:

- Come prepared every day with all required equipment.
- Consistency and readiness help build strong teams and safe practices.
- Drink water before practice. Players should start water intake 2 hours before practice with a minimum of 20oz consumed before the start of practice

Parent Guidelines:

- Parents are welcome to observe practice from the stands.
- For safety and focus, no parents are allowed on the field or track area during practices or games



Game Day

This is what it's all about!

After a week of hard work and preparation, it's time for your child to put their skills into action on game day!

Please have your player at the field **1 hour before game time**, unless otherwise directed by their Head Coach. (Coaches may adjust this arrival time as needed.)

⚠ Reminder: Game start times are strictly enforced by the league—being on time is crucial.

We ask all parents to act in an appropriate manner. The head coach will get a sideline penalty for any problems that referees deem inappropriate from the stands. Multiple violations will end up with a head coach ejection and suspension the following week.

All home games will be played at Oak Lawn Community High School. Away game locations will vary by opponent. Team schedules, including away game locations, will be shared with each team as soon as the league releases the official schedule.

October Attire

Breast cancer touches so many lives, and the Oak Lawn Outlaws are proud to support Breast Cancer Awareness Month. Players will be issued pink socks to wear during all October games in honor of those affected by breast cancer.

Stay Connected – Communication is Key

Timely communication is essential—especially when plans change quickly due to weather or field conditions. To keep everyone informed, all team communication will be handled through the Crossbar app.

✅ Please download the Crossbar app as soon as possible to prepare for the season and begin receiving updates. Log in using the same email and password you used during your athlete's registration to access your athlete's team.



Social media & Online Conduct Policy

We recognize the significant role that social media plays in the lives of young athletes today. However, the Oak Lawn Outlaws and the Southwest Midget League have zero tolerance for any form of cyberbullying, harassment, or threats—whether directed within our organization or toward members of another.

All players, parents, and coaches are expected to uphold the values of respect, sportsmanship, and integrity both on and off the field, including online.

Any violations will be taken seriously and may result in disciplinary action, including suspension or removal from the program.

Oak Lawn Outlaws Parent Agreement – Code of Conduct

The Oak Lawn Outlaws are committed to the safety and well-being of our players, coaches, staff, and families. All players and parents are expected to always exhibit respectful and appropriate behavior.

Negative actions or remarks directed toward the Oak Lawn Outlaws organization, its players, coaches, or staff, whether at Outlaw events or outside of them—will not be tolerated. This includes behavior or comments made on social media.

If it is brought to our attention that a player or parent has acted in a way that is detrimental to the organization or the safety and well-being of any player, coach, or staff member, immediate disciplinary action may be taken.

The following guidelines are in place to help ensure a positive and safe experience for all participants. Additional rules may be implemented at the discretion of the Oak Lawn Outlaws Board.

As a parent/guardian, I agree to the following:

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, and youth sports event.
- I will not engage in physical or verbal abuse of any player, coach, official, volunteer, or spectator. This includes inappropriate conduct on social media. I will also teach my child to refrain from such behavior.



- I will educate my child to treat all players, coaches, fans, and officials with respect, regardless of race, sex, creed, or ability.
- I understand that for my child to be eligible to participate, all registration requirements must be completed, and fees must be paid in full.
- **I will follow the "24-hour rule": If I have a concern stemming from a game or practice, I will wait at least 24 hours before addressing it with the head coach to allow emotions to settle and for the conversation to be productive.**
- I acknowledge that I have read and understand the Oak Lawn Outlaws Parent Agreement – Code of Conduct.

Let's work together to promote a positive and safe environment for all.

Upcoming important dates:

7/10-7/13 20% off at Dicks sporting goods

7/24 Pool Party (must register to participate)

7/27 Football pre-season practice begins

8/22 or 8/29 Bar crawl (TBD)

9/3 Thunderbolts Game

10/31 Semi-Finals

11/7 Superbowl

1/3/27 End of season Banquet